

GIBSON TIMES

The Gibson Center for Senior Services, North Conway, NH

www.GibsonCenter.org

info@gibsoncenter.org

603-356-3231



August 2020 Edition

AN UPDATE...SORT OF...

The question is still out there: WHEN will The Gibson Center “officially” reopen? And the answer remains, we don't know. We are working with the state on a number of issues with guidelines for senior centers and there is a lot that is unresolved. There are more meetings ahead.

BUT...remember we are still doing Meals on Wheels every single weekday. There are some centers in the state that are only doing deliveries a couple of times a week. And we're still providing grab and go meals from the dining room Monday through Friday from 11:30 to 12:15. You'll see we now have the monthly menu available, so you can plan ahead, but changes are always possible.

We're extremely happy to have the Thrift Shop open! This took a lot of work by a lot of people. We are currently open Monday through Friday from 10 to 2. If you have items to donate, please do that between 8 and 10:00 AM. As always, we can't take furniture, children's items, electronics and things that are in really bad shape.

We hold donations for at least 48 hours before putting them out. If you have questions, call Karen James at 603-356-3231.

A TREMENDOUS thank you to all our volunteers who are delivering meals and working in the Thrift Shop!

If you need anything, whatever it may be, please don't hesitate to get in touch with us. We are here to help and if we can't help directly, the chances are pretty good we can get you to the right place.

Happy August!

George Cleveland



FLATBREAD COMPANY
GIBSON FUNDRAISER
TOOK PLACE ON JULY 16TH.

This was such a wonderful event
and thank you Flatbread

SPECIAL THANKS TO OUR RADIO STATIONS FOR SUPPORTING US



OUR NEWEST LUNCH PICK UP RECIPIENT



GRAB AND GO MEALS

We're still providing grab and go meals from the dining room
Monday through Friday from 11:30 to 12:15

PROGRAMS, EVENTS & TRIPS UPDATE

All programs, events, and trips subject to change, secondary to COVID-19 and current self isolation protocol.

Check the calendar daily for changes, especially when we open, special events will be added!

Some events, like BINGO, Veteran's Coffee, and the Caregiver Support Group will either meet live, or use ZOOM. Call Jill to talk about signing in to ZOOM. (You will need a computer with a camera, or a phone or tablet with a camera)

If we can't meet live we will also start some ZOOM exercise programs.

For the most up to date information, check our webpage for the list of programs and proposed daily menu. <https://www.gibsoncenter.org/calendar/>

2020 GIBSON CENTER CRAFTS AND ARTISAN FESTIVALS

September 5th & 6th
October 10th & 11th

SHOW HOURS:
Sat & Sun 10 AM - 5 PM

New England Crafters at their best!
We have fine jewelry, photography, art, pottery, gourmet specialty foods, stained glass, doll clothes, kettle korn, clothing, quilts, pillows, woodcrafts, Adirondack chairs, wood signs and furniture.



Benefits the Gibson Center for Senior Services, Meals on Wheels Program.

VETERANS COFFEE

10 a.m. at the Gibson Center.
Wednesday, 5th and 19th



L. A. DREW, INC.
GENERAL CONTRACTOR

UPCOMING AUGUST EVENTS

Because of the daily changes to the status of the Corona Virus, and our attempts to help people stay healthy, our programs may not happen, if we are still in self quarantine . You can check our web calendar at www.gibsoncenter.org/calendar or call us at, 603-356-3231.

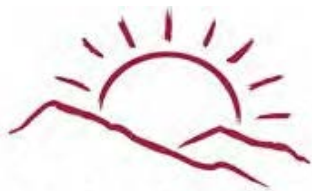
Veteran's Coffee: 10 a.m. at the Gibson Center.

Wednesday, 5th and 19th .

We would like to support our members who are care-givers. If any of you would like to talk to a Caregiver Facilitator, let Jill know, to link you up with the person. This is also an event that can be hosted by Zoom, you just need a telephone, although to see people a computer or device is also nice.

It is an election year, and we will host a ZOOM candidate forum for each party before the primary election in September. Candidates for the Democrat Party have been invited for August 11th at 1p.m. Candidates for the Republican Party have been invited for August 18th at 1 p.m. *The town of Conway has absentee ballot applications on their web page <https://conwaynh.org/town-clerk-and-tax-collector/>*

*Whatever NH town you live in, please get in touch with **your Town Clerk as soon as possible if you're going to request a ballot for September 8!!***



Mount Washington Valley
Adult Day Center

Call: 603-356-4980 or Visit Us Online
<http://www.mwvaduldaycenter.org/>



Senior care services brought to you by Memorial Hospital. The Mount Washington Valley Adult Day Center is a 14,000 square foot facility that provides senior care services in a comfortable, home-like setting.

The right
bank makes
a real
difference

Click: northwaybank.com

Call: **800-442-6666**

Northway
BANK

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TIM DI PIETRO

Master Electrician
Free Estimates

NO JOB TOO SMALL

603-356-2248

SILVER LAKE LANDING APARTMENTS ARE YOU ON THE LIST?

