

# GIBSON TIMES

The Gibson Center for Senior Services, North Conway, NH  
www.gibsoncenter.org December 2015 & January 2016 Edition

1988

Judy

LaBonte by

Donese Oliver;

Ethel Cox Worcester

by Nancy & James Worcester

Claudia Ruppevertt; Lucille Marshall

By Rita Macomber; Elizabeth F. Kirlin by

Elizabeth Flint; Frank Napoliello by Fran Lampidis;

Lucy Del Greco by Anne Napoliello & Family; Margaret

Hosmer by Marilyn Hosmer; Departed Sisters by Eastern Slope

Emblem Club #330; Ray S Gilmore by Zelda Gilmore; Henry H McWay

by Helen P McWay; Mary Gaudreault by John Gaudreault & Family

1989 Richard Barrows by Donese

Oliver; NCG Nutrition Council & spouses

by Conway Site Council for Aging; Clark H.

Bachman by Bart and Betty Bachman; F. Gordon &

Linwood Soule by Marilyn McKenna; Andy Davis by Connie

Davis Watson; Ruby McGraw by Marilyn Pandora; Margaret Allard

By E.P. Flint 1990 Ernest Brown E.P. Flint; Ernest Brown Donese Oliver;

Ernest Brown by the Staff & Agencies of the Gibson Center; Marie A. Buswell by

Linda Harriman; Charles A, Christensen by Carmen Christensen; Arthur J. Kraft by Wilhelmina

Kraft; Margaret Allard by Harold & Margaret Kenny; Agnes Grippen by Carmen Christensen

Wm. A. Ward by E.P. Flint; 1991 Barbara

Hall by Ken Hall; Barbara Hall by Elizabeth Flint

Nancy E. Fall by Charles H. Fall; Ernest B. Ashnault by

Paul O. Ashnault; Alphonsine Ashnault by Paul O. Ashnault;

Arthemise LeBlanc by Paul O. Ashnault; Effie & Millard Wentworth by

Myrtle Delaney; Lucy Del Greco by Anthony Palazzo; Herbert & Louise Celine

Gathercole by William Pinkham Family; Jennifer Moylan Smith by Brian Smith; Joshua

David Colin Smith by Brian Smith; Carroll Ivers by Evelyn Masone. 1992 Sam & Viola Chaddick

By Laura Jean & Andy Beeler; Charles Kraft & Ina Kraft by Laura Whitaker & Nancy Ashnault; Margaret Comstock

Thorne by Staff at Attitash; Dennis Lee Ainsworth by Linda Harriman. 1993 Nellie Monroe by Raymond Monroe;

Wayne F. Keefe by Pat & Walter Keefe; Carroll A. Hill

by Helen G. Hill; Donn Marie Kraft by Wilhelmina Kraft; Guy R.

& Ida Whitaker by Laurie & Robert Whitaker; Robert Monroe by Brother

Raymond & Family; Margaret & Ernest Woods, Sr. by Mr. & Mrs. Arvel Henley, Jr.;

Aray & Arvel Henley, Sr. by Mr. & Mrs. Arvel Henley, Jr.; 1994 Joseph J. Lodi by Paul Lodi;

Paul O. Ashnault by John Fuller School; Paul O. Ashnault by Warren Mattiello; Paul O. Ashnault by

Ray Stineford; Paul O. Ashnault by Kathleen M. Hill; Paul O. Ashnault by Melinda A. Puglisi; Beatrice

Hardcastle by Donese Oliver. 1995 Elizabeth Flint by Donese Oliver; Dorothy Flynn by Judy & Al Fuller; Ervin

Grant by Greg & Nancy Bartlett; Arvel Henley Jr. by Jean C. Henley. 1996 Carole Rieustra by Donese Oliver; Margaret

Laurent by Stephen Laurent; Eleanor Perkins by Rowland & Eleanor Perkins; William "Bill" Paine by Carroll County Trans Alliance;

Alfred Fuller by Lodi Family; Edward B. Mills by Jean M. Hubbard; Pauline J. Burnell by Burnell Family; Pauline J. Burnell

By Weston Family; Rose Marie Gentile by Edward Gentile; Pauline P.

