

GIBSON TIMES

The Gibson Center for Senior Services, North Conway, NH

www.GibsonCenter.org

info@gibsoncenter.org

603-356-3231



November 2019 Edition

GIBSON CENTER

THANKSGIVING LUNCHEON - NOV 19, 20 & 21



HAPPY THANKSGIVING

MENU

ROAST TOM TURKEY
SAUSAGE/CORNBREAD STUFFING
MASHED POTATO/ GRAVY
BUTTERNUT SQUASH
PEAS AND PEARL ONIONS
PUMPKIN MOUSSE

Sponsored by Shawn and Linda Bergeron

CELEBRATING 40 YEARS OF GIBSON CENTER

Our old friend Chuck Henderson from Senator Jeanne Shaheen's office stopped by on Foliage Friday to read a letter from the Senator marking The Gibson Center's 40th year! Tea and Cake were served with many memories of the Gibson Center





VETERAN'S COFFEE Wednesday, Nov 6th

The crew from J.C. Penney's will make us pancakes for our meeting. Later in the meeting, students from Kennett High Task Force Eagles will visit...followed by recognizing Veterans in the dining room before lunch. (for Veteran's Day). Chef Mark will create something special for the day



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Senior care services brought to you by Memorial Hospital. The Mount Washington Valley Adult Day Center is a 14,000 square foot facility that provides senior care services in a comfortable, home-like setting.

PHOTOS FROM BLACK CAP GRILLE FUNDRAISER, FYREBURG FAIR





ZIMMERMAN HOUSE & CURRIER MUSEUM

NOVEMBER 20TH
8:00 AM - 6:00 PM

PRICE: \$66

The price includes sandwich lunch, Zimmerman tour, and the Currier, which will have 2 special displays Shakers, and The Four Freedoms (contemporary look at Rockwell)



JOSE DUDDY: CHRISTMAS AT INDIAN HEAD

NOVEMBER 22ND

PRICE: \$58

board bus at 9:30AM, home by 5:30.
\$58 includes show, buffet, 2 drinks, and transportation.



VETERAN'S COFFEE: ANGEL SERVICE DOGS

DECEMBER 18TH

Learn about the new program in the valley, where service dogs are trained. You may have a chance to meet a service dog. Learn how service dogs help people with PTSD & learn about training opportunities.

STINSON MT MUSEUM

NOVEMBER 5TH
10:00 AM - 5:00 PM

PRICE: \$20

A.C.GILBERT HERITAGE SOCIETY.
LUNCH ON OWN AT GEORGES SEAFOOD



L. A. DREW, INC.

GENERAL CONTRACTOR

UPCOMING NOVEMBER EVENTS

Veteran's Coffee: Wednesday, the 6th, The crew from J.C. Penney's will make us pancakes for our meeting. Later in the meeting, students from Kennett High Task Force Eagles will visit...followed by recognizing Veterans in the dining room before lunch. (for Veteran's Day).

Chef Mark will create something special for the day
Veteran's Day: The Gibson Center will be closed Monday the 11th

Thanksgiving Lunches: - Sponsored by Shawn and Linda Bergeron. Happy Thanksgiving! **Menu:** Roast Tom Turkey, Sausage/Cornbread Stuffing, Mashed Potato/ Gravy, Butternut Squash, Peas and Pearl Onions, Pumpkin Mousse. Served on Tuesday, Wednesday, and Thursday, the 19th-21st

Gibson Annual Meeting: Tuesday, the 19th, after lunch. Come and hear the annual reports of the different departments. Offer your opinions.

Service Link, Open Enrollment: pickup a form from Penney. Dates available at the Gibson Center, the 20th and the 26th.

Thanksgiving Recess: The Gibson Center will be closed on Thursday and Friday, the 28th & 29th.

