

GIBSON TIMES

The Gibson Center for Senior Services, North Conway, NH

www.GibsonCenter.org

info@gibsoncenter.org

603-356-3231

September 2018 Edition

HELP THE CAUSE

You can help safeguard the future of The Gibson Center by donating. Go to GibsonCenter.org for more details

FUTURE FUND RAISERS

Joseph's Spaghetti Shed - 9/24

Black Cap Grille - 10/23

Applebee's - 11/21

Join us for lunch Monday - Friday 11:30 am to 12:15 pm

FEATURED FUNDRAISER



Joseph's Spaghetti Shed Fundraiser

Monday, Sept 24, 4:30-8 PM

357 US-302,

Glen, NH 03838

Bring family and friends!

KUDOS - Donations

Shaw's, Wanda Wirling

NH Food Bank

Catholic Charities of NH

Walmart: Bob King,

John Sledzinski,

Old Village Bakery

Al Zaino: fix tables & food pantry

Sherman Farms & Veggie Volunteers

Timberland Home Care

Vaughan Community Services

**Please remember the
Gibson Center in your Will**

UPCOMING SEPTEMBER EVENTS

Saturday & Sunday the 1st & 2nd: Labor Day Artisan Craft Fair 10-5

Monday the 3rd: Gibson Closed for Labor Day

Tuesday the 4th: Go Orange Day, Hunger Action Month. Wear orange, Chef Rick will prepare orange food for lunch, there will be a raffle with orange items, and we will be collecting items for our winter storm packs. We especially need donations of hot chocolate and evaporated milk.

Tuesday the 4th: Strength, Balance & Stretch resumes at 10AM. The class meets on Tuesday and Friday from 10-11 AM

Tuesday the 4th: Yoga with Dixie Lea resumes after lunch, 12:30PM

Wednesday the 5th: Computer 1:1, please call to sign up

Thursday, the 6th: Breakfast for Lunch waffles and the fixings, thanks to Comfort Inn

2nd Tuesday: Paid sales event: Eye Z will help people with glasses.

Friday the 21st: Autumn Harvest Lunch and National Falls Prevention Day, learn what you can do to keep from becoming a statistic. Balance tests, eye tests, learn how your nutrition effects your balance, meet people who can improve your balance

Tuesday the 25th: Crafts with Elaine, please sign up, 356-3231

Friday the 28th: Set up for the Fryeburg Fair.



Mount Washington Valley
Adult Day Center

Opening June, 2019

For More Information:

Visit Us Online
[www.memorialhospitalnh.org/
adultdaycenter](http://www.memorialhospitalnh.org/adultdaycenter)

Or Call Sue Ruka at
603-356-5461, x2194

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603-356-2248

Remember Gibson Center
in YOUR WILL

JOSEPH'S SPAGHETTI SHED

Gibson Center
Fundraiser
Monday, Sept 24
4:30-8 PM
Invite your family
and friends

SILVER LAKE LANDING APARTMENTS AVAILABLE FOR RENT

We have immediate vacancies for a second floor, one bedroom apartment (\$670/month), and a first floor, two bedroom apartment (\$720/month).

Rents include heat and hot water.

MUST be filled by a tenant with very low income (less than \$28,250 annual for one person).

Please call Ken at the Gibson Center, 356-3231, ext. 112 for an application

National Falls Prevention Day Friday Sept 21st

Join the local agencies who work together to prevent falls. You can learn ways to make your home safe, and find out your risk for a fall.

At Gibson, after lunch

BEASLEY & FERBER, P.A.

Estate Planning and Elder Law Wills, Trusts and Probate Avoidance Estate Administration and Guardianship Saving Assets from Nursing Home Stays

CALL FOR A SCHEDULE OF FUTURE ESTATE PLANNING SEMINARS AT THE GIBSON CENTER

Please call for information about future presentations **1-800-370-5010**.

PERSONAL CARE ASSISTANT

Available for respite care, full-time, part time, days, nights and fill-in.
25+ Years Experience.