Smith by Hope E. Smith. 1997 Barbara Guptill by Ladies of the North Conway

Country Club; Perley Evans by Friends; Edmund M. Warren by Lucy Warren Howland

& Helen Warren Goss; John Govoni by Marguerite Govoni, Kathleen Moore & Jennifer Moore;

John Ruest by Marie Ruest; Pauline Burnell by Kathryn A Burnell; Alfred Chase by Beatrice Chase;

Norman Caron by Norma E. & Leonard E. Whitmore; Tod Lansing by Lydia Lansing; Minnie Cooper by Debbie

Kelly; 1998 Herbert C., Willey by Friends; Brownlow Thompson by Friends; Alva Fernandez by Glen Builders; Christeen

Freeman by Ralph Freeman; Loved Ones by Evelyn Amann; Barbara Guptill by Kerry & Irving Guptill; Elise Carlson by Clyde & Twyla

Watson; Bob Morrell by Gibson Center; Vernon Smith by Gibson Center; Dorothy Gaudette by Jean Fernandez; Ruth Darville by Thomas Darville.

1999 Cindy Russell Chase by Phebe McDonald & Family; Hackett & Benson Family by Louise and Joe Hackett; Richard M. Stimpson

By Wife, Priscilla & Children Richard J. & Lisa Stimpson; Tom Reny by Ruth Reny;

Norman Caron by Mrs. Norman Caron; Joseph Leonard Kucera by the Rollnick Family; Peter

Kelly by the Gibson Center; Richard May by the Gibson Center; Howard J. Miller by Michael & Elizabeth

Patton-Miller; John L. Patton by Michael & Elizabeth Patton-Miller; 2000 Lois Weiler Burcaw by Robert & Family

Mary Herliko by Stella Pidherny; Terry Blais by Al, Family and Friends; 2001 Bill Chisholm by Peg Chisholm; John Hartnett by

Juanita Hartnett; Elizabeth Lasselle by Jane Lasselle; Lasselle Family Members by Jane Lasselle; Loved Ones by Ralph Freeman; Carl Giboney

By Anonymous; Robert Twombly, Sr. by Ruth S. Twombly; Philip Rancourt by Laureheta Rancourt; Norman Caron by Leonard & Norma Whitmore;

Lily Everhart by Gibson Center Nutrition Council; 2002 Douglas Woodward by Carol & William Manley; Sherman Dean by Ali Dean; Urban W. Travers (Herb)

By Arlene & Family; 2003 Sherman Twombly by Norma, Paul, Todd and Timothy Twombly; 2004 Steven Valladares by Edgar & Kay Frechette, Phebe McDonald, Ed

Sabastianski; Lesley Burcaw Butler by Bob Burcaw; 2005 Connie Price by Roger C. Price 2006 Judy Durkee by Gibson Staff & Volunteers; Ada Fuge by Janis & Donald Wood;

Arthur Desjardins by His Family. 2007 Alyce Kuppens by Frederick Kuppens. 2008 <sup>Note</sup> 2009 Charles E. Fall by Dorothy Fall; Arthur Crosby by Mary Ann Breton 2010 Helen Ware by

Nutrition Council; Margaret Giblin by Mary Conlon; Donald V. Shore by Fran Shore; Frances H Dee by Fran Shore; Anthony Palazzo by Ann M. Napoliello & Francine Lampidis;

Jeanette Losee by the Nutrition Council; Elaine Wales by Barb Rines, Lois Wright, Sally Burnell, Pat Ford, Phebe McDonald, Agnes Jacintho, Anna Cataldo, Elaine Spratt,

Ruth Reny, Carol Smith; 2011 Sally Burnell by Barb Rines, Lois Wright, Phebe McDonald, Anna Cataldo, Clayton & Karen Mills, Mickey Leavitt, Umeko Yeaton, Roger

Price, Evelyn Peare, Dot Towle, Darlene Antonucci; 2012 Anne Napoliello by Carolyn Brown & Paula Lehman; Jason Waterhouse by Fran Lampidis, Bev Micallef, Lucille

Dandinault, Phebe McDonald; Anne Napoliello & Stephanie Macierowski by Paul & Barbara Ray; Andrea Pevernek Gray by Phebe McDonald & Ed Sabasteanski;

Anne Napoliello by Gretchen Behr Svendsen, jr; Russell (Stan) Welch by Ed & Greta Paulhus; Faye Pennett by Jane Duggan; Stephen Burdick by Jane

Duggan;

David

Montgomery

by Jane Duggan; Will Duggan by Jane Duggan; Mary Chase by Dick Chase & Family. 2013

Ray Burton by The Gibson Center; Katherine Rose Gauthier by The Gibson Center; Loved Ones by Jim & Karen

