

GIBSON TIMES

The Gibson Center for Senior Services, North Conway, NH

www.GibsonCenter.org

info@gibsoncenter.org

603-356-3231



February 2020 Edition



OUR ANNUAL LUNCH AT RED PARKA PUB ON JAN 14TH

Gibson's annual lunch at The Red Parka Pub in downtown Glen, NH. This is at least the 25th year!! Terry O'Brien and her unbelievable staff put up with 100 of us once again. THANK YOU!!!



PRESIDENTIAL PRIMARY ELECTION
TUESDAY, THE 11TH.

Madison residents will have the opportunity of door to door transportation in the morning, and Conway residents, after lunch. Please call to sign up, 356-3231

THE GIBSON CENTER 2020 CRAFT FAIRS INFORMATION



New England Crafters at their best! We have fine jewelry, photography, art, pottery, gourmet specialty foods, stained glass, doll clothes, kettle korn, clothing, quilts, pillows, woodcrafts, Adirondack chairs, wood signs and furniture.
Benefits the Gibson Center for Senior Services, Meals on Wheels Program.

2020 Craft Fair Dates

Memorial Day Fair: Saturday & Sunday May 23 & 24

Independence Weekend Fair: Saturday & Sunday July 4 & 5

Labor Day Weekend Fair: Saturday & Sunday September 5 & 6

Columbus Day Weekend Fair: Saturday & Sunday October 10 & 11

All are held at the Gibson Center, from 10AM-5PM

For application please go the link below on our website to download it.
<https://www.gibsoncenter.org/craft-fair-rules-application/>



ADVOCATING!

Board member Dr. Marianne Jackson and Director George Cleveland crisscross the NH State House while attending hearings on proposed bills to simplify HomeSharing and increase funding for Meals on Wheels.



VALENTINE LUNCHES

FEBRUARY 13TH & 14TH

Chef Mark will prepare a special meal, that will be served on two days, Thursday & Friday, the 13th, and 14th.

Wear RED!



MARDI GRAS

FEBRUARY 25TH

Chef Mark will prepare a special treat for us. It is traditional for people to dress in costume, wear masks and beads, or at least wear the Mardi Gras colors of green, purple, and gold. There will be some New Orleans Jazz played in the dining room, before lunch.



RUSSIAN NATIONAL BALLET, SLEEPING BEAUTY

MARCH 18TH

One of the most famous works of the classical ballet repertoire, The Sleeping Beauty is a sumptuous delight for all ages

Price: \$62

**red
parka
steakhouse
& pub**



BINGO AT THE RED PARKA PUB

GIBSON CENTER BENEFIT

WEDNESDAY, MARCH 17TH

The Gibson Center receives 100% of the sales of the BINGO cards, and 50 cents from the price of some Adult Beverages

MORE INFO COMING SOON, STAY TUNED



VETERAN'S COFFEE

Wednesday, Feb 5th & 12th - 10:00 AM

The group decided to watch the movie "Das Boot", to be divided between two sessions in Feb 10 a.m. at the Gibson Center.



Assisted Living Locators
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glenb@assistedlivinglocators.com

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Meet on Thursdays
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Meet with other caregivers
Learn tips to care for you!
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FunDay, 10:30AM

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Call: 603-356-4980 or Visit Us Online
<http://www.mwvaduldaycenter.org/>



Senior care services brought to you by Memorial Hospital. The Mount Washington Valley Adult Day Center is a 14,000 square foot facility that provides senior care services in a comfortable, home-like setting.

AARP®

Driver Safety

AARP SAFE DRIVING

AT THE GIBSON CENTER - MARCH 20TH

Look for an AARP Safe Driver Class, to be held at the Gibson Center in March. Class prices are increasing in the Spring, so sign up today (going from \$20 to \$25) Some insurance companies offer discounts to people who have taken this 6 hour class.

THE ELVIS AND ORBISON SHOW

FEBRUARY 7TH



A true celebration of two legendary performers in one amazing show!

The Elvis & Orbison Show is a unique incredible tribute concert experience.

