

GIBSON TIMES

The Gibson Center for Senior Services, North Conway, NH

www.GibsonCenter.org

info@gibsoncenter.org

603-356-3231



October 2019 Edition

CELEBRATING 40 YEARS OF GIBSON CENTER - OCT 10th

Come join us on October 10th for Tea and Cake on the Patio to celebrate **Gibson Center's 40th year of incorporation.**

Some of our Major Milestones:

1979 - Gibson Center Incorporated

2000 - Our newly purchased building received a 2400 sq ft addition

2005 - Silver Lake Landing purchased

2006 - One Millionth Meal Served 4/7/2006

2010 - Gibson purchases the historic Kenison house on Grove St. A 1000 sq ft addition helps create our new Thrift Shop

2019 - MWV Age Friendly unveiled



(1979 - 2019)

2019 GIBSON CENTER CRAFTS AND ARTISAN FESTIVALS

October 12th & 13th

SHOW HOURS:

Sat & Sun 10 AM - 5 PM

New England Crafters at their best! We have fine jewelry, photography, art, pottery, gourmet specialty foods, stained glass, doll clothes, kettle korn, clothing, quilts, pillows, woodcrafts, Adirondack chairs, wood signs and furniture.

Benefits the Gibson Center for Senior Services, Meals on Wheels Program.



The Black Cap Grille Fundraiser

Tue, Oct 22nd - 5:00-9PM

The Black Cap Grille will donate a portion of the evening sales to the Gibson Center.



BINGO NIGHT AT RED PARKA PUB

Tuesday, Oct 15th
6:00 - 8:00 PM

Proceeds from each \$1 card and a portion of
some food and beverages will go to
The Gibson Center

Bring Friends and Family!!



**Assisted Living
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glenb@assistedlivinglocators.com

NewHampshire.AssistedLivingLocators.com

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Operated

CARE FOR THE CAREGIVER

Meet on Thursdays
12:30PM - 2:00PM

Meet with other caregivers
Learn tips to care for you!
Programs available with
FunDay, 10:30AM

MOUTH OFF - OCT 30TH

A Lip Sync Contest. Do you want to join the Gibson "Sync Team"?
Come support our team. Wed. Oct. 30 transportation from your home.



Mount Washington Valley
Adult Day Center

For More Information:

Visit Us Online
www.memorialhospitalnh.org
adultdaycenter

Or Call Sue Ruka at
603-356-5461, x2194



THE FRYEBURG FAIR (SEPT 29TH - OCT 6TH)

Senior Day: Oct 1st
9:00 AM - 3:00 PM



POP'S BEATLES REVOLUTION, A SYMPHONIC EXPERIENCE

Sunday, Oct 13th - 11:00 AM

\$48 Pack a bag lunch for the ride
over, we'll stop for dinner on own.



PUMPKIN PEOPLE RIDE

After lunch, Oct 24th.
Stop at Cider Market for donuts
(on your own)

VETERAN'S ROAD TRIP: VA HOME TOUR

OCTOBER 16TH
9:00 AM - 5:00 PM

LUNCH ON YOUR OWN
AT THE TILT'N DINER



L. A. DREW, INC.
GENERAL CONTRACTOR

UPCOMING OCTOBER EVENTS

Veteran's Pancake Breakfast: Wednesday, October 2nd, JC Penny will make pumpkin pancakes.

Queen Mary 2 Crossing Experience: trip preview, 12:30PM, October 3rd. Presented by Carl Lindblade, Edu - trip Host.

Sip N' Paint: Tuesday, October 8, after lunch. Bring your painting.

Mountain Vale visit lunch: October 9th

Gibson's 40th year of incorporation : October 10th Tea and Cake on the Patio

London Paris Slide Show: Friday, October 11th, after lunch. From our trip

Craft Fair: October 12th & 13th check out the vendors!

Gibson Closed: Monday, October 14th

BINGO at the Red Parka Pub: Tuesday, October 15 6-8PM . Proceeds from each \$1 card and a portion of some food and beverages will go to The Gibson Center Bring Friends and Family!!

