



October 2020 Edition

AND NOW...OCTOBER!!

Wow, we got to this month in a hurry. The run from Labor Day to Columbus Day always goes by like a shot.

The days will get chillier. We're going to be reconfiguring the waiting line for Grab and Go meals so you won't have to be waiting in freezing weather. Congregate dining will hopefully reopen sometime next year; no clue as to when. Again, I am in regular touch with our senior center peers across the state.

But here's some good news! During October, we are going to slowly bring back some programs in the Activity Room here at the Center. We all REALLY want to be able to get together and see one another. Masks and distancing will of course be required, and group sizes will be limited, but it's a start.

We are working out the final details of what's going to happen, but it WILL be October. We'll let you know in the Gleanings in the Conway Sun, on our Facebook page or if you've contacted Jill.

The Labor Day Craft Fair was a success and a lot of fun. Visitors and vendors were totally cooperative about wearing masks and distancing. The Columbus Day Fair is ON for Saturday and Sunday, October 10th and 11th. There will be more vendors, and masks will be required.

And a reminder, the Thrift Shop is open Monday through Friday from 10 until 2. Donations of usable goods are accepted on Wednesdays before noon. Huge thanks to all of you for supporting us in so many ways. There are still challenges

ahead and we are so grateful for your help!

George Cleveland Executive Director

COMPUTER GRANT FROM TUFTS MOMENTUM FUND TO SUPPORT SENIORS AND TECHNOLOGY



Thanks to the Tufts Momentum Fund, the Gibson Center was awarded a grant to support seniors and technology. We have been working with David Smolen, Director of the Conway Public Library and Gibson board member, as well as Sandy Ruka of the Visiting Nurse HomeCare and Hospice, to identify and create a comprehensive program. The goal of this program is to assist our seniors in using email, zoom, telehealth, and other vital programs to meet their needs of daily living.

With a generous donation of eight computers from The Community School in South Tamworth, we have been able to kickstart our initiative.

People wishing to sign up for one to one tutoring, please call the Gibson Center. Time and equipment will be on a first come first served basis.

If you have a working laptop or computer system and you are interested in donating or know of someone who could benefit from our new program, please contact Jill at the Gibson Center, 356-3231.

COMING SOON PROGRAM FOR GRANDPARENTS



A joint program with the North Conway Community Center, for Grandparents who care for their grandkids.

This will be a fun after school event where the "Grands" can bond over games, crafts, and projects. Check the calendar for a start date.

If you know of a Grandparent caregiver, please ask them to call 356-3231

<u>GRAB AND GO MEALS</u>

We're still providing grab and go meals from the dining room Monday through Friday from 11:30 to 12:15

VETERANS COFFEE

10 a.m. at the Gibson Center. Wednesday, 7th. Please wear a mask and enter through the Activity Room doors.

PROGRAMS, EVENTS & TRIPS UPDATE

All programs, events, and trips subject to change, secondary to COVID-19 and current self isolation protocol.

Check the calendar daily for changes, especially when we open, special events will be added!

For the most up to date information (including menu changes), check our webpage for the list of programs and proposed daily menu. <u>https://www.gibsoncenter.org/calendar/</u>

VIRTUAL PSO CONCERT AT THE GIBSON CENTER

October 22nd at 1:00 PM Tickets \$12 per person

Paul Stookey, of Peter, Paul, and Mary, will perform some of your favorites. Join Gibson members in a socially distanced concert on the Big Screen TV, with surround sound, sitting in comfortable chairs.

Space is limited, so please call today (356-3231) to sign up. Tickets are \$12 per person. The concert will be at 1PM on Thursday, October 22nd, in the Gibson Activity Room.





2020 GIBSON CENTER CRAFTS AND ARTISAN FESTIVALS

October 10th & 11th

SHOW HOURS: Sat & Sun 10 AM - 5 PM

New England Crafters at their best! We have fine jewelry, photography, art, pottery, stained glass, doll clothes, clothing, quilts, pillows, woodcrafts, Adirondack chairs, wood signs and furniture.

Benefits the Gibson Center for Senior Services, Meals on Wheels Program.



SPECIAL THANKS TO LOCAL RADIO STATIONS FOR SUPPORTING US







UPCOMING OCTOBER EVENTS

Check our web calendar at www.gibsoncenter.org/ calendar or call us at, 603-356-3231.

2020 GIBSON CENTER CRAFTS AND ARTISAN FESTIVALS Labor Day Show October 10th & 11th. SHOW HOURS: Sat & Sun 10 AM - 5 PM . New England Crafters at their best!

The Gibson Center will be closed Monday, October 12th for Columbus Day. No MOW, no medical transportation, no lunch pick up.