Price: \$44



GUIDING ANGEL SERVICE DOGS

FEBRUARY 18TH AFTER LUNCH

The general public is welcome to meet the dogs and their handlers. The handlers will talk about how the dogs are trained, what is expected of them, who benefits from the dogs once they are trained, and how we can help through fostering, or understanding how to interact with a service dog in a public place



LIVING SHORES AQUARIUM

FEBRUARY 12TH

Living Shores Aquarium, located at Story Land in Glen, NH is an indoor walk through adventure that allows the whole family to discover the wonders of the ocean year round

Price: \$19

After lunch.

BINGO

FEBRUARY 6TH

AT THE GIBSON CENTER, AFTER LUNCH.

PLEASE BRING AN ITEM FOR THE PRIZE TABLE.



L. A. DREW, INC.

GENERAL CONTRACTOR

UPCOMING FEBRUARY EVENTS

World War II Museum webinar: Tuesday Feb 4th, after lunch.
All invited to learn more about [the Manhattan Project: the Science, Sites, and Stories.](#)

Veteran's Coffee: The group decided to watch the movie "[Das Boot](#)", to be divided between two sessions in February 10 a.m. at the Gibson Center. Wednesdays, the 5th & 12th. BINGO at the Gibson Center, after lunch Thursday, Feb 6th. Please bring an item for the prize table.

Presidential Primary Election: Tuesday, Feb 11th. Madison residents will have the opportunity of door to door transportation in the morning, and Conway residents, after lunch. Please call to sign up, 356-3231

Valentine Lunches: Chef Mark will prepare a special meal, that will be served on two days, Thursday and Friday, the 13th, and 14th. Wear RED!

The Gibson Center will be closed, Monday, Feb 17th.

Guiding Angel Service Dogs: Tuesday, Feb 18th, after lunch. The general public is welcome to meet the dogs and their handlers. The handlers will talk about how the dogs are trained, what is expected of them, who benefits from the dogs once they are trained, and how we can help through fostering, or understanding how to interact with a service dog in a public place.

Mardi Gras: Chef Mark will prepare a special treat for us. It is traditional for people to dress in costume, wear masks and beads, or at least wear the Mardi Gras colors of green, purple, and gold. There will be some New Orleans Jazz played in the dining room, before lunch.

Ash Wednesday: Chef Mark will serve meatless meals on Ash Wednesday, and Fridays during Lent

AARP Safe Driving: Look for an AARP Safe Driver Class, to be held at the Gibson Center in March. Class prices are increasing in the Spring, so sign up today (going from \$20 to \$25) Some insurance companies offer discounts to people who have taken this 6 hour class.



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VETERANS COFFEE

First & Third
Wednesday 10AM
Meet fellow veterans,
learn about available services
Snacks!

SAVE THE DATE

Gibson Center Auction
Sunday
May 3

SILVER LAKE LANDING APARTMENTS ARE YOU ON THE LIST?

While there are currently no vacancies, we are happy to accept your name on our waitlist for our beautiful apartments on the shore of Silver Lake in Madison.

Please call Ken at the Gibson Center, 356-3231, ext. 112 for an application

BEASLEY & FERBER, P.A.

Estate Planning and Elder Law Wills, Trusts and Probate Avoidance

Estate Administration and Guardianship
Saving Assets from Nursing Home Stays
CALL FOR A SCHEDULE OF FUTURE ESTATE PLANNING SEMINARS AT THE GIBSON CENTER

Please call for information about future presentations 1-800-370-5010 .

GENESIS HEALTHCARE MINERAL SPRINGS



Short Stay Skilled Rehabilitation
Long Term Nursing Home Care
Assisted Living / Respite Care

1251 White Mtn. Hwy
North Conway, NH 03860
Call 603-356-7294

Remember Gibson Center in
YOUR WILL

ONLINE DONATIONS:

You can help our cause by donating at www.gibsoncenter.org/ and click on Donate Now button

JOIN US FOR LUNCH MONDAY -
FRIDAY 11:30 AM TO 12:15 PM

ONGOING WEEKLY PROGRAMS

Monday:

10:30 TJQ Silver Lake Landing
10:30 Chair Exercise
12:30 FunDay Afternoon
3:30 Tai Ji Quan Better Balance

