

GIBSON TIMES

The Gibson Center for Senior Services, North Conway, NH

www.GibsonCenter.org

info@gibsoncenter.org

603-356-3231



May 2020 Edition

GREETINGS FROM GIBSON CENTER

We want you all to know that we are continuing our Response Mode. Each weekday we are preparing meals for our Meals on Wheels recipients and folks that stop by for a take-out lunch.

If you are self-isolating or quarantined, you may be eligible for Meals on Wheels! Please give us a call at 603-356-3231 and we'll be happy to set you up. Our volunteer drivers are here every weekday and will see to it that you get a home cooked meal.

If you'd like a meal to go, just come by The Gibson Center between 11:30 & 12:15 Monday through Friday and come in the dining room off the parking lot. There is no charge, but donations are hugely appreciated. If you are under 60, we ask for \$3 per meal.

If you need transportation to a medical appointment, we can help you with that. Call 603-356-3231 with at least 24 hours' notice.

We've been getting questions about reopening. The answer is simple. We will be following guidelines that are given to us by the NH Department of Health and Human Services. At this moment, there are no guidelines, so we will be continuing as we are for the time being. Watch this space!

The Thrift Shop remains closed and we can NOT accept donations.

We hope you all are doing well and taking appropriate precautions for yourselves, even if it appears others are not.

And a HUGE thank you to our volunteer Meals on Wheels drivers!!! You are the BEST!

George Cleveland
Executive Director

PROGRAMS, EVENTS & TRIPS UPDATE

All programs, events, and trips subject to change, secondary to COVID-19 and current self isolation protocol.

Check the calendar daily for changes, especially when we open, special events will be added!

Some events, like BINGO, Veteran's Coffee, and the Caregiver Support Group will either meet live, or use ZOOM. Call Jill to talk about signing in to ZOOM. (You will need a computer with a camera, or a phone or tablet with a camera)

If we can't meet live we will also start some ZOOM exercise programs.

For the most up to date information, check our webpage for the list of programs and proposed daily menu. <https://www.gibsoncenter.org/calendar/>

2020 GIBSON CENTER CRAFTS AND ARTISAN FESTIVALS

Memorial Day Fair Cancelled

July 4th & 5th

September 5th & 6th

October 10th & 11th

SHOW HOURS:

Sat & Sun 10 AM - 5 PM

New England Crafters at their best!
We have fine jewelry, photography, art, pottery, gourmet specialty foods, stained glass, doll clothes, kettle corn, clothing, quilts, pillows, woodcrafts, Adirondack chairs, wood signs and furniture.

Benefits the Gibson Center for Senior Services, Meals on Wheels Program.



Chef's Bistro: Gibson Center Benefit Diner

Wednesday, June 17th, 4-9PM

Stay tuned for more information



THE LONGEST DAY: FUNDRAISER FOR THE ALZHEIMER'S ASSOCIATION

Thursday June 18th.

We will have a sing-a-long/Karaoke.



SEASIDE PAVILION CONCERTS

6/23 Deep Blue C;
6/30 Beach Party Boys;
7/7 Queens of Pure Country;
7/14 Let's Hang On;
8/4 Tapestry: Carol King Tribute

VETERANS COFFEE

Wednesday, 6th
Thru Zoom

Wednesday, 20th
Service Link for Veterans

CARE FOR THE CAREGIVER

Meet on Thursdays
12:30PM - 2:00PM

Meet with other caregivers
Learn tips to care for you!
Programs available with
FunDay, 10:30AM

COLLETTE TOURS:

Presents

The Next Gibson Center Trips
Tuesday, June 9th at 12:30PM



UPCOMING MAY EVENTS

Because of the daily changes to the status of the Corona Virus, and our attempts to help people stay healthy, our programs may not happen, if we are still in self quarantine . You can check our web calendar at www.gibsoncenter.org/calendar or call us at, 603-356-3231.

AARP Tax Help There is an extension: Call 211, sign up for North Conway by using 03860 zip.

Veteran's Coffee: 10 a.m. at the Gibson Center.
Wednesday, 6th thru Zoom
Wednesday, 20th Service Link for Veterans

BINGO: after lunch at Gibson on the 7th. (thru Zoom at 1PM)

Mother's Day Luncheon: Friday the 8th. Chef Mark will create a special meal for the ladies.

Memorial Day Luncheon: Friday the 22nd chef Mark will hold an "Indoor Picnic", featuring picnic food served in our dining room. There will be a presentation for the "Empty Seat".

Gibson Center closed on Monday 25th

Spring Session Strength, Balance, & Stretch: Through June 26
For those of you who paid for the Winter session, you are paid through the end of the year. For those of you who use punch cards, keep presenting them for classes. We'll call when we resume.



