

GIBSON TIMES

The Gibson Center for Senior Services, North Conway, NH

www.GibsonCenter.org

info@gibsoncenter.org

603-356-3231



December 2020 Edition

THE LAST MONTH OF THE YEAR...

Thank you for an amazing year! Yes, 2020 has been an amazing year in ways that none of us could have predicted. It has also been an amazing year thanks to you, our Gibson supporters.

The staff and board found ourselves in uncharted waters more than once in the last 12 months. We made the best decisions we could based on what we knew at the time. Thanks to your moral and financial support, we've made it to December. Our meal counts are at "normal" levels and have even increased from time to time. Under Karen's watchful eye, the Thrift Shop is percolating. Sharon was on the verge of expanding bus trips until COVID numbers soared. Jill had started up some in-house programs and then we had to stop.

It's as frustrating to us as it is to everyone else. We are going back to split shift operation as we did at the initial outbreak. It's a juggling act; we are keeping the kitchen completely closed to those who aren't working there. Thanks to Karen and Sharon and Marianne and OUR VOLUNTEERS, we will be able to keep the Thrift Shop open.

We are not alone. We are getting positive guidance from the state as they keep up with the changes. And of course, we are watching and filtering the news on vaccines. Our board has been very supportive.

As most of you are aware, this is my last message of this kind. Later this month, I am passing the Executive Director hat to Dr. Marianne Jackson. A thank you to the many board members and volunteers it's been my pleasure to work with since 2000. I am sorely going to miss the lunch gatherings of our Gibson friends who have taught me so much and shared stories and wisdom. And the hugest of thank yous to The Gibson Center's staff. You are the most wonderfully bizarre group of people I've ever worked with—and that includes when I worked with the circus! The good that Gibson has accomplished has come from their hearts and hands. So, THANK YOU to Ken, Karen, Lynn, Sharon, Jill, Barbara R, Becky, Anj, Penny, David, Mark, Barbara G, Kevin and Kim.

George Cleveland
Executive Director



Christmas Lunch - Now a Grab & Go event Due to COVID-19

Tuesday, and Wednesday, December 15th & 16th, 11:30am - 12:15pm



MENU

- Baked Ham with Honey mustard sauce
- Potato Gratin
- Peas and Carrots
- Dinner Roll
- Strawberry Bavarian

Merry Christmas



Thank you to the Saunders Family and White Mountain Oil and Propane for sponsoring our Christmas meals this year!!



RED TO REMEMBER!

There is still time to sponsor a light for this year's Gibson Center Memory Tree. The tree will be lit from December 1-January 15.

**Single year white lights are only \$10.
Perpetual red lights are \$50.**

White light names will be displayed this year, Red Light names will be on the perpetual list.



This is what donating to your local senior center meals on wheels program looks like... The ability to give seniors in need a little bit of comfort knowing that even if something happens they have shelf stable food available to them.

#donate #seniorservices #mealsonwheels.

If you are looking to help out with donations of food or money - send the Nutrition Director, Becky a message at becky@gibsoncenter.org. Thank You.



MEDICARE PART D Open Enrollment

Call Service Link for an appointment 603-323-2043 by 12/03/2002.

Ask them to sign you up for the Gibson Center satellite location.

Thanks to Service Link and volunteer Ele!

SPECIAL THANKS TO LOCAL RADIO STATIONS FOR SUPPORTING US



UPCOMING DECEMBER EVENTS

Check our web calendar at www.gibsoncenter.org/calendar or call us at, 603-356-3231.

ALL PROGRAMS HAVE BEEN CANCELLED AT THIS TIME.

While all in person programs have been cancelled, we are resuming some via ZOOM. Please check the calendar www.gibsoncenter.org/calendar, and if you see a ZOOM program you would like to join, please email Jill for the ZOOM Link, jill@gibsoncenter.org.

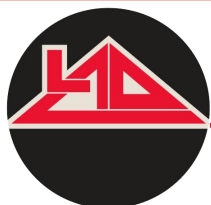
Christmas Raffle a great basket with Raggedy Ann and Andy dolls, cups, cocoa, cookies, candy and LOVE. \$1 per ticket, or 6 for \$5. You make your own change. Anj will write down your name. Chances offered at the Lunch To Go site. Benefits the Meals on Wheels program.

Christmas Lunches To Go: Served on Tuesday and Wednesday, 15th & 16th. Menu: Baked Ham with Honey mustard sauce, Potato Gratin, Peas and Carrots, Dinner Roll, Strawberry Bavarian. (This is now a grab & go event due to COVID-19) Thank you to the Saunders Family and White Mountain Oil and Propane for sponsoring our Christmas meals this year!!

The Gibson Center will be closed Friday, December 25th for Christmas Day. No MOW, medical transportation, or lunch pick up.