While there are currently no vacancies, we are happy to accept your name on our waitlist for our beautiful apartments on the shore of Silver Lake in Madison.

Please call Ken at the Gibson Center, 356-3231, ext. 112 for an application

GENESIS HEALTHCARE MINERAL SPRINGS



Short Stay Skilled Rehabilitation
Long Term Nursing Home Care
Assisted Living / Respite Care

1251 White Mtn. Hwy
North Conway, NH 03860
Call 603-356-7294

BEASLEY & FERBER

Estate Planning and Elder Law Wills,
Trusts and Probate Avoidance
Estate Administration and Guardianship
Saving Assets from Nursing Home Stays

CALL FOR A SCHEDULE OF FUTURE ESTATE
PLANNING SEMINARS AT THE GIBSON CENTER
Please call for information about future
presentations 1-800-370-5010 .

Remember Gibson Center in
YOUR WILL

ONLINE DONATIONS:

You can help our cause by donating
at www.gibsoncenter.org and click
on Donate Now button

WEEKLY PROGRAMS (WHEN WE ARE OPEN)

Monday:

10:30 TJQ Silver Lake Landing
10:30 Chair Exercise
12:30 FunDay Afternoon
3:30 Tai Ji Quan Better Balance

Tuesday:

10:00 Strength, Balance, & Stretch
12:00 Silver Lake Lunch
12:30 Knitting Club at SLL

Wednesday:

10:00 Veterans Coffee (1st & 3rd weeks)
10:00 Quilt Club (2nd & 4th weeks)
10:30 - 1:30 Wii
Service Link, make appointment
12:30 Game Day

Thursday:

9:00 Belly Dancing
10:30 Chair Exercise
11:30 TJQ Silver Lake Landing
12:30 FunDay
12:30 BINGO (first Thurs.)
12:30 Caregiver Peer Support
3:30 Tai Ji Quan Better Balance

Friday:

10:00 Strength, Balance, & Stretch
12:30 Friday Painters (Oct - May)

JOIN US FOR LUNCH MON - FRI
11:30 AM TO 12:15 PM

KUDOS - Donations

The many people who have called us and offered help!
This is such a wonderful community!

Vaughn Community Services: Food Pantry & Jennifer

Kim & Neysa Packard: The Farmstand in Chocorua

Shaw's, Wanda Wirling

NH Food Bank

Catholic Charities of NH

Wal-Mart: Bob King & Phil Spinney

Old Village Bakery

The Hoyt family of Purity Springs Resort

New Hampshire Electric Co-op

Sherman Farms

Valley Originals/ Wally Campbell: take away lunch bags.

Flatbread Company

Local Radio Stations:

Easy 95.3 WBNC, 93.5 WMWV & 104.5 WVMJ - Magic.

Mask Angels:

Small Town Quilters, Betty R, Karen G, Nancy M, Michelle O, Lynn G, Jay R

Program Volunteers

Veteran's Zoom: Hostess Karen Umberger, Facilitator: Karl Pfeil

**DONATE TO THE GIBSON CENTER
FOR SENIOR SERVICES**

DONATE





GIBSON CENTER BENEFIT! TRAILS END ICE CREAM SHOP

Wednesday, Aug 5
Noon - 9:00 PM

Located across from
Intervale Scenic Overlook

ELECTION 2020

Whatever NH town you live in, please get in touch with your Town Clerk as soon as **possible if you're going to request** a ballot for September 8!!

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Remember Gibson Center in
YOUR WILL

ONLINE DONATIONS:

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CARE FOR THE CAREGIVER

Meet on Thursdays
12:30PM - 2:00PM

Meet with other caregivers
Learn tips to care for you!
Programs available with FunDay, 10:30AM



2448 Main Street
North Conway, NH 03860
603.356.5819

info@northcountryfairjewelers.com

"WE BUY ALL GOLD & SILVER"

Platinum, Diamonds, Coins & Jewelry
Free Estimates
North Country Fair Jewelers

FREE ESTIMATES
2448 Main St., No. Conway 603-356-5819

GIBSON CENTER DAY TRIPS

Please sign up for all programs: 603-356-3231.

At this point, we need to maintain social distancing, so bus trips will need to be limited to 4-6 people, who will all wear masks, and sit apart from each other.



PMA: THE MYTH MAKERS; HOMER AND REMINGTON:

The museum has rescheduled
this exhibit for Autumn.

Price: \$35

Bring a lunch or eat on own.



SEASIDE PAVILION CONCERTS

Many concerts are rescheduled for 2021



TWO LIGHTS STATE PARK AND LOBSTER SHACK (ON OWN):

Price \$20-30

(depending on number of people on bus)

August 26th

September 23rd

WRIGHT'S MUSEUM HAS AN EXHIBIT: THE VIETNAM WAR, THROUGH AP PHOTOS.