Mount Washington Valley
Adult Day Center

Call: 603-356-4980 or Visit Us Online
<http://www.mwvaduldaycenter.org/>



Senior care services brought to you by Memorial Hospital. The Mount Washington Valley Adult Day Center is a 14,000 square foot facility that provides senior care services in a comfortable, home-like setting.

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SILVER LAKE LANDING APARTMENTS ARE YOU ON THE LIST?

While there are currently no vacancies, we are happy to accept your name on our waitlist for our beautiful apartments on the shore of Silver Lake in Madison.

**Please call Ken at the Gibson Center,
356-3231, ext. 112 for an application**

GENESIS HEALTHCARE MINERAL SPRINGS



**Short Stay Skilled Rehabilitation
Long Term Nursing Home Care
Assisted Living / Respite Care**

**1251 White Mtn. Hwy
North Conway, NH 03860
Call 603-356-7294**

BEASLEY & FERBER

Estate Planning and Elder Law Wills,
Trusts and Probate Avoidance
Estate Administration and Guardianship
Saving Assets from Nursing Home Stays

CALL FOR A SCHEDULE OF FUTURE ESTATE PLANNING SEMINARS AT THE GIBSON CENTER

Please call for information about future presentations **1-800-370-5010**.

Remember Gibson Center in YOUR WILL

ONLINE DONATIONS:

You can help our cause by donating at www.gibsoncenter.org and click on **Donate Now button**

ONGOING WEEKLY PROGRAMS

Monday:

10:30 TJQ Silver Lake Landing
10:30 Chair Exercise
12:30 FunDay Afternoon
3:30 Tai Ji Quan Better Balance

Tuesday:

10:00 Strength, Balance, & Stretch
12:00 Silver Lake Lunch
12:30 Knitting Club at SLL

Wednesday:

10:00 Veterans Coffee (1st & 3rd weeks)
10:00 Quilt Club (2nd & 4th weeks)
10:30 - 1:30 Wii
Service Link, make appointment
12:30 Game Day

Thursday:

9:00 Belly Dancing
10:30 Chair Exercise
11:30 TJQ Silver Lake Landing
12:30 FunDay
12:30 BINGO (first Thurs.)
12:30 Caregiver Peer Support
3:30 Tai Ji Quan Better Balance

Friday:

10:00 Strength, Balance, & Stretch
12:30 Friday Painters (Oct - May)

**JOIN US FOR LUNCH MON - FRI
11:30 AM TO 12:15 PM**

MAY LUNCH MENU

Due to the COVID virus, we can't give you a specific menu for the month of May. There have been shortages and we won't know what will be available ahead of time. Meals on Wheels and takeout meals will continue, but for the moment, we can't give you a preview of coming attractions. We ask that you NOT call the office to inquire about what's for lunch. Like you, we are hoping we get through this safely and in good health as soon as possible. Thanks!!

When we can, we will post 2-3 days of upcoming lunch menus on the Gibson Center Facebook page

KUDOS - Donations

**The many people who have called us and offered help!
This is such a wonderful community!**

Vaughn Community Services: Food Pantry & Jennifer

Kim & Neysa Packard: The Farmstand in Chocorua

Al Zaino: Food pantry & desserts

Shaw's, Wanda Wirling

NH Food Bank

Catholic Charities of NH

Wal-Mart: Bob King & Phil Spinney

Old Village Bakery

MWV Quilt Club

The New Hampshire Mushroom Company

Restaurants that remembered Gibson:

Mae Kelly's, Delaney's Hole In The Wall, Chef's Bistro, Cranmore, Valley Originals

Mask Angels:

Swift River Quilters

Betty R

Karen G

Nancy M

Michelle O

Lynn G



HomeShare MWV- Gibson is a service provided by the Gibson Center for Senior Services that helps to facilitate matches between people who own a home and people who need a home.

We help you by removing the worries of privacy, compatibility and safety.

Learn more about HomeShare at
<https://www.homesharemwv.org>

GIBSON CENTER DAY TRIPS

Please sign up for all programs: 603-356-3231.

Lupine, Polly's, Harmon's: Wed 6/10 or Thurs 6/16 \$20

POP's concert, music of John Williams: Sun, June 14th \$60. Dinner on your own at Seba-go Brewery

PMA: the Myth Makers; Homer and Remington: Wed, July 8th \$35, bring a lunch or eat on own.

Shaken NOT Stirred: a tribute to music of 007 movies: Fri, July 17th. 4-11 PM \$47 dinner on your own

Seaside Pavilion 6/23 Deep Blue C; 6/30 Beach Party Boys; 7/7 Queens of Pure Country; 7/14 Let's Hang On; 8/4 Tapestry: Carol King Tribute

The Barnstormers: let Jill know, a comedy or Agatha Christie?

