

GIBSON TIMES

The Gibson Center for Senior Services, North Conway, NH

www.GibsonCenter.org

info@gibsoncenter.org

603-356-3231



March 2020 Edition



March 16th & 17th

St. Patrick's Day Luncheon

MENU:

Corned Beef
Cabbage
Boiled Potatoes & Carrots
Dinner Roll
Pistachio Pudding
with Whipped Cream



prepared by Chef
Mark Tapper

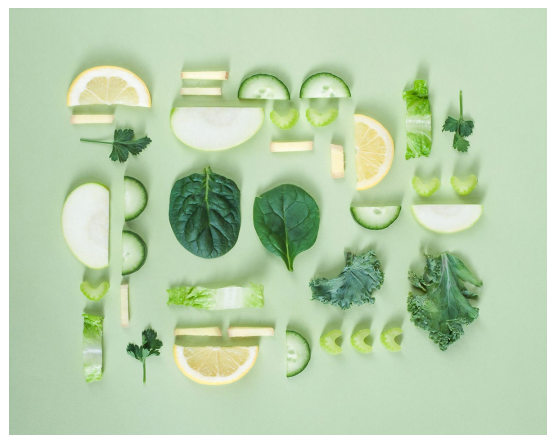


sponsored by: **Shawn and Linda Bergeron**

GO GREEN IN MARCH & APRIL

We will have raffles on Fridays (unless there is an auction that week). On Saint Patrick's Day an Irish sing-along & tea at Silver Lake Landing. Auctions: Pi Day, March 13, Dessert Auction April 8th. BINGO Games : please bring an item for our food pantry, protein, dried milk, canned fruit, or vegetables, or soup.

If you plan to bake, please let Jill know.



REFRESH YOUR SKILLS WITH AN AARP SMART DRIVER COURSE
FRIDAY, MARCH 20TH, 9AM - 4PM



This is the nation's first and largest refresher course for drivers age 50 and older. This course will help reduce your chances of receiving a traffic violation, getting into an accident, or becoming injured. Anyone can benefit from a refresher course that helps them stay current with the driving laws and new technology!

The classroom course is \$20, \$15 for AARP Members. You may be eligible to receive an insurance discount upon completing the course, so consult your agent for details

Please call the Gibson Center to register, 603-356-3231

Checks are made out to AARP. Please bring your drivers license, and your AARP card to receive the discount (this is the last local class before rates increase in the summer)

You are welcome to eat lunch at the Gibson Center. The suggested donation for people over 60 is \$3.

**PI
HAS A
CONSIDERABLE
BEARING ON YOUR
CIRCUMFERENCE**



**FRIDAY MARCH 13TH IS THE CLOSEST DAY TO
PI DAY (3.1415...)**

We will auction off pies on this day at lunch time. We are looking for people to bake pies, and of course to bid on them! We usually have the traditional pies, like apple, cherry, berry, cream pies, custard pies, and lemon meringue. We sometimes have other types like a pizza pie, or whoopie pie, or meat pies or quiche! If you like to bake, please let us know what type of pie you will create, so that we have a wide variety of pies.



GRANNY D: THE POWER OF ONE

APRIL 8TH, AFTER LUNCH

A one-woman, one act play by Dixie Tymitz

On December 31st, 1998, 88-year old Doris Haddock, known affectionately as "Granny D", set out to walk from Santa Monica beach to Washington DC. She undertook this feat in order to draw attention to the need for national campaign finance reform. She trekked through the desert, climbed the Appalachian Range in a blizzard, and even skied 100 miles after a historic snowstorm made walking impossible. As much as any soldier on the battlefield, she was willing to give her life for her country's highest ideals.

Come hear a one woman show tribute to Granny D



BINGO AT THE RED PARKA PUB

GIBSON CENTER BENEFIT

WEDNESDAY, MARCH 17TH

The Gibson Center receives 100% of the sales of the BINGO cards, and 50 cents from the price of some Adult Beverages

GO EARLY TO EAT, PLAY FROM 6:00 - 8:00 PM,
STILL TIME TO PARTY WITH THE IRISH!



RUSSIAN NATIONAL BALLET,

SLEEPING BEAUTY

MARCH 18TH

One of the most famous works of the classical ballet repertoire, The Sleeping Beauty is a sumptuous delight for all ages

Price: \$62

PHOTOS FROM OUR VALENTINE'S DAY LUNCHEON





DINING FOR DEMOCRACY

Conway poll workers Bill and Paula O'Meara take a break from the February Presidential primary to enjoy dinner provided to town officials and workers by The Gibson Center.



VETERAN'S YOGA Wednesday, Mar 4th

Wear comfortable clothes if you want to participate.