Umberger; Janelle & Harold Shaw by June & Miles Waltz; 2014 Jeanne Knowlton by Nutrition Council; Marianne Heald

By The Heald Family; Marion Cleveland Cohen by George Cleveland; Ed Wright by Jim Arnold, George LeBlanc, Barbara

Rines; Ed Wright by Miriam Morrill, Steffi Mullins, Alice & Allison Purell; Peggy Mills by The Gibson Center

2015 Karl Svendsen by Fran & Jill; Jennie Buckley by Thomas & Marcia Bergeron

**Remember special loved ones in your life this Holiday Season. Keep their memory bright by purchasing a \$50 perpetual red bulb that will be lit for a lifetime, a one year white bulb for \$10 to shine on the Gibson Center Memorial Tree December 1st through January 15, 2016. Please call 356-3231.**



## Christmas Dinner

Tuesday, Wednesday & Thursday  
December 15th, 16th, & 17th  
at 11:30 AM

Suggested Donation \$4.00  
Durgin Park Roast Pork & Demi Glace  
Herb Roasted Potatoes  
Creamed Onions  
Peas & Mushrooms  
Indian Pudding  
**Sponsored by**  
White Mountain Oil

### *Gibson Day Trips*

**Please sign up for all trips: 356-3231**

**Shop at Fox Run Mall,** 12/8 \$20 lunch on own in food court, or the Olive Garden

**Magic of Christmas:** Friday, December 11 \$55.

**North East Ballet: Nutcracker.** Saturday December 19. \$35. The Ballet Company has a school for young dancers, as well as professionals, and all are given opportunities to perform.

**Light Tour of Loudon Race Track:** Dec. 29th. Board bus 2:30PM \$15, dinner on your own.

**Stonehurst:** January 5, 2016 3 course meal tip, tax, and transportation from your home \$33

**Maxfield Parish Exhibit at the Currier:** Fri. Jan 8th. Board bus at 9 AM. \$33

**Town & Country Overnight:** Friday January 29-Saturday, January 30. Board bus after lunch, home before lunch on Saturday. \$105ppdo covers room, dinner off menu, skiers buffet breakfast, entertainment, and amenities, including a place to play cards just for us! +\$25 for single

**Portland POP's Concerts: Portland In Love:** Sunday, February 14, 2016, Dinner on own.

**Boston Flower Show:** Friday, March 18th \$60. Board the bus at 7 AM

(If there is interest, i.e. 10 people, we could do an overnight, \$193ppdo, meals on own)

# CENTER NEWS



## Gibson Globetrotters

### America's Music Cities: A Music Lovers Dream

April 10-17, 2016 12 Meals  
\$2849 ppdo

*Includes: Air, Land, Insurance, airport transfer*

- **Nashville:** Grand Ole Opry, RCA Studio B
- **Memphis:** Graceland, Beale Street
- **New Orleans:** French Quarter, Swamp Tour

### Niagara Falls & Toronto:

June 5-11, 2016, 10 meals, \$675ppdo

*Includes: Bus, Tours, Insurance, 3 hotels*

Passport needed

- Guided tours of Niagara Falls & Toronto
- "Hornblower Niagara Cruise"
- Fallsview Casino
- Niagara-on-the-Lake
- Queen Victoria Park
- Casa Loma
- Eire Canal Museum

### Lancaster Show Trip:

November, 2016,

9 meals, \$615ppdo

*Includes: Bus, Shows,  
Insurance, hotel*

- Unique Shopping
- Landis Valley
- American Music  
Theaters Christmas  
Festival Show
- Sight & Sound  
Theater "Sampson"

- Guided tours of  
Amish Country

- "Spirit of Philadelphia" Cruise

### Overnight at the Town & Country:

January 29-30, 2016, \$105 ppdo

*Includes: Bus, 2 meals, hotel & amenities,*

- Swimming Pool
- Evening Entertainment
- Order off the menu for dinner
- Hearty Skiers Breakfast Buffet
- Single Supplement, \$25

## KUDOS

### Donations:

- ◆ Shaw's
- ◆ Bagels Plus
- ◆ NH Food Bank
- ◆ Dollar Tree
- ◆ Al Zaino, furniture repairs
- ◆ North Conway Country Club
- ◆ Cub Scouts & Sonja Porter
- ◆ Weston's Farm
- ◆ Old Village Bakery
- ◆ Wal-Mart & Bob King
- ◆ Abundant Blessings
- ◆ Shawn & Linda Bergeron
- ◆ NH Food Bank
- ◆ Turkeys:
- ◆ NH Electric Co-op
- ◆ Karl Behr
- ◆ Jerry Sanderson