Veteran's Coffee; Angel Service Dogs: on Wednesday, December the 18th, learn about the new program in the valley, where service dogs are trained. You may have a chance to meet a service dog. Learn how service dogs help people with PTSD, and learn about training opportunities.

THE POT OF GOLD AT THE END OF THE RAINBOW, IS TRULY FOUND HERE



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VETERANS COFFEE

First & Third

Wednesday 10AM

Meet fellow veterans,
learn about services
available
Snacks!

Join us for lunch
Gibson Center,
Mon-Fri.

11:30am - 12:15pm

SILVER LAKE LANDING APARTMENTS ARE YOU ON THE LIST?

While there are currently no vacancies, we are happy to accept your name on our waitlist for our beautiful apartments on the shore of Silver Lake in Madison.

Please call Ken at the Gibson Center, 356-3231, ext. 112 for an application

Remember Gibson Center in YOUR WILL

ONLINE DONATIONS:

You can help our cause by donating at www.gibsoncenter.org/ and click on **Donate Now button**

BEASLEY & FERBER, P.A.

Estate Planning and Elder Law Wills, Trusts and Probate Avoidance

Estate Administration and Guardianship
Saving Assets from Nursing Home Stays

CALL FOR A SCHEDULE OF FUTURE ESTATE PLANNING SEMINARS AT THE GIBSON CENTER

Please call for information about future presentations **1-800-370-5010 .**

Mineral Springs of North Conway Care & Rehabilitation Center

Offering quality nursing care and an assisted living environment to the North Conway area.

1251 White Mtn. Hwy
North Conway, NH 03860

Call 603-356-7294

ONGOING WEEKLY PROGRAMS

Monday:

10:30 Tai Ji Quan Silver Lake Landing
10:30 Chair Exercise
12:30 FunDay Afternoon
3:30 Tai Ji Quan Better Balance

Tuesday:

10:00 Strength, Balance, & Stretch
12:00 Silver Lake Lunch
12:30 Knitting Club at SLL

Wednesday:

10:00 Veterans Coffee (1st & 3rd weeks)
10:00 Quilt Club (2nd & 4th weeks)
10:30 - 1:30 Wii
Service Link, make appointment
12:30 Game Day

Thursday:

9:00 Belly Dancing
10:30 Chair Exercise
11:30 TJQ Silver Lake Landing
12:30 FunDay
12:30 BINGO (first Thurs.)
12:30 Caregiver Peer Support
3:30 Tai Ji Quan Better Balance

Friday:

10:00 Strength, Balance, & Stretch
12:30 Friday Painters (Oct - May)

JOIN US FOR LUNCH MONDAY - FRIDAY 11:30 AM TO 12:15 PM

PROGRAM VOLUNTEERS

Wii, & Game Day set up: **George LeBlanc**
Book Cart: **Barbara Rines**
Belly Dance Instructor: **Joanne Bailey**
Tai Ji Quan & Knitting Club: **Sandy Perry**
Veteran Group: **Karen Umberger, JC Penney, Al Zaino**
Caregiver Peer Support: **Dom, Jim & Charles**
Service Link: **Karen Santuccio**
M & D Production: **Theatre tickets**
Sing-A-Long, Tea & BINGO: **Dick & Alice Vierus**
1:1 Computer: **Quentin**
Sip N Paint: **Elaine Klement**

Fryeburg Fair Display: **Ellen Farrington, Kay Frechette, Carol Saunders, Marty Sage Gilman, Mary Conlon, Jeannie Seig, George LeBlanc, Benny Jesseman, Lynn Gilman, Silver Lake Knitters: Gail Rowland, Kathy Palmer, Sharon Mott, Sandy Perry**
Fryeburg Fair Set Up: **Dick & Alice Vierus, Pauline Yeager, Marty Sage Gilman, Arthur & Beverly Micallef, George LeBlanc, Sandy Schaaf, Greta Paulhus, Lucille Dennis**
Liners & Legends Presentation: **Carl Lindblade, Elaine Ryan**
Alzheimer's Association: **Charles Monahagn**