Information will be shared for those who want to watch

NOW OPEN
Mount Washington Valley
Adult Day Center

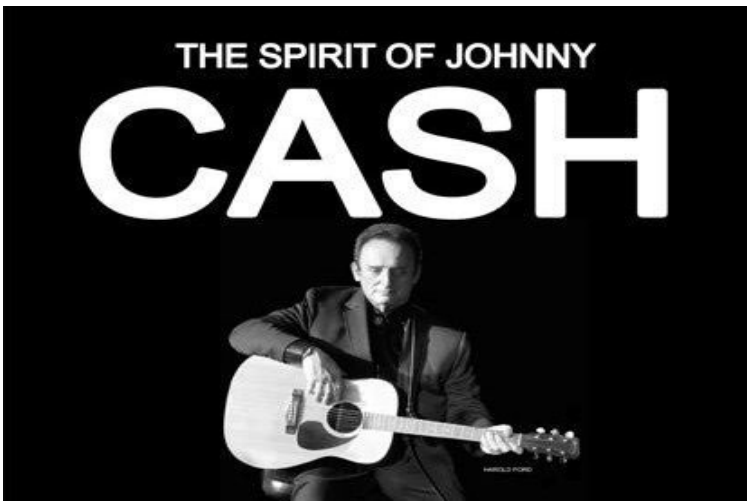
Call: 603-356-4980 or Visit Us Online
<http://www.mwvaduldaycenter.org/>



Senior care services brought to you by Memorial Hospital. The Mount Washington Valley Adult Day Center is a 14,000 square foot facility that provides senior care services in a comfortable, home-like setting.

PHOTOS FROM OUR TRIP TO LIVING SHORES AQUARIUM





THE SPIRIT OF JOHNNY CASH
MARCH 13TH

Rochester Opera House

Price: \$46



WINTER WALKS
AFTER LUNCH

Bring snow shoes or micro spikes & poles.

March 10, Believe in Books (charge for trails).

March 24, Pondicherry

March 31, Fryeburg Rec Path

There will be an envelop for donations
for the bus.



SEASIDE PAVILION CONCERTS

Look for Seaside Pavilion concerts on
our web page, after mid March.

For more details please visit

www.gibsoncenter.org/calendar

GIBSON CENTER AUCTION

SUNDAY MAY 3RD

Homespun Entertainment

Rebecca Rule

SAVE THE DATE



UPCOMING MARCH EVENTS

Go Green in March & April: We will have raffles on Fridays (unless there is an auction that week). On Saint Patrick's Day an Irish sing-along & tea at Silver Lake Landing. Auctions: Pi Day, March 13, Dessert Auction April 8th. BINGO Games : please bring an item for our food pantry, protein, dried milk, canned fruit, or vegetables, or soup. If you plan to bake, please let Jill know.

AARP Tax Help: Call 211, sign up for North Conway by using 03860 zip.

Rec Path BINGO: After lunch on the 3rd. A fun way to learn about the path

Veteran's Coffee: 10 a.m. at the Gibson Center. Wednesday, the 4th Veteran's Yoga, wear comfortable clothes if you want to participate. Information will be shared for those who want to watch. Wednesday the 18th. Service Link has a program for Veterans, learn more!

Winter Walks: After lunch bring snow shoes or micro spikes & poles. Believe in Books Tuesday the 10th (charge for trails), Pondicherry 24th, Fryeburg Rec, 31st BIBF. There will be an envelop for donations for the bus.

BINGO: After lunch at Gibson on the 5th. Please bring an item for our food pantry.

Pie Day Auction: Friday, Mar 13th. Bring a pie, bid on a pie!

Saint Patrick's Lunches: Chef Mark will prepare a special meal, that will be served on two days, Monday and Tuesday, the 16th, and 17th. Sponsored by Shawn and Linda Bergeron. Happy Saint Patrick's Day! Wear Green! For those who want to sing Irish music, head to Silver Lake Landing for lunch and a sing-along, Jill will offer transportation.

BINGO at the Red Parka Pub Tues Mar 17th. All BINGO proceeds to Gibson Center MOW, and a percentage of some beers too. Go early to eat, Play from 6-8, still time to party with the Irish!

AARP Safe Driving: Friday Mar 20th 9AM - 4PM. Class prices are increasing in the Spring, so sign up today (going from \$20 to \$25) Some insurance companies offer discounts to people who have taken this 6 hour class.

Spring Session Strength, Balance & Stretch: April 7-June 26

Coming in April: Granny D a one Lady Show, after lunch April 8th

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VETERANS COFFEE

First & Third

Wednesday 10AM

Meet fellow veterans,
learn about available services
Snacks!