### Program Volunteers:


- ◆ Miles Waltz: Medicare Counseling
- ◆ George LeBlanc: Wii, & Game Day set up
- ◆ Care for the Caregiver: Gardiner Perry; VNS & Dom,
- ◆ Zero Balance Massage: Julie Sargent
- ◆ Fran Shore: Sharing her movies, "Fran's Flicks"
- ◆ Book Cart: Barbara Rines
- ◆ Silver Lake Music: Mary Ellen Vana
- ◆ Belly Dance Instructor: Joanne Bailey
- ◆ Tai Ji Quan Instructors: Kevin, Julie, Jill
- ◆ Chair Exercise Volunteer: Connie Smith
- ◆ Guest Speakers: Dwight Smith, Joan Marcoux,  
Dr. Jackson,
- ◆ FunDay: Laura Sorensen, Carol Saunders, Susan  
Proctor, Elaine & Dick Klement, Alice & Dick  
Vierus, Ruth Proctor.
- ◆ FunDay Music: Lois Wright, Sonya Saunders
- ◆ Handbags, totes, and stationary: Ellen Farrington
- ◆ Ballroom Dance time: Pat Davis

**Ballroom Dance Hostess:**  
Alice Clapp




**Mouli Pal:**

Arts Alliance of Northern New  
Hampshire and the  
Gibson Center Belly Dance Class

TrueNorth  

**Travel Club**  
 Your passport to a world of adventure.

**Northway**  
 BANK



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**TIM DI PIETRO**



Master Electrician  
 Free Estimates

**NO JOB TOO SMALL**

603-356-2248

**Looking for Matter of Balance Coaches**

See Jill for more information

**Ongoing weekly programs**

- Mon: 9:00 Tai Ji Quan Better Balance  
 10:30 Chair Exercise  
 12:30 FunDay Afternoon
- Tues: 10:00 Strength Balance & Stretch  
 12:00 Silver Lake Lunch  
 Fran's Flicks,  
 2nd week @ Silver Lake  
 Music @ SLL 4th Tuesday
- Wed: 9:00 Tai Ji Quan Better Balance  
 10:30- 1:30 Wii  
 12:30 Game Day  
 12:30 Care for the Caregiver
- Thurs: 9:00 Belly Dancing  
 10:30 Chair Exercise  
 12:00 Medicare Counseling  
 12:30 BINGO (first Thurs.)  
 12:30 FunDay Afternoon
- Fri: 10:00 Strength Balance & Stretch  
 12:30 Friday Painters, Jan & Feb  
 5-7Ballroom Dancing

**Beasley and Ferber, P.A.**

Estate Planning and Elder Law  
 Wills, Trusts and Probate Avoidance  
 Estate Administration and Guardianships  
 Saving Assets from Nursing Home Stays

**CALL FOR A SCHEDULE OF FUTURE  
 ESTATE PLANNING SEMINARS AT THE GIBSON CENTER  
 1-800-370-5010**

*Use of Gibson Center facilities or advertising by outside groups or businesses does not constitute an endorsement by the Gibson Center.*

**December 2015**

**Fran's Flicks:**

*Fran's favorite Christmas movie* 8th: @Silver Lake

**Tuesday the 1st:** Wreath Making with Carol. They are easy to make, and quite beautiful. Please sign up, 356-3231. \$3 supplies the greens, frame, and some wire. You will want to bring your own wreath decorations, if you have wire, or wire cutters bring them

**Thursday the 3rd:** BINGO is after lunch with player supplied prizes.

**Monday the 7th** is the day after Saint Nicholas Day. There will be tasty gifts for all, and a holiday raffle. We will sing Christmas Carols.

**Monday the 14th:** FunDay Cinnamon Ornaments

**Tues., Wed., & Thurs., the 15th-17th:** Chef Rick will prepare tasty Christmas Dinners. **Sponsored by White Mountain Oil & Propane.** Suggested donation \$4. (Meals on Wheels participants only receive the Christmas Dinner on the 15th, other meals are provided on subsequent days).

**Monday the 21st:** Santa gift exchange. Bring a \$3 gift, mark it as a gift for a man, woman, or either. Gifts and carols at 11AM.