Senior Companions: Thursday, October 17th, a brief speech at lunch, then a short presentation at the Care-givers Peer Support Group.

Open Enrollment: October 30th, make an appointment today. Pickup an envelope from Penny, to be prepared for the meeting.

Alzheimer's Presentation: After lunch October 22nd. Know the 10 Signs, Early Detection Matters. Please sign up

Black Cap Gibson Fundraiser: Invite your family and friends to dinner on Tuesday, the 22nd. The Black Cap Grille will donate a portion of the evening sales to the Gibson Center.

Pumpkin People & Cider Donuts: After lunch trip, October 24

Mouth Off contest: Evening trip, encourage the Gibson team! Time is running out to form our Gibson team. Please see Jill if you are interested in lip syncing to a fun song, and potentially win a prize!

Halloween: Chef Mark will create a special menu for October 31. We will have a Costume parade between the meal and dessert with prizes for some costumes. Afterwards bus trip to watch children's parade

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603-356-2248

VETERANS COFFEE

First & Third

Wednesday 10AM

Meet fellow veterans,
learn about services
available
Snacks!

**Join us for lunch
Gibson Center,
Mon-Fri.**

11:30am - 12:15pm

SILVER LAKE LANDING APARTMENTS ARE YOU ON THE LIST?

While there are currently no vacancies, we are happy to accept your name on our waitlist for our beautiful apartments on the shore of Silver Lake in Madison.

Please call Ken at the Gibson Center, 356-3231, ext. 112 for an application

Remember Gibson Center in YOUR WILL

ONLINE DONATIONS:

You can help our cause by donating at www.gibsoncenter.org and click on **Donate Now button**

BEASLEY & FERBER, P.A.

Estate Planning and Elder Law Wills, Trusts and Probate Avoidance

Estate Administration and Guardianship
Saving Assets from Nursing Home Stays

CALL FOR A SCHEDULE OF FUTURE ESTATE PLANNING SEMINARS AT THE GIBSON CENTER

Please call for information about future presentations **1-800-370-5010** .

Mineral Springs of North Conway Care & Rehabilitation Center

Offering quality nursing care and an assisted living environment to the North Conway area.

1251 White Mtn. Hwy
North Conway, NH 03860

Call 603-356-7294

ONGOING WEEKLY PROGRAMS

Monday:

10:30 Tai Ji Quan Silver Lake Landing
10:30 Chair Exercise
12:30 FunDay Afternoon
3:30 Tai Ji Quan Better Balance

Tuesday:

10:00 Strength, Balance, & Stretch
12:00 Silver Lake Lunch
12:30 Knitting Club at SLL

Wednesday:

10:00 Veterans Coffee (1st & 3rd weeks)
10:00 Quilt Club (2nd & 4th weeks)
10:30 - 1:30 Wii
Service Link, make appointment
12:30 Game Day

Thursday:

9:00 Belly Dancing
10:30 Chair Exercise
11:30 TJQ Silver Lake Landing
12:30 FunDay
12:30 BINGO (first Thurs.)
12:30 Caregiver Peer Support
3:30 Tai Ji Quan Better Balance

Friday:

10:00 Strength, Balance, & Stretch
12:30 Friday Painters (Oct - May)

JOIN US FOR LUNCH MONDAY - FRIDAY 11:30 AM TO 12:15 PM

PROGRAM VOLUNTEERS

Wii, & Game Day set up: **George LeBlanc**
Book Cart: **Barbara Rines**
Belly Dance Instructor: **Joanne Bailey**
Tai Ji Quan & Knitting Club: **Sandy Perry**
Veteran Group: **Karen Umberger, JC Penny, Al Zaino**
Caregiver Peer Support: **Dom, Jim & Charles**
Service Link: **Karen Santuccio**
M & D Production: **Theatre tickets**
Sing-A-Long & BINGO: **Dick Vierus**
1:1 Computer: **Quentin**
Sip N Paint: **Elaine Klement**
Joy Gagnon: **Tasty Veggies**
Go Orange Raffles: **Karen C, Bev, Mary & Ellen**
Balance Day: **VNS, Lions, Hearing Assn, Memorial Hospital, Mineral Springs, RSVP, Extension, White Mt Oil, NH Falls Reduction Task Force**
White Lake Naturalist: **Matt**

**GOLD'S OVER \$1850/OZ
"WE BUY ALL GOLD & SILVER"**

**Platinum, Diamonds, Coins &
Jewelry
Free Estimates
North Country Fair Jewelers
"50th year"**

**FREE ESTIMATES
2448 Main St., No. Conway
603-356-5819**

GIBSON CENTER DAY TRIPS

Please sign up for all programs: 603-356-3231.