Call Jan Bennett 207-807-1011

Mineral Springs of North Conway Care & Rehabilitation Center

Offering quality nursing care and an assisted living environment to the North Conway area.(03860)

1251 White Mtn. Hwy N. Conway, NH

Call 603-356-7294

ONGOING WEEKLY PROGRAMS

Monday:

10:00 Tai Ji Quan Silver Lake Landing
10:30 Chair Exercise
12:30 FunDay Afternoon
3:30 Tai Ji Quan Better Balance

Tuesday:

10:00 Strength Balance &Stretch
12:00 Silver Lake Lunch

Wednesday:

10:30– 1:30 Wii
12:30 Game Day
12:30 Caregiver Peer Support

Thursday:

10:00 TJQ Silver Lake Landing
10:30 Chair Exercise
12:30 BINGO (first Thurs.)
12:30 FunDay Afternoon
3:30 Tai Ji Quan Better Balance

Friday:

10:00 Strength Balance &Stretch

**Join us for lunch
Gibson Center,
Mon-Fri. 11:30am -12:15pm**

2018 GIBSON CENTER CRAFTS AND ARTISAN FESTIVALS

Benefits the Gibson Center Meals On Wheels program.

Show hours 10 AM - 5 PM
Saturday & Sunday
September 1st & 2nd
October 6th & 7th

New England Crafters at their best! We have fine jewelry, photography, art, pottery, gourmet specialty foods, stained glass, doll clothes, kettle corn, clothing, quilts, pillows, woodcraft's, Adirondack chairs, wood signs and furniture.

PROGRAM VOLUNTEERS

Wii, & Game Day set up: **George LeBlanc**

Book Cart: **Barbara Rines**

Belly Dance Instructor: **Joanne Bailey**

Tai Ji Quan & Knitting Club: **Sandy Perry**

FunDay Music: **Lois Wright**

Crafts: **Elaine Klement**

Caregiver Peer Support: **Dom**

Service Link: **Karen Santuccio**

M & D Production: **Theatre tickets**

Sing-A-Long & BINGO: **Dick Vierus**

Computer: **Davis Fitch**

BALANCE DAY

Friday Sept 21st is National Falls Prevention Day. Join the local agencies who work together to prevent falls. You can learn ways to make your home safe, and find out your risk for a fall. At Gibson, after lunch

GOLD'S OVER \$1850/OZ
"WE BUY ALL GOLD & SILVER"

Platinum, Diamonds, Coins & Jewelry

Free Estimates

North Country Fair Jewelers
"43rd year"

2448 White Mtn. HWY, No.
Conway 356-5819

FREE ESTIMATES

2448 Main St., No. Conway
603-356-5819

Remember Gibson Center in **YOUR WILL**

ONLINE DONATIONS:

You can help our cause by donating at www.gibsoncenter.org/ and click on **Donate Now button**

GIBSON CENTER DAY TRIPS

Please sign up for all programs: 603-356-3231.

Primary Election Day: Tues. Sept. 11 Please sign up for transportation to the polls, no need to worry about parking.

Patsy Cline: Wed, Sept. 12. Lunch and the show \$50 board bus at 10

Two Lights & Lobster Shack: Wed Aug 29 Tues Sept 18. \$18

Celtic Thunder: Thurs. Sept 27 \$70. Must order tickets soon.

Fryeburg Fair: Tues, Oct 2nd. Bus leaves at 9 and returns around 3.

Donations accepted for bus, free admission for seniors at the gate.

Sinatra POPs: Sunday Nov. 4th. Bring bag lunch, bus 11:30AM

Vienna Boy's Choir, Christmas in Vienna: Wed, Nov 28th bus 3PM. \$70. dinner on own.

Indian Head, A Country Christmas and Christmas Buffet with Country

Singer Jose Duddy: Fri, Nov 30th, board bus at 9:30AM. \$54 covers transportation, buffet, tax, tip, 2 drinks and entertainment.

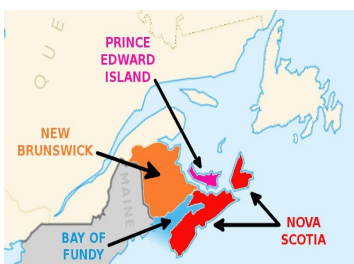
UPCOMING OVERNIGHT PROGRAMS

Please sign up for all programs: 603-356-3231.