**Friday, the 25th :** Gibson Center closed for Christmas

**Thursday, the 31st,** a special New Years Eve dinner.

**SENIOR HOUSING APARTMENTS**

Silver Lake Landing in Madison has occasional apartment openings. These apartments are for independent living seniors (62+) with verifiable low and modest incomes. Section 8 vouchers welcome. References and a one month security deposit are required.

Rent for a first floor, 2 bedroom apartment is currently \$700 per month and includes heat and hot water. There is a \$25 reduction for one bedroom apartments, and another \$25 reduction for second floor apartments.

Great views, quiet lake living. Building has on-site coin-op laundry, sprinkler system, and fire alarm horn/strobe system. Second floor apartments are accessible by stairs only, no elevators. Non-smokers only and service animals only.

Please call Ken at the Gibson Center, 356-3231, ext 3 for an application .

**Top 5 Star Rating!**



A MaineHealth Member



**603-356-5461**



**Red Parka Pub**

January 12th

Noon at the Parka

**\$5 Steak or Fish meal**

To sign up please call 356-3231  
(seating is limited)



**Gibson Thrift  
Shop Hours**  
Monday –Friday  
10-2:30  
Saturday  
9-1:00

**GOLD'S OVER**

**\$1850/OZ**

**"WE BUY ALL GOLD & SILVER"**

Platinum, Diamonds, Coins & Jewelry  
Free Estimates

North Country Fair Jewelers  
"43rd yr."

2448 White Mtn. HWY, No. Conway 356-5819  
**FREE ESTIMATES**

**Personal Care Assistant**

respite care, full-time, part time,  
days, nights and fill-in.

**25 Years Experience.**

Call Jan Bennett 207-807-1011

**Mineral Springs of  
North Conway Care  
& Rehabilitation Center**

Offering quality nursing care and an  
assisted living environment to the  
North Conway area. (03860)

1251 White Mtn. Hwy N. Conway, NH  
**603-356-7294**

**January 2016**

**Fran's Flicks:** *Fran's Pick* 10th: @Silver Lake,

**Friday, January 1st.** Gibson Center Closed

**Tuesday the 5th: Strength, Balance and Stretch Resumes.**  
Remember your New Year's Resolutions...meet us at 10AM in  
the Activity Room, Tuesdays and Fridays .

**Wednesday, the 6th:** The 12th day of Christmas. We will be  
celebrating with small gifts, be ready to sing THE song!

**Thursday the 7th BINGO** is after lunch with player supplied  
prizes.

**Tuesday, the 12th:** There will be MOW, but the Gibson  
Center Dining Room, and Silver Lake Landing meal site will be  
closed.

**Friday the 15th:** the Nutrition Council meets at 9AM

**Monday the 18th:** the Gibson Center is closed.

***Mount Washington Valley Arts Association  
Friday Painters***

After Lunch on Fridays, 12:30-3:30PM

January 8,15,22,& 29, February 5,12,19,& 26

- Peer Instruction
- The Arts Association will set up still lifes
- Bring your own supplies
- Recommended:  
drawing, pastels, acrylic, or water color

**Christmas Dinner**

**Tuesday, Wednesday & Thursday December 15, 16, & 17, at**

**11:30 AM Suggested Donation \$4.00**

**Durgin Park Roast Pork & Demi Glace**

**Herb Roasted Potatoes**

**Creamed Onions**

**Peas & Mushrooms**

**Indian Pudding**

*Sponsored by*

*White Mountain Oil and Propane*

**Tai Ji Quan:**

**Moving for Better Balance**

- Learn 8 simple movements
- Improves balance by training your body to listen internal stimuli
- Respond to external stimuli
- Reactions become automatic
- Monday & Wednesday 9-10
- Call 356-3231 to register

Brought to you by members of the Community Health Council including Memorial Hospital, Visiting Nurse Home Care & Hospice of Carroll County, and Mineral Springs are partnering with the Gibson Center for Senior Services, the NH Foundation for Healthy Communities and MaineHealth.