Veteran's Coffee: 10 a.m. at the Gibson Center. Wed, 7th. Please wear a mask and enter through the Activity Room doors.

General Election 5 Minute Forum, via ZOOM. 1PM on Tuesday the 13th. Please email jill@gibsoncenter.org for the access code. (requests should be made before the holiday, by Friday the 9th.)

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Coming Soon: a joint program with the North Conway Community Center, for Grandparents who care for their grandkids. This will be a fun after school event where the **"Grands" can bond over games, crafts, and projects.** Check the calendar for a start date. If you know of a Grandparent caregiver, please ask them to call 356-3231

Remember Gibson Center in YOUR WILL

ONLINE DONATIONS:

You can help our cause by donating at www.gibsoncenter.org/and click on Donate Now button

The right bank makes a real difference

Click: northwaybank.com Call: 800-442-6666



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Donate to The Gibson Center for Senior Services



You can help our cause by donating at www.gibsoncenter.org/and click on Donate Now button

Beasley & Ferber

Estate Planning and Elder Law Wills, Trusts and Probate Avoidance Estate Administration & Guardianship Saving Assets from Nursing Home Stays

CALL FOR A SCHEDULE OF FUTURE ESTATE PLANNING SEMINARS AT THE GIBSON CENTER

Please call for information about future presentations 1-800-370-5010.

GENESIS HEALTHCARE MINERAL SPRINGS



Short Stay Skilled Rehabilitation Long Term Nursing Home Care Assisted Living / Respite Care

1251 White Mtn. Hwy North Conway, NH 03860 Call 603-356-7294



Mount Washington Valley Adult Day Center

Call: 603-356-4980 or Visit Us Online http://www.mwvadultdaycenter.org/





SILVER LAKE LANDING APART-MENTS ARE YOU ON THE LIST?

While there are currently no vacancies, we are happy to accept your name on our waitlist for our beautiful apartments on the shore of Silver Lake in Madison.

Please call Ken at the Gibson Center, 356-3231, ext. 112 for an application



Senior care services brought to you by Memorial Hospital. The Mount Washington Valley Adult Day Center is a 14,000 square foot facility that provides senior care services in a comfortable, home-like setting.

KUDOS - Donations

The many people who have called us and offered help! This is such a wonderful community!

Vaughn Community Services: Food Pantry & Jennifer Kim & Neysa Packard: The Farmstand in Chocorua Shaws, Wanda Wirling NH Food Bank Catholic Charities of NH Wal-Mart: Phil Spinney Old Village Bakery The Hoyt family of Purity Springs Resort Shermans Farms

Valley Original's: take away lunch bags.

Julie Levine Joe Fay Don Kauber Service Link/Tri County Cap, Information Goody Bags

Local Radio Stations: Easy 95.3 WBNC, 93.5 WMWV & 104.5 WVMJ - Magic.

Program Volunteers

Computer Grant: Jeff Beavers, David Smolen

CARE FOR THE CAREGIVER

Meet on Thursdays 12:30PM - 2:00PM

Meet with other caregivers Learn tips to care for you! Programs available with FunDay, 10:30AM



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FREE ESTIMATES 2448 Main St., No. Conway 603-356-5819



2448 Main Street North Conway, NH 03860 603.356.5819 info@northcountryfairjewelers.com

Mask Angels:

Small Town Quilters Betty R Karen G Nancy M Ellen F Michelle O Lynn G Jay R

GIBSON CENTER DAY TRIPS Please sign up for all programs: 603-356-3231.

At this point we still do not have the ok for group trips



https://www.portlandmuseum.org/ mythmakers

PMA: THE MYTH MAKERS; HOMER AND REMINGTON:

The museum has rescheduled this exhibit for Autumn. At this point we are still waiting for permission to offer field trips. While the exhibit opened in September, we can not schedule a date at this time. You might want to do this trip on your own. https://www.portlandmuseum.org/ mythmakers.



https://www.wrightmuseum.org/ special-exhibits/

WRIGHT'S MUSEUM HAS AN EXHIBIT: MEMORIES OF WWII, THROUGH AP PHOTOS.

On exhibit October 4 to October 31, 2020 This exhibit consists of 120 black and white photographs from the Associated Press Archives, and includes selections of the most iconic WW II images taken between 1934 and 1945. Among the photos are: the German Army marching into Paris under the Champs-Elysees; Londoners in the underground train stations; Hitler at Berchesgaden; the bombing of Pearl Harbor and much, much more.



ELECTION DAY- NOV 3, 2020:

For those who wish to vote in person, and need a ride to the polls, please call to make arrangements.

We will run as many trips as we can, but remember, seating is limited

UPCOMING OVERNIGHT PROGRAMS Please sign up for all programs: 603-356-3231.