Tropical Costa Rica: March 30-April 7, 2019 San Jose, Coffee Plantation, Guanacstem Monteverde Cloud Forests, Arenal Volcano, Larke Arenal Cruise, Cano Negro Refuge, Zarcero...and MORE! Passport needed. 9 Days, 13 Meals, \$3349 ppdo **Deposit due Sept 22, 2018**

Explore Tuscany: October 12-20, 2019 Highlights: Montecatini Terme, Florence, Lucca, Gothic Line, Pisa, San Gimignano, Siena, Cooking Class, Choic of a Winery Tour or a Cheese Farm. Passport needed. 9 days \$3299 ppdo



BUS TOUR Nova Scotia, PEI, New Brunswick & Maine:

June 2-10, 2019, 14 meals, \$ 1168ppdo. Hopewell Rocks, Kings Landing. Peggy's Cove, Halifax, Lunenburg. Charlottetown, Saint John. Acadia National Park, Mt Desert. Includes: Bus, Insurance, Hotels, 14 meals

Business Support Newsletter Listings

Abundant Blessings Homecare, Inc (603-473-2510, fax 603-522-9211) provides living assistance services for the aging in the comfort of your home. Services include: personal care, meal preparation, 24 hour care and more. Call to schedule a free home assessment. Visit us at www.abundantblessingshomecare.com.

Adult & Pediatric Dermatology (978-610-3701) Glen Smith, is pleased to announce its opening at Huggins Hospital in Wolfeboro, NH! For an appointment, please call 603-569-3376.

Beasley & Ferber, P.A. (1-800-370-5010) David Ferber, estate planning including avoiding probate, protecting assets from nursing homes, avoiding state taxes, and elder law.

Chalmers Insurance (356-6926) Steve Cote, full line of personal and business insurance, including Long term care, life and annuities.

Coleman Alvin J. & Son (447-5936) 9 NH Route 113, Conway. General Contractor

Conway Eye Care (356-3000) 1319 White Mt. Highway Dr. Gary Cole & Associates, eye exams, surgical and medical eye evaluations, complete optical service with "on-site" laboratory.

First Allied Securities (356-9371) 3277 White Mt. Hwy. Investments including Stocks, Bonds, Annuities, Retirement, College Planning

Gamwell, Caputo & Co., PLLC (447-3356 or fax 447-6563) Dave Caputo, certified public accountants providing tax, accounting, and financial statement services for businesses, individuals, trusts and estates.

Granite State Independent Living (GSIL) (800-826-3700) www.gsil.org Donna Potter, Non-profit whose mission is to promote life with independence for Seniors & the disabled, to live as independently as they choose in their own homes. GSIL offers services including; info. and referral, personal care, helping with funding, transportation, counseling, respite for caregivers, etc.

Hill's Florist and Nursery (356-5750) Brian Hill, Rt. 16, Intervale. Flowers for all occasions, trees, shrubs, perennials, annuals, balloons and gifts. FTD. 10% discount for Gibson members.

H.R. Hoyt Construction Inc. (447-2612) Conway, NH. Poured Concrete

Memorial Hospital (356-5461) The community hospital of Mt. Washington Valley. Your partner in good health.

Mount Washington Auto Road (466-3988) Howie Wemyss. Toll road to summit of the highest mountain in the North East.

North Country Fair Jewelers (356-5819) Brian Smith, Main St, N Conway. Diamonds, gold and silver jewelry, coins, pearls, watches, clocks and antiques. Repairs, appraisals, buy, sell and trade.

NorthEast Auto Body (356-5808) David Smith, 530 Eastman Road, North Conway, N.H.

Notchland Inn (374-6131) Harts Location, NH Romantic dining and lodging.

Peking Sunrise Restaurant & Lounge (356-6976) Lounge (356-3888) Jct. Routes 302 & 16 N Conway.

Settlers Green Outlet Village (356-7031) over 60 stores. Every Tuesday is Senior discount day at participating stores.

The Hearing Aid Shop (603-356-0172) 1529 White Mountain HWY. Hearing Tests, Repairs, Cleaning & Batteries. Call for an appointment to hear how new technology can make your life sound amazing. Ask about our in-home demo program!

Timberland Home Care Inc. (603-447-3998) is a non-medical home care service provider to families in the Mt. Washington Valley and surrounding areas. As experienced home care providers we can provide short, long term & 24/7 multi-shift basis quality home care. Web site: timberlandhomecare.com; e-mail is: timberlandhomecare@live.com

Varsity Beverage Conway (447-5445) Distributor of Pepsi Cola, Schweppes, Dole Juices, Lipton Tea, Gatorade, Aquafina Water, Mountain Dew, Mug Root Beer, Frappuccino, and Hawaiian Punch.

White Mountain Hotel (356-7100) Gary Sullivan Wonderful place to go for lunch or dinner.

White Mountain Oil and Propane (356-6386) The Saunders Family, oil and propane, major appliances.

Yankee Smokehouse Restaurant (539-7427) Joseph Ferreira, Jct. Route 16 & 25 in West Ossipee. Real open pit barbecue.

Please remember the Gibson Center in your Will