*Use of Gibson Center facilities or advertising by outside groups or businesses does not constitute an endorsement by the Gibson Center.*

# Business Support Newsletter Listings

- Abundant Blessings Homecare, Inc** (603-473-2510, fax 603-522-9211) provides living assistance services for the aging in the comfort of your home. Services include: personal care, meal preparation, 24 hour care and more. Call to schedule a free home assessment. Visit us at [www.abundantblessingshomecare.com](http://www.abundantblessingshomecare.com).
- Adult & Pediatric Dermatology, PC** (978-610-3701) Glen Smith, is pleased to announce its opening at Huggins Hospital in Wolfeboro, NH! For an appointment, please call 603-569-3376.
- Beasley & Ferber, P.A.** (1-800-370-5010) David Ferber, estate planning including avoiding probate, protecting assets from nursing homes, avoiding state taxes, and elder law.
- Chalmers Insurance** (356-6926) Steve Cote, full line of personal and business insurance, including Long term care, life and annuities.
- Coleman Alvin J. & Son** (447-5936) 9 NH Route 113, Conway. General Contractor
- Conway Eye Care** (356-3000) 1319 White Mt. Highway Dr. Gary Cole & Associates, eye exams, surgical and medical eye evaluations, complete optical service with "on-site" laboratory.
- First Allied Securities** (356-9371) 3277 White Mt. Hwy. Investments including Stocks, Bonds, Annuities, Retirement, College Planning
- Gamwell, Caputo & Co., PLLC** (447-3356 or fax 447-6563) Dave Caputo, certified public accountants providing tax, accounting, and financial statement services for businesses, individuals, trusts and estates.
- Granite State Independent Living (GSIL)** (800-826-3700) [www.gsil.org](http://www.gsil.org) Donna Potter, Non-profit whose mission is to promote life with independence for Seniors & the disabled, to live as independently as they choose in their own homes. GSIL offers services including; info. and referral, personal care, helping with funding, transportation, counseling, respite for caregivers, etc.
- Hill's Florist and Nursery** (356-5750) Brian Hill, Rt. 16, Intervale. Flowers for all occasions, trees, shrubs, perennials, annuals, balloons and gifts. FTD. 10% discount for Gibson members.
- H.R. Hoyt Construction Inc.** (447-2612) Conway, NH. Poured Concrete
- Memorial Hospital** (356-5461) The community hospital of Mt. Washington Valley. Your partner in good health.
- Mount Washington Auto Road** (466-3988) Brian Bennett. Toll road to summit of the highest mountain in the North East.
- North Country Fair Jewelers** (356-5819) Brian Smith, Main St, N Conway. Diamonds, gold and silver jewelry, coins, pearls, watches, clocks and antiques. Repairs, appraisals, buy, sell and trade.
- NorthEast Auto Body** (356-5808) David Smith, 530 Eastman Road, North Conway, N.H.
- Notchland Inn** (374-6131) Harts Location, NH Romantic dining and lodging.
- Peking Sunrise Restaurant & Lounge** (356-6976) Lounge (356-3888) Jct. Routes 302 & 16 N Conway
- PolarityTherapy** is a very gentle system of energy based bodywork that has shown amazing benefits to the senior community. Increased mental focus and clarity as well as physical vitality, and a decrease in overall pain levels have been reported by those who have experienced this work. Eric Balas CPP (603-356-4114 ext 8)
- Settlers Green Outlet Village** (356-7031) over 60 stores. Every Tuesday is Senior discount day at participating stores.
- Timberland Home Care Inc.** (603-447-3998) is a non-medical home care service provider to families in the Mount Washington Valley and surrounding areas. As experienced home care providers we can provide short, long term & 24/7 multi-shift basis quality home care. Web site: [timberlandhomecare.com](http://timberlandhomecare.com); e-mail is: [timberlandhomecare@live.com](mailto:timberlandhomecare@live.com)
- Varsity Beverage** Conway (447-5445) Distributor of Pepsi Cola, Schweppes, Dole Juices, Lipton Tea, Gatorade, Aquafina Water, Mountain Dew, Mug Root Beer, Frappuccino, and Hawaiian Punch.
- White Mountain Hotel** (356-7100) Gary Sullivan. Wonderful place to go for lunch or dinner.
- White Mt. Oil and Propane** (356-6386) The Saunders Family, oil and propane, major appliances.
- Yankee Smokehouse Restaurant** (539-7427) Joseph Ferriera, Jct. Route 16 & 25 in West Ossipee. Real open pit barbecue.

Fryeburg Fair



# Halloween



## Red Parka Pub

January 12th  
Noon at the Parka

\$5 Steak or Fish

To sign up please call 356-3231  
Limited seating

The Gibson Dining Room and  
Silver Lake Landing will be closed



**Please remember  
the Gibson Center  
in your Will**