CARE FOR THE CAREGIVER

Meet on Thursdays
12:30PM - 2:00PM

Meet with other caregivers
Learn tips to care for you!
Programs available with
FunDay, 10:30AM

SILVER LAKE LANDING APARTMENTS ARE YOU ON THE LIST?

While there are currently no vacancies, we are happy to accept your name on our waitlist for our beautiful apartments on the shore of Silver Lake in Madison.

Please call Ken at the Gibson Center, 356-3231, ext. 112 for an application

BEASLEY & FERBER, P.A.

Estate Planning and Elder Law Wills, Trusts and Probate Avoidance

Estate Administration and Guardianship
Saving Assets from Nursing Home Stays

CALL FOR A SCHEDULE OF FUTURE ESTATE PLANNING SEMINARS AT THE GIBSON CENTER

Please call for information about future presentations **1-800-370-5010**.

GENESIS HEALTHCARE MINERAL SPRINGS



**Short Stay Skilled Rehabilitation
Long Term Nursing Home Care
Assisted Living / Respite Care**

**1251 White Mtn. Hwy
North Conway, NH 03860
Call 603-356-7294**

Remember Gibson Center in YOUR WILL

ONLINE DONATIONS:

You can help our cause by donating at www.gibsoncenter.org and click on **Donate Now** button

**JOIN US FOR LUNCH MONDAY -
FRIDAY 11:30 AM TO 12:15 PM**

ONGOING WEEKLY PROGRAMS

Monday:

10:30 TJQ Silver Lake Landing
10:30 Chair Exercise
12:30 FunDay Afternoon
3:30 Tai Ji Quan Better Balance

Tuesday:

10:00 Strength, Balance, & Stretch
12:00 Silver Lake Lunch
12:30 Knitting Club at SLL

Wednesday:

10:00 Veterans Coffee (1st & 3rd weeks)
10:00 Quilt Club (2nd & 4th weeks)
10:30 - 1:30 Wii
Service Link, make appointment
12:30 Game Day

Thursday:

9:00 Belly Dancing
10:30 Chair Exercise
11:30 TJQ Silver Lake Landing
12:30 FunDay
12:30 BINGO (first Thurs.)
12:30 Caregiver Peer Support
3:30 Tai Ji Quan Better Balance

Friday:

10:00 Strength, Balance, & Stretch
12:30 Friday Painters (Oct - May)

PROGRAM VOLUNTEERS

Wii, & Game Day set up: **George LeBlanc**
Book Cart: **Barbara Rines**
Veteran Group: **Karen Umberger, Al Zaino, Karl Pfeil**
AARP Tax Volunteers: **Arthur, Bee, Tracy**
Caregiver Peer Support: **Dom, Jim & Charles**
Service Link: **Karen Santuccio**
M & D Production: **Theatre tickets**
Sing-A-Long & BINGO: **Dick & Alice Vierus**
1:1 Computer: **Quentin**

PINE TREE K CLUB SNOWMEN DECORATIONS



KUDOS - Donations

Shaw's, Wanda Wirling
NH Food Bank
Catholic Charities of NH
Wal-Mart: Bob King & Phil Spinney
Old Village Bakery
Arthur Micallef: 2 computers

Vaughn Community Services: Food Pantry & Jennifer Kim & Neysa Packard: The Farmstand in Chocorua
Al Zaino: Fix tables, food pantry & desserts
Pine Tree K Club: Snowmen & Valentine's table decorations



WINTER SESSION OF STRENGTH, BALANCE, & STRETCH

At the Gibson Center
January 7-April 3rd,
Tuesday and Friday mornings at 10.

This class is geared for people who want to stay as strong and flexible as possible.

\$75 pays for all 24 sessions, or you can purchase a punch card, 8 classes for \$36



HomeShare MWV- Gibson is a service provided by the Gibson Center for Senior Services that helps to facilitates matches between people who own a home and people who need a home.

We help you by removing the worries of privacy, compatibility and safety.

Learn more about Homeshare at
<https://www.homesharemwv.org>

GIBSON CENTER DAY TRIPS

Please sign up for all programs: 603-356-3231.

The Spirit of Johnny Cash: March 13, \$46

Russian National Ballet, Sleeping Beauty: March 18, \$62

Sight & Sound Theater Film of their production. "Jesus": just in time for Easter, April 7, \$36

Woodman Museum, Fat Dog Kitchen: Wed. Apr. 29 \$26

Chicago: The musical, only 10 seats, Thursday, May 14, \$90

Lupine, Polly's, Harmon's: Wed 6/10 or Thurs 6/16 \$20

POP's concert, music of John Williams: Sun, June 14th \$60. Dinner on your own at Seba-go Brewery

PMA: the Myth Makers; Homer and Remington: Wed, July 8th \$35, bring a lunch or eat on own.