Tuesday:

10:00 Strength, Balance, & Stretch
12:00 Silver Lake Lunch
12:30 Knitting Club at SLL

Wednesday:

10:00 Veterans Coffee (1st & 3rd weeks)
10:00 Quilt Club (2nd & 4th weeks)
10:30 - 1:30 Wii
Service Link, make appointment
12:30 Game Day

Thursday:

9:00 Belly Dancing
10:30 Chair Exercise
11:30 TJQ Silver Lake Landing
12:30 FunDay
12:30 BINGO (first Thurs.)
12:30 Caregiver Peer Support
3:30 Tai Ji Quan Better Balance

Friday:

10:00 Strength, Balance, & Stretch
12:30 Friday Painters (Oct - May)

PROGRAM VOLUNTEERS

Wii, & Game Day set up: **George LeBlanc**
Book Cart: **Barbara Rines**
Veteran Group: **Karen Umberger, Al Zaino,**
Jacqui Dion, Vision Specialist
Chair Exercise: **Sue Bygrave**
Card Workshops: **MWV Art Association**
Caregiver Peer Support: **Dom, Jim & Charles**
Service Link: **Karen Santuccio**
M & D Production: **Theatre tickets**
Sing-A-Long & BINGO: **Dick & Alice Vierus**
1:1 Computer: **Quentin**
Conway Public Library: **Reporter Press program**

Guest Speakers:
John Elfring spoke on Joy

Martha McLoed & Jake Berry from AHA spoke on Prescription Drug costs

SAVE THE DATE

Gibson Center Auction
Sunday
May 3

KUDOS - Donations

Shaw's, Wanda Wirling

NH Food Bank
Catholic Charities of NH
Wal-Mart: Bob King & Phil Spinney
Old Village Bakery

Timberland: Christmas table decorations
Vaughn Community Services: Food Pantry & Jennifer
Kim & Neysa Packard: The Farmstand in Chocorua
The Red Parka Pub Terri O'Brien & Staff
Al Zaino: Fix tables, food pantry & desserts
Stan Shafer at Performance Food Service



WINTER SESSION OF STRENGTH, BALANCE, & STRETCH

At the Gibson Center
January 7-March 27,
Tuesday and Friday mornings at 10.

This class is geared for people who want to stay as strong and flexible as possible.

\$75 pays for all 24 sessions, or you can purchase a punch card, 8 classes for \$36



HomeShare MWV- Gibson is a service provided by the Gibson Center for Senior Services that helps to facilitates matches between people who own a home and people who need a home.

We help you by removing the worries of privacy, compatibility and safety.

Learn more about HomeShare at
<https://www.homesharemwv.org>

GIBSON CENTER DAY TRIPS

Please sign up for all programs: 603-356-3231.

Elvis and Roy Orbison: February 7, \$44

Presidential Primary Election: door to door transportation, Madison residents and Conway residents, sign up for a time slot.

Living Shores Aquarium: February 12, after lunch \$19

The Spirit of Johnny Cash: March 13, \$46

Russian National Ballet, Sleeping Beauty: March 18, \$62

Celtic Women: March 25, \$85

Sight & Sound Theater Film of their production. "Jesus": just in time for Easter, April 7, \$36
Chicago: The musical, only 10 seats, Thursday, May 14, \$90

UPCOMING OVERNIGHT PROGRAMS

Please sign up for all programs: 603-356-3231.

Bluegrass Country & the Smoky Mountains - Louisville, Gatlinburg & Asheville: Oct 15-23, 2020. 9 Days, 12 Meals \$3299 ppdo Churchill Downs, Kentucky Derby Museum, Old Louisville Walking Tour, Choice on Tour, Buffalo Trace Bourbon Distillery, Lexington Horse Farms, Great Smoky Mountains National Park, Dolly Parton's Stampede & Dinner Show, Asheville, Biltmore Estate. Real ID or Passport needed

Bus Tour - **Cape Cod, Martha's Vineyard, Rhododendron Garden:** 400th Anniversary of Mayflower Landing May 4-8 2020. \$550. **Final Payment due February 18, 2020**

Cruise -Boston to Quebec: Sept 18-25, 2020, price based on cabin.