KUDOS - Donations

Shaw's, Wanda Wirling
NH Food Bank
Catholic Charities of NH
Wal-Mart: Bob King & Phil Spinney
Old Village Bakery
Al Zaino: Fix tables, food pantry & desserts

Red Parka Pub: BINGO
Black Cap Grille
Timberland: MOW Pot Holders
Vaughn Community Services: Food Pantry
Tim Scott, Community Center: Food donation
Kim and Neysa Packard, The Farmstand



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PHOTOS FROM VETERAN'S TRIP, MACOMBER'S GLASS BLOWING STUDIO, TWO LIGHTS STATE PARK



GIBSON CENTER DAY TRIPS

Please sign up for all programs: 603-356-3231.

Stinson Mt Museum: A.C.Gilbert Heritage Society. Lunch on own at Georges Seafood. Tuesday, November 5th. 10AM-5PM \$20

Chutter's & Littleton: Nov. 13 10AM-5PM \$18

Zimmerman House & Currier Museum: Nov. 20 8AM-6PM \$66 The price includes sandwich lunch, Zimmerman tour, and the Currier, which will have 2 special displays Shakers, and The Four Freedoms (contemporary look at Rockwell)

Jose Duddy; Christmas at Indian Head: Friday, November 22 board bus at 9:30AM, home by 5:30. \$58 includes show, buffet, 2 drinks, and transportation.

Light Ride and Stonehurst Dinner: December 3. Home pick ups, and ride to see the lights, meal, tax, tip, and coffee, \$36. Drive your self once bus is full, \$31 Gather around the fireplace for cocktails (on your own) at 5PM.

Magic of Christmas: December 12th. \$50 10AM-6PM

Light Ride and dinner at Stonehurst: Jan 2020, \$32, ride and dinner

Ice Sculptures and lunch at the Wentworth: Jan 6, 2020. \$21

River Dance: January 14, 2020. \$85

Elvis and Roy Orbison: February 7, 2020, \$44

The Spirit of Johnny Cash: March 13, 2020, \$46

Russian National Ballet, Sleeping Beauty: March 18, 2020 \$62

Sight & Sound Theater play as a movie Jesus: just in time for Easter, April 7 \$36

UPCOMING OVERNIGHT PROGRAMS

Please sign up for all programs: 603-356-3231.

Sunny Portugal - Estoril Coast, Alentejo & Algarve: April 14-23, 2020. 10 Days, 4 Meals \$3899 ppdo. Passport needed. Portuguese Riviera, Choice on Tour, Lisbon, Fado Dinner Show, Sintra, Obidos, Fatima, Evora, Alentejo Countryside Stay, Sagres, Lagos, Algarve, Faro, Cork Factory, Azeitao, 2 Winery Tours, 5 UNESCO World Heritage Sites

Bluegrass Country & the Smoky Mountains - Louisville, Gatlinburg & Asheville: Oct 15-23, 2020. 9 Days ,12 Meals \$3299 ppdo Churchill Downs, Kentucky Derby Museum, Old Louisville Walking Tour, Choice on Tour, Buffalo Trace Bourbon Distillery, Lexington Horse Farms, Great Smoky Mountains National Park, Dolly Parton's Stampede & Dinner Show, Asheville, Biltmore Estate. Real ID or Passport needed

Bus Tour - Cape Cod, Martha's Vineyard, Rhododendron Garden: 400th Anniversary of Mayflower Landing May 4-8 2020. \$550

Cruise - Liners and Legends, Queen Mary 2 Crossing to England: 4/24-5/5.

Cruise -Boston to Quebec: Sept 18-25, 2020, price based on cabin

Business Support Newsletter Listings

Abundant Blessings Homecare, Inc (603-473-2510, fax 603-522-9211) provides living assistance services for the aging in the comfort of your home. Services include: personal care, meal preparation, 24 hour care and more. Call to schedule a free home assessment. Visit us at www.abundantblessingshomecare.com.