Fryeburg Fair: Senior Day at the Fair: 10/1 9AM - 3PM

Two Lights State Park + Lobster Shack: October 9th. \$20

POP's Beatles Revolution, a Symphonic Experience: Pack a bag lunch for the ride over, we'll stop for dinner on own. 10/13 11AM \$48

Veteran's Road Trip: VA Home Tour October 16 9AM-5PM. Lunch on your own at the Tilt' N Diner

Pumpkin People Ride: After lunch, October 24th. Stop at Cider Market for donuts (on your own)

LeAnn Rimes: a LIVE Show: Sunday October 27. \$85

Stinson Mt Museum: A.C.Gilbert Heritage Society. Lunch on own at Georges Seafood. Tuesday, November 5th. 10AM-5PM \$20

Chutter's & Littleton: Nov. 13 10AM-5PM \$18

Zimmerman House & Currier Museum: Nov. 20 8AM-6PM \$66 The price includes sandwich lunch, Zimmerman tour, and the Currier, which will have 2 special displays Shakers, and The Four Freedoms (contemporary look at Rockwell)

Magic of Christmas: December 12th. \$50 10AM-6PM

River Dance: January 14, 2020. \$85

Russian National Ballet, Sleeping Beauty: March 18, 2020 \$62

KUDOS - Donations

Shaw's, Wanda Wirling
NH Food Bank
Catholic Charities of NH
Wal-Mart: Bob King & Phil Spinney
Old Village Bakery
Veggie Volunteers
Carrie from the Community Center:
Fresh Vegetables

Kim & Neysa Packard: The Farm Stand in Chocorua
Tanner Wondalowski: MOW donation
Timberland: Table decorations + MOW Towels
Vaughn Community Services: Food Pantry
Al Zaino: Fix tables, food pantry & desserts
Beth & Joseph's Spaghetti Shed
Kim from Lickity Splits Ice Cream shop: Ice Cream donation.

UPCOMING OVERNIGHT PROGRAMS

Please sign up for all programs: 603-356-3231.

Sunny Portugal - Estoril Coast, Alentejo & Algarve: April 14-23, 2020. 10 Days, 4 Meals \$3899 ppdo. Passport needed. Portuguese Riviera, Choice on Tour, Lisbon, Fado Dinner Show, Sintra, Obidos, Fatima, Evora, Alentejo Countryside Stay, Sagres, Lagos, Algarve, Faro, Cork Factory, Azeitao, 2 Winery Tours, 5 UNESCO World Heritage Sites

Bluegrass Country & the Smoky Mountains - Louisville, Gatlinburg & Asheville: Oct 15-23, 2020. 9 Days, 12 Meals \$3299 ppdo Churchill Downs, Kentucky Derby Museum, Old Louisville Walking Tour, Choice on Tour, Buffalo Trace Bourbon Distillery, Lexington Horse Farms, Great Smoky Mountains National Park, Dolly Parton's Stampede & Dinner Show, Asheville, Biltmore Estate. Real ID or Passport needed

Bus Tour - Cape Cod, Martha's Vineyard, Rhododendron Garden: 400th Anniversary of Mayflower Landing May 4-8 2020. \$550

Cruise - Liners and Legends, Queen Mary 2 Crossing to England: 4/24-5/5.