**North Country Fair
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North Conway, NH 03860
603.356.5819
info@northcountryfairjewelers.com

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ASH WEDNESDAY

CHEF MARK WILL SERVE
MEATLESS MEALS ON ASH WEDNESDAY,
AND FRIDAYS DURING LENT.

FRIDAY PAINTERS

All are welcome to join the Friday Painters,
after lunch at the Gibson Center.
Bring your own supplies. Different topics each
week. Hosted by MWAA

Business Support Newsletter Listings

Abundant Blessings Homecare, Inc (603-473-2510, fax 603-522-9211) provides living assistance services for the aging in the comfort of your home. Services include: personal care, meal preparation, 24 hour care and more. Call to schedule a free home assessment. Visit us at www.abundantblessingshomecare.com.

Assisted Living Locators 603-393-6452 Free Referral and placement services matching seniors with the best living solutions for them statewide.

Beasley & Ferber, P.A. (1-800-370-5010) David Ferber, estate planning including avoiding probate, protecting assets from nursing homes, avoiding state taxes, and elder law.

Chalmers Insurance (356-6926) Steve Cote, full line of personal and business insurance, including Long term care, life and annuities.

Coleman Alvin J. & Son (447-5936) 9 NH Route 113, Conway. General Contractor

First Allied Securities (356-9371) 3277 White Mt. Hwy. Investments including Stocks, Bonds, Annuities, Retirement, College Planning

Gamwell, Caputo & Co., PLLC (447-3356 or fax 447-6563) Dave Caputo, certified public accountants providing tax, accounting, and financial statement services for businesses, individuals, trusts and estates.

Hill's Florist and Nursery (356-5750) Brian Hill, Rt. 16, Intervale. Flowers for all occasions, trees, shrubs, perennials, annuals, balloons and gifts. FTD. 10% discount for Gibson members.

H.R. Hoyt Construction Inc. (447-2612) Conway, NH. Poured Concrete

Maureen Cason Hanlon, LICSW (356-6400) 3277 White Mountain Highway, North Conway- Counseling services for adults and elders.

Memorial Hospital (356-5461) The community hospital of Mt. Washington Valley. Your partner in good health.

Modern Woodmen of America is a member-owned fraternal financial services organization offering life insurance and annuities. Together with our more than 750,000 members, we've been touching lives and securing futures since 1883. Lauren O'Reilly, Financial Representative 603-733-6526.

603-730-5255 or mwvconcierge@yahoo.com

North Country Fair Jewelers (356-5819) Brian Smith, Main St, N Conway. Diamonds, gold and silver jewelry, coins, pearls, watches, clocks and antiques. Repairs, appraisals, buy, sell and trade.

NorthEast Auto Body (356-5808) David Smith, 530 Eastman Road, North Conway, N.H.

Notchland Inn (374-6131) Harts Location, NH Romantic dining and lodging.

Peking Sunrise Restaurant & Lounge (356-6976) Lounge (356-3888) Jct. Routes 302 & 16 N Conway.

Settlers Green Outlet Village (356-7031) over 60 stores. Every Tuesday is Senior discount day at participating stores.

Timberland Home Care Inc. (603-447-3998) is a non-medical home care service provider to families in the Mt. Washington Valley and surrounding areas. As experienced home care providers we can provide short, long term & 24/7 multi-shift basis quality home care. Web site: timberlandhomecare.com; e-mail is: timberlandhomecare@live.com

Varsity Beverage Conway (447-5445) Distributor of Pepsi Cola, Schweppes, Dole Juices, Lipton Tea, Gatorade, Aquafina Water, Mountain Dew, Mug Root Beer, Frappuccino, and Hawaiian Punch.

White Mountain Hotel (356-7100) Gary Sullivan Wonderful place to go for lunch or dinner.

White Mountain Oil and Propane (356-6386) The Saunders Family, oil and propane, major appliances.

Yankee Smokehouse Restaurant (539-7427) Joseph Ferriera, Jct. Route 16 & 25 in West Ossipee. Real open pit barbecue.

Please remember the Gibson Center in your Will