Collette Trips, 10% off if scheduled before 10/31



Source: https://www.gocollette.com







Imperial Russia: April 8-16, 2021, 9 days, 11 meals, \$4199ppdo. Moscow: The Kremlin and Armory Museum, Red Square, St Basil's Cathedral, High Speed train to St. Petersburg, Hermitage Museum, Catherine Palace, Church of Savior of Spilled Blood, epicurean tours. https://gateway.gocollette.com/ link/1032917

Painted Canyons of the West: September 19-27 2021, 9 days, 11 meals, \$3899ppdo Colorado National Monument, Moab, Arches National Park, Canyonlands National Park, Dead Horse Point State Park,, Capitol Reef National Park, Grand Staircase-Escalante National Monument, Bryce Canyon National Park, Zion National Park, Las Vegas. https:// gateway.gocollette.com/link/1032968

Bus Tour - Lancaster & Gettysburg:

September 20-24, 2021. Queen Esther at Sight & Sound Theatre, Gettysburg; Amish tour, & Landis Valley. \$595.

http://www.grouptrips.com/gibsoncenter

Bus Tour - **Cape Cod, Martha's Vineyard**, Rhododendron Festival:

May 25-28, 2021 \$550 ppdo

http://www.grouptrips.com/gibsoncenter

Business Support Newsletter Listings

Abundant Blessings Homecare, Inc (603-473-2510, fax 603-522-9211 provides living assistance services for the aging in the comfort of your home. Services include: personal care, meal preparation, 24 hour care and more. Call to schedule a free home assessment. Visit us at www.abundantblessingshomecare.com.

Ask me about Medicare: Bert Weiss. bert@bertglassbenefits.com. Office: 603-694-3058, Cell: 603-986-5650.

Beasley & Ferber, P.A. (1-800-370-5010) David Ferber, estate planning including avoiding probate, protecting assets from nursing homes, avoiding state taxes, and elder law.

Chalmers Insurance (356-6926) Steve Cote, full line of personal and business insurance, including Long term care, life and annuities.

Coleman Alvin J. & Son (447-5936) 9 NH Route 113, Conway. General Contractor

First Allied Securities (356-9371) 3277 White Mt. Hwy. Investments including Stocks, Bonds, Annuities, Retirement, College Planning

Gamwell, Caputo & Co., PLLC (447-3356 or fax 447-6563) Dave Caputo, certified public accountants providing tax, accounting, and financial statement services for businesses, individuals, trusts and estates.

H.R. Hoyt Construction Inc. (447-2612) Conway, NH. Poured Concrete

Maureen Cason Hanlon, LICSW (356-6400) 3277 White Mountain Highway, North Conway- Counseling services for adults and elders.

Memorial Hospital (356-5461) The community hospital of Mt. Washington Valley. Your partner in good health.

North Country Fair Jewelers (356-5819) Brian Smith, Main St, N Conway. Diamonds, gold and silver jewelry, coins, pearls, watches, clocks and antiques. Repairs, appraisals, buy, sell and trade.

NorthEast Auto Body (356-5808) David Smith, 530 Eastman Road, North Conway, N.H.

Notchland Inn (374-6131) Harts Location, NH Romantic dining and lodging.

Peking Sunrise Restaurant & Lounge (356-6976) Lounge (356-3888) Jct. Routes 302 & 16 N Conway. Settlers Green Outlet Village (356-7031) over 60 stores. Every Tuesday is Senior discount day at participating stores.

The Hearing Aid Shop (603-356-0172) Jessica Williams, Board Certified Hearing Instrument Specialist, Hearing Aid Sales, Fitting, Repairs, All Makes/Models. Two convenient locations in North Conway and Wolfeboro. Handicap Accessible. www.lifesoundsamazing.com

Varsity Beverage Conway (447-5445) Distributor of Pepsi Cola, Schweppes, Dole Juices, Lipton Tea, Gatorade, Aquafina Water, Mountain Dew, Mug Root Beer, Frappuccino, and Hawaiian Punch.

White Mountain Hotel (356-7100) Gary Sullivan Wonderful place to go for lunch or dinner.

White Mountain Oil and Propane (356-6386) The Saunders Family, oil and propane, major appliances.

Yankee Smokehouse Restaurant (539-7427) Joseph Ferriera, Jct. Route 16 & 25 in West Ossipee. Real open pit barbecue.

Please remember the Gibson Center in your Will



MEALS AVAILABLE FOR SENIORS

Made Daily in the Gibson Kitchen Monday - Friday 11:30 -12:15 Through the Dining Room Door in the Main Parking Lot 14 Grove Street, North Conway Village



Donations Appreciated | Menu on gibsoncenter.org