GRAB AND GO MEALS

We're still providing grab and go meals from the dining room Monday through Friday from 11:30 to 12:15



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Donate to
**The Gibson Center for
Senior Services**



DONATE NOW

You can help our cause by donating at www.gibsoncenter.org and click on Donate Now button

BEASLEY & FERBER

Estate Planning and Elder Law Wills, Trusts and Probate Avoidance
Estate Administration and Guardianships
Saving Assets from Nursing Home Stays

CALL FOR A SCHEDULE OF FUTURE ESTATE PLANNING SEMINARS AT THE GIBSON CENTER

**Please call for information about future presentations
1-800-370-5010**

GENESIS HEALTHCARE MINERAL SPRINGS



**Short Stay Skilled Rehabilitation
Long Term Nursing Home Care
Assisted Living / Respite Care**

**1251 White Mtn. Hwy
North Conway, NH 03860
Call 603-356-7294**

SILVER LAKE LANDING APART- MENTS ARE YOU ON THE LIST?

While there are currently no vacancies,
we are happy to accept your name
on our waitlist for our beautiful
apartments on the shore of Silver Lake
in Madison.

**Please call Ken at the Gibson Center,
356-3231, ext. 112 for an application**



**Mount Washington Valley
Adult Day Center**

**Call: 603-356-4980 or Visit Us Online
<http://www.mwvaduldaycenter.org/>**



Senior care services brought to you by Memorial Hospital. The Mount Washington Valley Adult Day Center is a 14,000 square foot facility that provides senior care services in a comfortable, home-like setting.

KUDOS - Donations

The many people who have called us and offered help!
This is such a wonderful community!

Vaughn Community Services: Food Pantry & Jennifer
Kim & Neysa Packard: The Farmstand in Chocorua
Shaws, Wanda Wirling
NH Food Bank
Catholic Charities of NH
Wal-Mart: Phil Spinney
Old Village Bakery
Shermans Farms
Al Zaino: Pantry Bags
Tom & Diane Knapp: Cheeses
Zebs: Thanksgiving Candy
Don Kauber: veggies
Chris Fournier
Conway Area Lions Club
Shelly O'Donnell
Shawn & Linda Bergeron: Thanksgiving Lunch Sponsor

Local Radio Stations:

Easy 95.3 WBNC, 93.5 WMWV & 104.5 WVMJ - Magic.

Mask Angels:

Small Town Quilters

Betty R

Karen G

Nancy M

Ellen F

Michelle O

Lynn G

Jay R

Program Volunteers

Open Enrollment:

Ele Boarder

BINGO:

Dick Vierus

Computer Grant:

Jeff Beavers

David Smolen

Andrea Libby

Computer Port, computer cleaning

Tom Albert

Computer Donations:

Fred & Nancy Pittenger

Northway Bank

Joy Tarbell

The Community School

The generous people who donated to the
Computer Donation Day at the Conway
Public Library



Christmas Raffle a great basket with Raggedy Ann and Andy dolls, cups, cocoa, cookies, candy and LOVE.

\$1 per ticket, or 6 for \$5.

You make your own change.

Anj will write down your name.

Chances offered at the Lunch To Go site.

Benefits the Meals on Wheels program.

GIBSON HELLO

The Program Department sends out Activity Letters a few times a week. They include information about Gibson events (the menu), some form of art (photos, music, or a poem), a joke (we all need to laugh these days), some links to educational articles and entertainment videos, as well as scam alerts, and a game or puzzle.

If you would like to be added to the list, please send us your email, jill@gibsoncenter.org. In these times of increased isolation, thank you for reaching out to friends and neighbors.

GRAB AND GO MEALS

**We're still providing grab and go meals from the dining room
Monday through Friday from 11:30 to 12:15**

GIBSON CENTER DAY TRIPS

Please sign up for all programs: 603-356-3231.

AT THIS POINT IT IS NOT SAFE FOR LARGE GROUP TRIPS.



2448 Main Street
North Conway, NH 03860
603.356.5819

info@northcountryfairjewelers.com

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FREE ESTIMATES

2448 Main St., No. Conway 603-356-5819

UPCOMING OVERNIGHT PROGRAMS

Please sign up for all programs: 603-356-3231.



Imperial Russia: May, 5-13, 2022 9 days, 11 meals, \$4449ppdo. Moscow: The Kremlin and Armory Museum, Red Square, St Basil's Cathedral, High Speed train to St. Petersburg, Hermitage Museum, Catherine Palace, Church of Savior of Spilled Blood, epicurean tours. <https://gateway.gocollette.com/link/1044763>



Painted Canyons of the West: September 19-27 2021, 9 days, 11 meals, \$3899ppdo Colorado National Monument, Moab, Arches National Park, Canyonlands National Park, Dead Horse Point State Park,, Capitol Reef National Park, Grand Staircase-Escalante National Monument, Bryce Canyon National Park, Zion National Park, Las Vegas. <https://gateway.gocollette.com/link/1032968>



Alaska Discovery, Land & Cruise: Fairbanks, Sternwheeler Discovery, Fannie Q's Saloon, Denali National Park, Tundra Wilderness Tour, Luxury Domed Rail, Anchorage, Hubbard Glacier, Glacier Bay, Skagway, Juneau, Ketchikan, Inside Passage aboard Princess. Summer 2022



Bus Tour - Lancaster & Gettysburg: Sep 20-24, 2021. Queen Esther at Sight & Sound Theatre, Gettysburg; Amish tour, & Landis Valley. \$595. <http://www.grouptrips.com/gibsoncenter>



Bus Tour - Cape Cod, Martha's Vineyard, Rhododendron Festival: May 25-28, 2021 \$550 ppdo. <http://www.grouptrips.com/gibsoncenter>

Business Support Newsletter Listings

Abundant Blessings Homecare, Inc (603-473-2510, fax 603-522-9211) provides living assistance services for the aging in the comfort of your home. Services include: personal care, meal preparation, 24 hour care and more. Call to schedule a free home assessment. Visit us at www.abundantblessingshomecare.com.

