

GIBSON TIMES

The Gibson Center for Senior Services, North Conway, NH

www.GibsonCenter.org

info@gibsoncenter.org

603-356-3231



April 2020 Edition

TOUGH TIMES, TOUGH ACTION

Who would have thought? This kind of thing happens in other places; not to US. It's happened, and we are here. Though the Gibson Center building is closed indefinitely, we are still at it. We are committed to continuing Meals on Wheels to everyone who needs it. We are committed to providing take-out meals through the Dining Room door to those who come by during our Monday to Friday lunchtime of 11:30 to 12:15. We are committed to providing transportation to medical appointments.

For as long as need be, we are splitting our staff into shifts. Half of us will come to the Center, the other half will work from home. This is for everyone's safety. If someone on one shift becomes ill, we will still be able to operate.

We are communicating, cooperating, coordinating and commiserating with all the health care facilities, food service providers, senior centers and state agencies. Changes come hourly and will continue to do so until we are through this.

The Gibson Center is an "essential service" as defined by the State of New Hampshire. We do not take that lightly.

The support of our board, our volunteers and our community has been wonderful. It has been fantabulous. It has been magical. We are going to need it for some time to come.

If I lived for a hundred more years, I could never say enough about our staff. Everyone has gone above and beyond their "normal" duties. It is a privilege to work with these people.

If you want more information about what we're doing, please call us at 603-356-3231. Please talk with friends and neighbors and if you know someone who needs anything, have them get in touch with us. If we can't do it, we probably know someone who can.

Soon....

"I'll be seeing you in all the old familiar places..."

George Cleveland

Executive Director

Anj and Becky put out the welcome for our take out lunches



PHOTOS FROM OUR 40TH ANNIVERSARY ALUMNI RECOGNITION OF FORMER BOARD OF DIRECTORS



PHOTOS OF THE PIES FOR OUR PI (PIE) DAY AUCTION



NEW DINING ROOM TABLES

Former Gibson Board member Pete Levesque of Pete's Restaurant Equipment leans into it while dismantling our old dining room tables. Our new ones are in. The new chairs should be here sometime this summer. The new chairs and tables were purchased thanks to a generous gift from a friend of The Gibson Center.



Pete Levesque



DEACON STREET GIBSON CENTER FUNDRAISER

POSTPONED
WATCH FOR RESCHEDULING!



SEASIDE PAVILION CONCERTS

6/23 Deep Blue C;
6/30 Beach Party Boys;
7/7 Queens of Pure Country;
7/14 Let's Hang On;
8/4 Tapestry: Carol King Tribute

VETERANS COFFEE

First & Third
Wednesday 10AM
Meet fellow veterans,
learn about available services
Snacks!

CARE FOR THE CAREGIVER

Meet on Thursdays
12:30PM - 2:00PM

Meet with other caregivers
Learn tips to care for you!
Programs available with
FunDay, 10:30AM

GIBSON CENTER AUCTION

SUNDAY MAY 3RD

YES, THIS IS POSTPONED TOO!



L. A. DREW, INC.

GENERAL CONTRACTOR

UPCOMING APRIL EVENTS

Because of the daily changes to the status of the Corona Virus, and our attempts to help people stay healthy, our programs may not happen, if the Gibson building is still closed. You can check our web calendar at www.gibsoncenter.org/calendar or call us at, 603-356-3231.

AARP Tax Help There is an extension: Call 211, sign up for North Conway by using 03860 zip.

BINGO: After lunch at Gibson on the 2nd. Please bring an item for our food pantry. (or the first Thursday we meet in April)

Dessert Auction: Wednesday, the 8th. Bring a dessert, or Bid!

Spring Session Strength, Balance & Stretch: April 7-June 26

APRIL LUNCH MENU

Due to the COVID virus, we can't give you a specific menu for the month of April. There have been shortages and we won't know what will be available ahead of time. Meals on Wheels and takeout meals will continue, but for the moment, we can't give you a preview of coming attractions. We ask that you NOT call the office to inquire about what's for lunch. Like you, we are hoping we get through this safely and in good health as soon as possible. Thanks!!



Mount Washington Valley
Adult Day Center

Call: 603-356-4980 or Visit Us Online
<http://www.mwvaduldaycenter.org/>



Senior care services brought to you by Memorial Hospital. The Mount Washington Valley Adult Day Center is a 14,000 square foot facility that provides senior care services in a comfortable, home-like setting.

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603-356-2248

SILVER LAKE LANDING APARTMENTS ARE YOU ON THE LIST?

While there are currently no vacancies, we are happy to accept your name on our waitlist for our beautiful apartments on the shore of Silver Lake in Madison.