Price \$20-30

This will be a Veteran's trip, September 16th.
The trip will depend on the number of people
we are allowed to transport.



UPCOMING OVERNIGHT PROGRAMS

Please sign up for all programs: 603-356-3231.

There will be a Collette Slide Show in the Autumn. Until then, if you are interested in a trip, contact Jill or follow the links



Imperial Russia: April 8-16, 2021, 9 days, 11 meals, \$4199ppdo. Moscow: The Kremlin and Armory Museum, Red Square, St Basil's Cathedral, High Speed train to St. Petersburg, Hermitage Museum, Catherine Palace, Church of Savior of Spilled Blood, epicurean tours. <https://gateway.gocollette.com/link/1032917>



Painted Canyons of the West: September 19-27 2021, 9 days, 11 meals, \$3899ppdo Colorado National Monument, Moab, Arches National Park, Canyonlands National Park, Dead Horse Point State Park,, Capitol Reef National Park, Grand Staircase-Escalante National Monument, Bryce Canyon National Park, Zion National Park, Las Vegas. <https://gateway.gocollette.com/link/1032968>



Bus Tour - Lancaster & Gettysburg: October 26-30. Queen Esther at Sight and Sound Theatre, Gettysburg; Amish tour, and Landis Valley. \$595. The Sight and Sound Theater just opened for the season. They are following the CDC protocol for our health and safety. If you are interested in this trip, please sign up by August 20th. <http://www.grouptrips.com/gibsoncenter>



Bus Tour - Cape Cod, Martha's Vineyard, Rhododendron Festival: May 25-28, 2021 \$550 ppdo

<http://www.grouptrips.com/gibsoncenter>

Business Support Newsletter Listings

Abundant Blessings Homecare, Inc (603-473-2510, fax 603-522-9211) provides living assistance services for the aging in the comfort of your home. Services include: personal care, meal preparation, 24 hour care and more. Call to schedule a free home assessment. Visit us at www.abundantblessingshomecare.com.

Beasley & Ferber, P.A. (1-800-370-5010) David Ferber, estate planning including avoiding probate, protecting assets from nursing homes, avoiding state taxes, and elder law.

Chalmers Insurance (356-6926) Steve Cote, full line of personal and business insurance, including Long term care, life and annuities.

Coleman Alvin J. & Son (447-5936) 9 NH Route 113, Conway. General Contractor

First Allied Securities (356-9371) 3277 White Mt. Hwy. Investments including Stocks, Bonds, Annuities, Retirement, College Planning

Gamwell, Caputo & Co., PLLC (447-3356 or fax 447-6563) Dave Caputo, certified public accountants providing tax, accounting, and financial statement services for businesses, individuals, trusts and estates.

H.R. Hoyt Construction Inc. (447-2612) Conway, NH. Poured Concrete

Maureen Cason Hanlon, LICSW (356-6400) 3277 White Mountain Highway, North Conway- Counseling services for adults and elders.

Memorial Hospital (356-5461) The community hospital of Mt. Washington Valley. Your partner in good health.

North Country Fair Jewelers (356-5819) Brian Smith, Main St, N Conway. Diamonds, gold and silver jewelry, coins, pearls, watches, clocks and antiques. Repairs, appraisals, buy, sell and trade.

NorthEast Auto Body (356-5808) David Smith, 530 Eastman Road, North Conway, N.H.

Notchland Inn (374-6131) Harts Location, NH Romantic dining and lodging.

Peking Sunrise Restaurant & Lounge (356-6976) Lounge (356-3888) Jct. Routes 302 & 16 N Conway.

Settlers Green Outlet Village (356-7031) over 60 stores. Every Tuesday is Senior discount day at participating stores.

The Hearing Aid Shop (603-356-0172) Jessica Williams, Board Certified Hearing Instrument Specialist, Hearing Aid Sales, Fitting, Repairs, All Makes/Models. Two convenient locations in North Conway and Wolfeboro. Handicap Accessible. www.lifesoundsamazing.com

Timberland Home Care Inc. (603-356-2273) is a non-medical home care service provider to families in the Mt. Washington Valley and surrounding areas. As experienced home care providers we can provide short, long term & 24/7 multi-shift basis quality home care. Web site: timberlandhomecare.com; e-mail is: caregivers@timberlandhomecare.com

Varsity Beverage Conway (447-5445) Distributor of Pepsi Cola, Schweppes, Dole Juices, Lipton Tea, Gatorade, Aquafina Water, Mountain Dew, Mug Root Beer, Frappuccino, and Hawaiian Punch.

White Mountain Hotel (356-7100) Gary Sullivan Wonderful place to go for lunch or dinner.

White Mountain Oil and Propane (356-6386) The Saunders Family, oil and propane, major appliances.

Yankee Smokehouse Restaurant (539-7427) Joseph Ferriera, Jct. Route 16 & 25 in West Ossipee. Real open pit barbecue.

Please remember the Gibson Center in your Will