UPCOMING OVERNIGHT PROGRAMS

Please sign up for all programs: 603-356-3231.

Bluegrass Country & the Smoky Mountains - Louisville, Gatlinburg & Asheville:

Oct 15-23, 2020. 9 Days ,12 Meals \$3299 ppdo Churchill Downs, Kentucky Derby Museum, Old Louisville Walking Tour, Choice on Tour, Buffalo Trace Bourbon Distillery, Lexington Horse Farms, Great Smoky Mountains National Park, Dolly Parton's Stampede & Dinner Show, Asheville, Biltmore Estate. Real ID or Passport needed

Imperial Russia: April 8-16, 2021, 9 days, 11 meals, \$4199ppdo. Moscow: The Kremlin and Armory Museum, Red Square, St Basil's Cathedral, High Speed train to St. Petersburg, Hermitage Museum, Catherine Palace, Church of Savior of Spilled Blood, epicurean tours.

Painted Canyons of the West: September 19-27 2021, 9 days, 11 meals, \$3899ppdo Colorado National Monument, Moab, Arches National Park, Canyonlands National Park, Dead Horse Point State Park,, Capitol Reef National Park, Grand Staircase-Escalante National Monument, Bryce Canyon National Park, Zion National Park, Las Vegas

Bus Tour - Lancaster & Gettysburg: October 26-30. Sight & Sound Esther, Gettysburg; Amish tour, and Landis Valley. \$595



2448 Main Street
North Conway, NH 03860
603.356.5819

info@northcountryfairjewelers.com

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Business Support Newsletter Listings

Abundant Blessings Homecare, Inc (603-473-2510, fax 603-522-9211) provides living assistance services for the aging in the comfort of your home. Services include: personal care, meal preparation, 24 hour care and more. Call to schedule a free home assessment. Visit us at www.abundantblessingshomecare.com.

Beasley & Ferber, P.A. (1-800-370-5010) David Ferber, estate planning including avoiding probate, protecting assets from nursing homes, avoiding state taxes, and elder law.

Chalmers Insurance (356-6926) Steve Cote, full line of personal and business insurance, including Long term care, life and annuities.

Coleman Alvin J. & Son (447-5936) 9 NH Route 113, Conway. General Contractor

First Allied Securities (356-9371) 3277 White Mt. Hwy. Investments including Stocks, Bonds, Annuities, Retirement, College Planning

Gamwell, Caputo & Co., PLLC (447-3356 or fax 447-6563) Dave Caputo, certified public accountants providing tax, accounting, and financial statement services for businesses, individuals, trusts and estates.

H.R. Hoyt Construction Inc. (447-2612) Conway, NH. Poured Concrete

Maureen Cason Hanlon, LICSW (356-6400) 3277 White Mountain Highway, North Conway- Counseling services for adults and elders.

Memorial Hospital (356-5461) The community hospital of Mt. Washington Valley. Your partner in good health.

North Country Fair Jewelers (356-5819) Brian Smith, Main St, N Conway. Diamonds, gold and silver jewelry, coins, pearls, watches, clocks and antiques. Repairs, appraisals, buy, sell and trade.

NorthEast Auto Body (356-5808) David Smith, 530 Eastman Road, North Conway, N.H.

Notchland Inn (374-6131) Harts Location, NH Romantic dining and lodging.

Peking Sunrise Restaurant & Lounge (356-6976) Lounge (356-3888) Jct. Routes 302 & 16 N Conway.

Settlers Green Outlet Village (356-7031) over 60 stores. Every Tuesday is Senior discount day at participating stores.

The Hearing Aid Shop (603-356-0172) Jessica Williams, Board Certified Hearing Instrument Specialist, Hearing Aid Sales, Fitting, Repairs, All Makes/Models. Two convenient locations in North Conway and Wolfeboro. Handicap Accessible. www.lifesoundsamazing.com

Timberland Home Care Inc. (603-356-2273) is a non-medical home care service provider to families in the Mt. Washington Valley and surrounding areas. As experienced home care providers we can provide short, long term & 24/7 multi-shift basis quality home care. Web site: timberlandhomecare.com; e-mail is: caregivers@timberlandhomecare.com

Varsity Beverage Conway (447-5445) Distributor of Pepsi Cola, Schweppes, Dole Juices, Lipton Tea, Gatorade, Aquafina Water, Mountain Dew, Mug Root Beer, Frappuccino, and Hawaiian Punch.

White Mountain Hotel (356-7100) Gary Sullivan Wonderful place to go for lunch or dinner.

White Mountain Oil and Propane (356-6386) The Saunders Family, oil and propane, major appliances.

Yankee Smokehouse Restaurant (539-7427) Joseph Ferriera, Jct. Route 16 & 25 in West Ossipee. Real open pit barbecue.

Please remember the Gibson Center in your Will