Cruise - Boston to Quebec: Sept 18-25, 2020, price based on cabin

JOIN US FOR LUNCH MONDAY - FRIDAY 11:30 AM TO 12:15 PM



PHOTOS FROM JOSEPHS SPAGHETTI SHED FUNDRIASER, GO ORANGE DAY & NATURE WALK

Business Support Newsletter Listings

Abundant Blessings Homecare, Inc (603-473-2510, fax 603-522-9211) provides living assistance services for the aging in the comfort of your home. Services include: personal care, meal preparation, 24 hour care and more. Call to schedule a free home assessment. Visit us at www.abundantblessingshomecare.com.

Assisted Living Locators 603-393-6452 Free Referral and placement services matching seniors with the best living solutions for them statewide.

Beasley & Ferber, P.A. (1-800-370-5010) David Ferber, estate planning including avoiding probate, protecting assets from nursing homes, avoiding state taxes, and elder law.

Chalmers Insurance (356-6926) Steve Cote, full line of personal and business insurance, including Long term care, life and annuities.

Coleman Alvin J. & Son (447-5936) 9 NH Route 113, Conway. General Contractor

First Allied Securities (356-9371) 3277 White Mt. Hwy. Investments including Stocks, Bonds, Annuities, Retirement, College Planning

Gamwell, Caputo & Co., PLLC (447-3356 or fax 447-6563) Dave Caputo, certified public accountants providing tax, accounting, and financial statement services for businesses, individuals, trusts and estates.

Granite State Independent Living (GSIL) (800-826-3700) www.gsil.org Donna Potter, Non-profit whose mission is to promote life with independence for Seniors & the disabled, to live as independently as they choose in their own homes. GSIL offers services including; info. and referral, personal care, helping with funding, transportation, counseling, respite for caregivers, etc.

Hill's Florist and Nursery (356-5750) Brian Hill, Rt. 16, Intervale. Flowers for all occasions, trees, shrubs, perennials, annuals, balloons and gifts. FTD. 10% discount for Gibson members.

H.R. Hoyt Construction Inc. (447-2612) Conway, NH. Poured Concrete

Maine Senior Insurance, LLC (800-430-1302) helping Carroll County seniors with Medicare insurance products since 2010. Please call for your no-obligation appointment. (800) 430-1302

Memorial Hospital (356-5461) The community hospital of Mt. Washington Valley. Your partner in good health.

Modern Woodmen of America is a member-owned fraternal financial services organization offering life insurance and annuities. Together with our more than 750,000 members, we've been touching lives and securing futures since 1883. Lauren O'Reilly, Financial Representative 603-733-6526.

MWV Concierge Grocery shopping, house/condo cleaning, snow shoveling/plowing, errand running. 603-730-5255 or mwvconciierge@yahoo.com

North Country Fair Jewelers (356-5819) Brian Smith, Main St, N Conway. Diamonds, gold and silver jewelry, coins, pearls, watches, clocks and antiques. Repairs, appraisals, buy, sell and trade.

NorthEast Auto Body (356-5808) David Smith, 530 Eastman Road, North Conway, N.H.

Notchland Inn (374-6131) Harts Location, NH Romantic dining and lodging.

Peking Sunrise Restaurant & Lounge (356-6976) Lounge (356-3888) Jct. Routes 302 & 16 N Conway.

Settlers Green Outlet Village (356-7031) over 60 stores. Every Tuesday is Senior discount day at participating stores.

Timberland Home Care Inc. (603-447-3998) is a non-medical home care service provider to families in the Mt. Washington Valley and surrounding areas. As experienced home care providers we can provide short, long term & 24/7 multi-shift basis quality home care. Web site: timberlandhomecare.com; e-mail is: timberlandhomecare@live.com

Varsity Beverage Conway (447-5445) Distributor of Pepsi Cola, Schweppes, Dole Juices, Lipton Tea, Gatorade, Aquafina Water, Mountain Dew, Mug Root Beer, Frappuccino, and Hawaiian Punch.

White Mountain Hotel (356-7100) Gary Sullivan Wonderful place to go for lunch or dinner.

White Mountain Oil and Propane (356-6386) The Saunders Family, oil and propane, major appliances.

Yankee Smokehouse Restaurant (539-7427) Joseph Ferriera, Jct. Route 16 & 25 in West Ossipee. Real open pit barbecue.

Please remember the Gibson Center in your Will