**Please call Ken at the Gibson Center,
356-3231, ext. 112 for an application**

GENESIS HEALTHCARE MINERAL SPRINGS



**Short Stay Skilled Rehabilitation
Long Term Nursing Home Care
Assisted Living / Respite Care**

**1251 White Mtn. Hwy
North Conway, NH 03860
Call 603-356-7294**

BEASLEY & FERBER

Estate Planning and Elder Law Wills,
Trusts and Probate Avoidance
Estate Administration and Guardianship
Saving Assets from Nursing Home Stays

CALL FOR A SCHEDULE OF FUTURE ESTATE PLANNING SEMINARS AT THE GIBSON CENTER

Please call for information about future presentations **1-800-370-5010**.

Remember Gibson Center in YOUR WILL

ONLINE DONATIONS:

You can help our cause by donating at www.gibsoncenter.org and click on **Donate Now button**

ONGOING WEEKLY PROGRAMS

Monday:

10:30 TJQ Silver Lake Landing
10:30 Chair Exercise
12:30 FunDay Afternoon
3:30 Tai Ji Quan Better Balance

Tuesday:

10:00 Strength, Balance, & Stretch
12:00 Silver Lake Lunch
12:30 Knitting Club at SLL

Wednesday:

10:00 Veterans Coffee (1st & 3rd weeks)
10:00 Quilt Club (2nd & 4th weeks)
10:30 - 1:30 Wii
Service Link, make appointment
12:30 Game Day

Thursday:

9:00 Belly Dancing
10:30 Chair Exercise
11:30 TJQ Silver Lake Landing
12:30 FunDay
12:30 BINGO (first Thurs.)
12:30 Caregiver Peer Support
3:30 Tai Ji Quan Better Balance

Friday:

10:00 Strength, Balance, & Stretch
12:30 Friday Painters (Oct - May)

**JOIN US FOR LUNCH MON - FRI
11:30 AM TO 12:15 PM**

PROGRAM VOLUNTEERS

Wii, & Game Day set up: **George LeBlanc**

Book Cart: **Barbara Rines**

Veteran Group: **Karen Umberger, Al Zaino,
Service Link, Carina**

AARP Tax Volunteers: **Arthur, Bee, Tracy**

Caregiver Peer Support: **Dom, Jim & Charles**

Service Link: **Karen Santuccio**

M & D Production: **Theatre tickets**

Sing-A-Long & BINGO: **Dick & Alice Vierus**

1:1 Computer: **Quentin**

Rec Path BINGO: **Sally Murcado**

Go Green Pies: **Paula, Al, Lynn, Barbara**

Go Green Raffles: **Ellen, Bev, Karen;**

Quilters, Friday Painters, Sarah,

SWIFT RIVER QUILT CLUB



KUDOS - Donations

The many people who have called us and offered help! This is such a wonderful community!

Vaughn Community Services: Food Pantry & Jennifer

Kim & Neysa Packard: The Farmstand in Chocorua

Al Zaino: Fix tables, food pantry & desserts

Red Parka Pub: for offering to do the BINGO night

Restaurants that remembered Gibson: Batter Up, Mae Kelly's, Delaney's, Chef's Bistro,

Zips Pub, Stairway Café

Shaw's, Wanda Wirling

NH Food Bank

Catholic Charities of NH

Wal-Mart: Bob King & Phil Spinney

Old Village Bakery

MWV Quilt Club

The New Hampshire Mushroom Company



HomeShare MWV- Gibson is a service provided by the Gibson Center for Senior Services that helps to facilitate matches between people who own a home and people who need a home.

We help you by removing the worries of privacy, compatibility and safety.

Learn more about HomeShare at
<https://www.homesharemwv.org>

GIBSON CENTER DAY TRIPS

Please sign up for all programs: 603-356-3231.

Chicago: The musical, only 10 seats, Thursday, May 14, \$90

Lupine, Polly's, Harmon's: Wed 6/10 or Thurs 6/16 \$20

POP's concert, music of John Williams: Sun, June 14th \$60. Dinner on your own at Seba-go Brewery

PMA: the Myth Makers; Homer and Remington: Wed, July 8th \$35, bring a lunch or eat on own.

Shaken NOT Stirred: a tribute to music of 007 movies: Fri, July 17th. 4-11 PM \$47 dinner on your own

Seaside Pavilion 6/23 Deep Blue C; 6/30 Beach Party Boys; 7/7 Queens of Pure Country; 7/14 Let's Hang On; 8/4 Tapestry: Carol King Tribute

UPCOMING OVERNIGHT PROGRAMS

Please sign up for all programs: 603-356-3231.