Ask me about Medicare: Bert Weiss. bert@bertglassbenefits.com. Office: 603-694-3058, Cell: 603-986-5650.

Beasley & Ferber, P.A. (1-800-370-5010) David Ferber, estate planning including avoiding probate, protecting assets from nursing homes, avoiding state taxes, and elder law.

Chalmers Insurance (356-6926) Steve Cote, full line of personal and business insurance, including Long term care, life and annuities.

Coleman Alvin J. & Son (447-5936) 9 NH Route 113, Conway. General Contractor

First Allied Securities (356-9371) 3277 White Mt. Hwy. Investments including Stocks, Bonds, Annuities, Retirement, College Planning

Gamwell, Caputo & Co., PLLC (447-3356 or fax 447-6563) Dave Caputo, certified public accountants providing tax, accounting, and financial statement services for businesses, individuals, trusts and estates.

H.R. Hoyt Construction Inc. (447-2612) Conway, NH. Poured Concrete

Maureen Cason Hanlon, LICSW (356-6400) 3277 White Mountain Highway, North Conway- Counseling services for adults and elders.

Memorial Hospital (356-5461) The community hospital of Mt. Washington Valley. Your partner in good health.

North Country Fair Jewelers (356-5819) Brian Smith, Main St, N Conway. Diamonds, gold and silver jewelry, coins, pearls, watches, clocks and antiques. Repairs, appraisals, buy, sell and trade.

NorthEast Auto Body (356-5808) David Smith, 530 Eastman Road, North Conway, N.H.

Notchland Inn (374-6131) Harts Location, NH Romantic dining and lodging.

Peking Sunrise Restaurant & Lounge (356-6976) Lounge (356-3888) Jct. Routes 302 & 16 N Conway.

Settlers Green Outlet Village (356-7031) over 60 stores. Every Tuesday is Senior discount day at participating stores.

The Hearing Aid Shop (603-356-0172) Jessica Williams, Board Certified Hearing Instrument Specialist, Hearing Aid Sales, Fitting, Repairs, All Makes/Models. Two convenient locations in North Conway and Wolfeboro. Handicap Accessible. www.lifesoundsamazing.com

Varsity Beverage Conway (447-5445) Distributor of Pepsi Cola, Schweppes, Dole Juices, Lipton Tea, Gatorade, Aquafina Water, Mountain Dew, Mug Root Beer, Frappuccino, and Hawaiian Punch.

White Mountain Hotel (356-7100) Gary Sullivan Wonderful place to go for lunch or dinner.

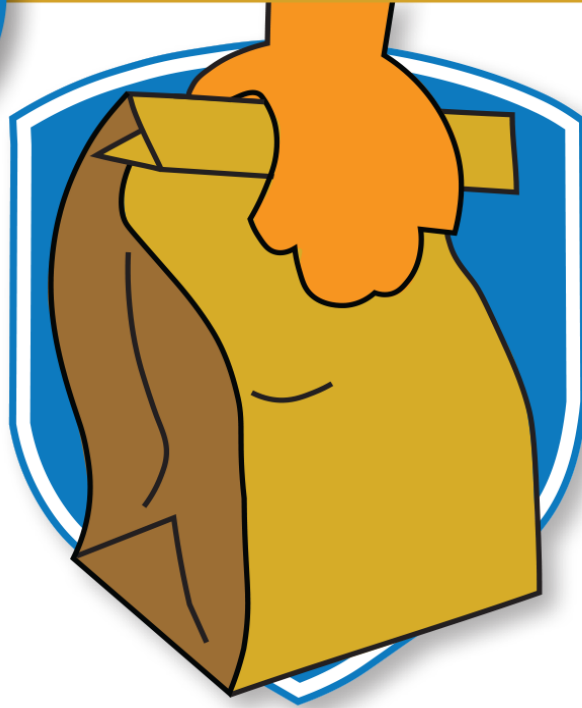
White Mountain Oil and Propane (356-6386) The Saunders Family, oil and propane, major appliances.

Yankee Smokehouse Restaurant (539-7427) Joseph Ferriera, Jct. Route 16 & 25 in West Ossipee. Real open pit barbecue.

Please remember the Gibson Center in your Will

Take
Out

GRAB & GO



MEALS AVAILABLE FOR SENIORS

Made Daily in the Gibson Kitchen
Monday - Friday 11:30 -12:15
Through the Ramp Door in the Main Parking Lot
14 Grove Street, North Conway Village



Donations Appreciated | Menu on gibsoncenter.org