Shaken NOT Stirred: a tribute to music of 007 movies: Fri, July 17th. 4-11 PM \$47 dinner on your own

Look for Seaside Pavilion concerts on our web page, after mid March.

www.gibsoncenter.org/calendar

UPCOMING OVERNIGHT PROGRAMS

Please sign up for all programs: 603-356-3231.

Bluegrass Country & the Smoky Mountains - Louisville, Gatlinburg & Asheville:

Oct 15-23, 2020. 9 Days ,12 Meals \$3299 ppdo Churchill Downs, Kentucky Derby Museum, Old Louisville Walking Tour, Choice on Tour, Buffalo Trace Bourbon Distillery, Lexington Horse Farms, Great Smoky Mountains National Park, Dolly Parton's Stampede & Dinner Show, Asheville, Biltmore Estate. Real ID or Passport needed

Bus Tour - Cape Cod, Martha's Vineyard, Rhododendron Garden: 400th Anniversary of May-Flower Landing May 4-8 2020. \$550. Still room on the bus

Bus Tour - Lancaster & Gettysburg: October 26-30. Sight & Sound Esther, Gettysburg; Amish tour, and Landis Valley. \$595

Cruise -Boston to Quebec: Sept 18-25, 2020, price based on cabin. Payment due now



North Country Fair
JEWELERS

2448 Main Street
North Conway, NH 03860
603.356.5819

info@northcountryfairjewelers.com

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Business Support Newsletter Listings

Abundant Blessings Homecare, Inc (603-473-2510, fax 603-522-9211) provides living assistance services for the aging in the comfort of your home. Services include: personal care, meal preparation, 24 hour care and more. Call to schedule a free home assessment. Visit us at www.abundantblessingshomecare.com.

Beasley & Ferber, P.A. (1-800-370-5010) David Ferber, estate planning including avoiding probate, protecting assets from nursing homes, avoiding state taxes, and elder law.

Chalmers Insurance (356-6926) Steve Cote, full line of personal and business insurance, including Long term care, life and annuities.

Coleman Alvin J. & Son (447-5936) 9 NH Route 113, Conway. General Contractor

First Allied Securities (356-9371) 3277 White Mt. Hwy. Investments including Stocks, Bonds, Annuities, Retirement, College Planning

Gamwell, Caputo & Co., PLLC (447-3356 or fax 447-6563) Dave Caputo, certified public accountants providing tax, accounting, and financial statement services for businesses, individuals, trusts and estates.

H.R. Hoyt Construction Inc. (447-2612) Conway, NH. Poured Concrete

Maureen Cason Hanlon, LICSW (356-6400) 3277 White Mountain Highway, North Conway- Counseling services for adults and elders.

Memorial Hospital (356-5461) The community hospital of Mt. Washington Valley. Your partner in good health.

North Country Fair Jewelers (356-5819) Brian Smith, Main St, N Conway. Diamonds, gold and silver jewelry, coins, pearls, watches, clocks and antiques. Repairs, appraisals, buy, sell and trade.

NorthEast Auto Body (356-5808) David Smith, 530 Eastman Road, North Conway, N.H.

Notchland Inn (374-6131) Harts Location, NH Romantic dining and lodging.

Peking Sunrise Restaurant & Lounge (356-6976) Lounge (356-3888) Jct. Routes 302 & 16 N Conway.

Settlers Green Outlet Village (356-7031) over 60 stores. Every Tuesday is Senior discount day at participating stores.

The Hearing Aid Shop (603-356-0172) Jessica Williams, Board Certified Hearing Instrument Specialist, Hearing Aid Sales, Fitting, Repairs, All Makes/Models. Two convenient locations in North Conway and Wolfeboro. Handicap Accessible. www.lifesoundsamazing.com

Timberland Home Care Inc. (603-356-2273) is a non-medical home care service provider to families in the Mt. Washington Valley and surrounding areas. As experienced home care providers we can provide short, long term & 24/7 multi-shift basis quality home care. Web site: timberlandhomecare.com; e-mail is: caregivers@timberlandhomecare.com

Varsity Beverage Conway (447-5445) Distributor of Pepsi Cola, Schweppes, Dole Juices, Lipton Tea, Gatorade, Aquafina Water, Mountain Dew, Mug Root Beer, Frappuccino, and Hawaiian Punch.

White Mountain Hotel (356-7100) Gary Sullivan Wonderful place to go for lunch or dinner.

White Mountain Oil and Propane (356-6386) The Saunders Family, oil and propane, major appliances.

Yankee Smokehouse Restaurant (539-7427) Joseph Ferriera, Jct. Route 16 & 25 in West Ossipee. Real open pit barbecue.

Please remember the Gibson Center in your Will