Assisted Living Locators 603-393-6452 Free Referral and placement services matching seniors with the best living solutions for them statewide.

Beasley & Ferber, P.A. (1-800-370-5010) David Ferber, estate planning including avoiding probate, protecting assets from nursing homes, avoiding state taxes, and elder law.

Chalmers Insurance (356-6926) Steve Cote, full line of personal and business insurance, including Long term care, life and annuities.

Coleman Alvin J. & Son (447-5936) 9 NH Route 113, Conway. General Contractor

First Allied Securities (356-9371) 3277 White Mt. Hwy. Investments including Stocks, Bonds, Annuities, Retirement, College Planning

Gamwell, Caputo & Co., PLLC (447-3356 or fax 447-6563) Dave Caputo, certified public accountants providing tax, accounting, and financial statement services for businesses, individuals, trusts and estates.

Granite State Independent Living (GSIL) (800-826-3700) www.gsil.org Donna Potter, Non-profit whose mission is to promote life with independence for Seniors & the disabled, to live as independently as they choose in their own homes. GSIL offers services including; info. and referral, personal care, helping with funding, transportation, counseling, respite for caregivers, etc.

Hill's Florist and Nursery (356-5750) Brian Hill, Rt. 16, Intervale. Flowers for all occasions, trees, shrubs, perennials, annuals, balloons and gifts. FTD. 10% discount for Gibson members.

H.R. Hoyt Construction Inc. (447-2612) Conway, NH. Poured Concrete

Maine Senior Insurance, LLC (800-430-1302) helping Carroll County seniors with Medicare insurance products since 2010. Please call for your no-obligation appointment. (800) 430-1302

Memorial Hospital (356-5461) The community hospital of Mt. Washington Valley. Your partner in good health.

Modern Woodmen of America is a member-owned fraternal financial services organization offering life insurance and annuities. Together with our more than 750,000 members, we've been touching lives and securing futures since 1883. Lauren O'Reilly, Financial Representative 603-733-6526.

MWV Concierge Grocery shopping, house/condo cleaning, snow shoveling/plowing, errand running. 603-730-5255 or mwvconcierge@yahoo.com

North Country Fair Jewelers (356-5819) Brian Smith, Main St, N Conway. Diamonds, gold and silver jewelry, coins, pearls, watches, clocks and antiques. Repairs, appraisals, buy, sell and trade.

NorthEast Auto Body (356-5808) David Smith, 530 Eastman Road, North Conway, N.H.

Notchland Inn (374-6131) Harts Location, NH Romantic dining and lodging.

Peking Sunrise Restaurant & Lounge (356-6976) Lounge (356-3888) Jct. Routes 302 & 16 N Conway.

Settlers Green Outlet Village (356-7031) over 60 stores. Every Tuesday is Senior discount day at participating stores.

Timberland Home Care Inc. (603-447-3998) is a non-medical home care service provider to families in the Mt. Washington Valley and surrounding areas. As experienced home care providers we can provide short, long term & 24/7 multi-shift basis quality home care. Web site: timberlandhomecare.com; e-mail is: timberlandhomecare@live.com

Varsity Beverage Conway (447-5445) Distributor of Pepsi Cola, Schweppes, Dole Juices, Lipton Tea, Gatorade, Aquafina Water, Mountain Dew, Mug Root Beer, Frappuccino, and Hawaiian Punch.

White Mountain Hotel (356-7100) Gary Sullivan Wonderful place to go for lunch or dinner.

White Mountain Oil and Propane (356-6386) The Saunders Family, oil and propane, major appliances.

Yankee Smokehouse Restaurant (539-7427) Joseph Ferriera, Jct. Route 16 & 25 in West Ossipee. Real open pit barbecue.

Please remember the Gibson Center in your Will