Bluegrass Country & the Smoky Mountains - Louisville, Gatlinburg & Asheville:

Oct 15-23, 2020. 9 Days ,12 Meals \$3299 ppdo Churchill Downs, Kentucky Derby Museum, Old Louisville Walking Tour, Choice on Tour, Buffalo Trace Bourbon Distillery, Lexington Horse Farms, Great Smoky Mountains National Park, Dolly Parton's Stampede & Dinner Show, Asheville, Biltmore Estate. Real ID or Passport needed

Imperial Russia: April 8-16, 2021, 9 days, 11 meals, \$4199ppdo. Moscow: The Kremlin and Armory Museum, Red Square, St Basil's Cathedral, High Speed train to St. Petersburg, Hermitage Museum, Catherine Palace, Church of Savior of Spilled Blood, epicurean tours.

Painted Canyons of the West: September 19-27 2021, 9 days, 11 meals, \$3899ppdo Colorado National Monument, Moab, Arches National Park, Canyonlands National Park, Dead Horse Point State Park,, Capitol Reef National Park, Grand Staircase-Escalante National Monument, Bryce Canyon National Park, Zion National Park, Las Vegas

Bus Tour - Lancaster & Gettysburg: October 26-30. Sight & Sound Esther, Gettysburg; Amish tour, and Landis Valley. \$595



2448 Main Street

North Conway, NH 03860

603.356.5819

info@northcountryfairjewelers.com

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Business Support Newsletter Listings

Abundant Blessings Homecare, Inc (603-473-2510, fax 603-522-9211) provides living assistance services for the aging in the comfort of your home. Services include: personal care, meal preparation, 24 hour care and more. Call to schedule a free home assessment. Visit us at www.abundantblessingshomecare.com.

Beasley & Ferber, P.A. (1-800-370-5010) David Ferber, estate planning including avoiding probate, protecting assets from nursing homes, avoiding state taxes, and elder law.

Chalmers Insurance (356-6926) Steve Cote, full line of personal and business insurance, including Long term care, life and annuities.

Coleman Alvin J. & Son (447-5936) 9 NH Route 113, Conway. General Contractor

First Allied Securities (356-9371) 3277 White Mt. Hwy. Investments including Stocks, Bonds, Annuities, Retirement, College Planning

Gamwell, Caputo & Co., PLLC (447-3356 or fax 447-6563) Dave Caputo, certified public accountants providing tax, accounting, and financial statement services for businesses, individuals, trusts and estates.

H.R. Hoyt Construction Inc. (447-2612) Conway, NH. Poured Concrete

Maureen Cason Hanlon, LICSW (356-6400) 3277 White Mountain Highway, North Conway- Counseling services for adults and elders.

Memorial Hospital (356-5461) The community hospital of Mt. Washington Valley. Your partner in good health.

North Country Fair Jewelers (356-5819) Brian Smith, Main St, N Conway. Diamonds, gold and silver jewelry, coins, pearls, watches, clocks and antiques. Repairs, appraisals, buy, sell and trade.

NorthEast Auto Body (356-5808) David Smith, 530 Eastman Road, North Conway, N.H.

Notchland Inn (374-6131) Harts Location, NH Romantic dining and lodging.

Peking Sunrise Restaurant & Lounge (356-6976) Lounge (356-3888) Jct. Routes 302 & 16 N Conway.

Settlers Green Outlet Village (356-7031) over 60 stores. Every Tuesday is Senior discount day at participating stores.

The Hearing Aid Shop (603-356-0172) Jessica Williams, Board Certified Hearing Instrument Specialist, Hearing Aid Sales, Fitting, Repairs, All Makes/Models. Two convenient locations in North Conway and Wolfeboro. Handicap Accessible. www.lifesoundsamazing.com

Timberland Home Care Inc. (603-356-2273) is a non-medical home care service provider to families in the Mt. Washington Valley and surrounding areas. As experienced home care providers we can provide short, long term & 24/7 multi-shift basis quality home care. Web site: timberlandhomecare.com; e-mail is: caregivers@timberlandhomecare.com

Varsity Beverage Conway (447-5445) Distributor of Pepsi Cola, Schweppes, Dole Juices, Lipton Tea, Gatorade, Aquafina Water, Mountain Dew, Mug Root Beer, Frappuccino, and Hawaiian Punch.

White Mountain Hotel (356-7100) Gary Sullivan Wonderful place to go for lunch or dinner.

White Mountain Oil and Propane (356-6386) The Saunders Family, oil and propane, major appliances.

Yankee Smokehouse Restaurant (539-7427) Joseph Ferriera, Jct. Route 16 & 25 in West Ossipee. Real open pit barbecue.

Please remember the Gibson Center in your Will