

# GIBSON TIMES



The Gibson Center for Senior Services, North Conway, NH

[www.GibsonCenter.org](http://www.GibsonCenter.org)

[info@gibsoncenter.org](mailto:info@gibsoncenter.org)

603-356-3231



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January 2021 Edition

WELCOME 2021!

*Happy New Year*

**New day - new start; new you, New Year! It's never too late to start anew, merely throw out the old and bring in the new.**

*- Jean Renee Porter, A New Day*

**We wish you all a happy and healthy new year!**

**The Staff and Board of Directors at**

**The Gibson Center.**

**PROUDLY SERVING SENIOR CITIZENS SINCE 1979**

## ENTRUSTED

That is the word that comes to mind as I consider the honor I now feel at following George at this position of Director of the Gibson Center. It is home. It is love and support. It is family and long traditions. I have been gifted. Entrusted.

I know of no other organization in the Valley with as much dedication to its mission as exists here through the staff at the Gibson. Early and late these employees are here to enrich the lives of seniors throughout the Valley. Witness Mark and his kitchen staff here well before the sun rises, creating the meals to suit each individual's tastes and needs for over 150 people every day. The full staff, including administrative staff - Ken, Lynn, and me – serving up, labeling and filling the coolers for the Meals on Wheels drivers who have never failed to deliver.

Through the day, Karen and Sharon with their volunteers keep the Thrift Store beautifully neat, decorative, appealing and profitable for our community and mission. Sharon drives her routes, eagerly awaiting a chance to return to full buses.

Becky and the nutrition staff take the referrals, noting every detail of who is and isn't on the route every day and what they need. Penny is always at the phone, always ready to greet you.

And Jill – here until nearly 5:00 in the evenings closing down after her calls and programs to keep us all connected.

You all know this. I would not have accepted the challenge if I didn't know this remarkable group of people and the volunteers are here doing the work because they are truly committed with heart and soul to the Gibson. While our smart, engaged Board creates a Search Committee to find the best and right person to lead the Gibson Center on a permanent basis, I will do my best with what has been entrusted to me.

My heartfelt thanks to George for all his years of leadership.

Marianne Jackson  
Executive Director

## COVID-19 UPDATE AT THE GIBSON CENTER

The news is encouraging that vaccinations have begun for our hospital and other direct service medical providers. Soon to follow will be long-term care facility residents of Merriman House, Genesis (Mineral Springs) and the Mountainview Nursing Home.

Very importantly, no guard will be let down here for months to come. The Gibson Center, through the network of the MWV Age-Friendly Community, will be assisting the county-wide efforts at locating and staffing mobile vaccination clinics as soon as community supplies of vaccines are available.

We emphasize with you all that not only are two injections required 21 days apart, but immunity is not fully established until another 3 weeks after that. Widespread community vaccination will be required before we can feel safe.

We will be watching both the numbers of people vaccinated and the number of daily and weekly local cases to determine when we can open again. We are as eager as anyone to return to in person lunches and activities.

Stay vigilant, stay safe and we will all be together again.

Marianne Jackson  
Executive Director



This is what donating to your local senior center meals on wheels program looks like... The ability to give seniors in need a little bit of comfort knowing that even if something happens they have shelf stable food available to them.

#donate #seniorservices #mealsonwheels.

If you are looking to help out with donations of food or money - send the Nutrition Director, Becky a message at [becky@gibsoncenter.org](mailto:becky@gibsoncenter.org). Thank You.

## UPCOMING JANUARY EVENTS

Check our web calendar at [www.gibsoncenter.org/calendar](http://www.gibsoncenter.org/calendar) or call us at, 603-356-3231.

### ALL PROGRAMS HAVE BEEN CANCELLED AT THIS TIME.

While all in person programs have been cancelled, We are attempting ZOOM programs. If there are some people you would like to meet with, speak with Jill, and she will set up a ZOOM Call.

The Belly Dance Class is holding ZOOM classes, please email Jill for a link. [jill@gibsoncenter.org](mailto:jill@gibsoncenter.org)

The Gibson Center will be closed Friday January 1st . No MOW, medical transportation, or lunch pick up.

The Gibson Center will be closed Monday, January 18th for Martin Luther King Day . No MOW, medical transportation, or lunch pick up.

### GRAB AND GO MEALS

We're still providing grab and go meals from the dining room Monday through Friday from 11:30 to 12:15



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The Gibson Center for  
Senior Services



**DONATE NOW**

You can help our cause by  
donating at [www.gibsoncenter.org](http://www.gibsoncenter.org) and  
click on Donate Now button

# BEASLEY & FERBER

Estate Planning and Elder Law Wills, Trusts and Probate Avoidance  
Estate Administration and Guardianships  
Saving Assets from Nursing Home Stays

## CALL FOR A SCHEDULE OF FUTURE ESTATE PLANNING SEMINARS AT THE GIBSON CENTER

Please call for information about future presentations  
1-800-370-5010

### GENESIS HEALTHCARE MINERAL SPRINGS



Short Stay Skilled Rehabilitation  
Long Term Nursing Home Care  
Assisted Living / Respite Care

1251 White Mtn. Hwy  
North Conway, NH 03860  
Call 603-356-7294

### SILVER LAKE LANDING APART- MENTS ARE YOU ON THE LIST?

While there are currently no vacancies,  
we are happy to accept your name  
on our waitlist for our beautiful  
apartments on the shore of Silver Lake  
in Madison.

Please call Ken at the Gibson Center,  
356-3231, ext. 112 for an application



Mount Washington Valley  
Adult Day Center

Call: 603-356-4980 or Visit Us Online  
<http://www.mwvadultdaycenter.org/>



Senior care services brought to you by Memorial Hospital. The Mount Washington Valley Adult Day Center is a 14,000 square foot facility that provides senior care services in a comfortable, home-like setting.

# KUDOS - DONATIONS

The many people who have called us and offered help! This is such a wonderful community!

Vaughn Community Services: Food Pantry & Jennifer

Kim & Neysa Packard: The Farmstand in Chocorua

Shaws, Wanda Wirling

NH Food Bank

Catholic Charities of NH

Wal-Mart: Phil Spinney

Old Village Bakery

Al Zaino: Pantry Bags

White Mountain Oil & Propane

Julie Levine

Rob McCarthy

Jordon Hewson, Designed Gardens

Ski Bees, MOW Gift Bags

Local Radio Stations:

Easy 95.3 WBNC

93.5 WMWV

104.5 WVMJ - Magic.



## GRAB AND GO MEALS

We're still providing grab and go meals from the dining room

Monday through Friday from 11:30 to 12:15



2448 Main Street

North Conway, NH 03860

603.356.5819

[info@northcountryfairjewelers.com](mailto:info@northcountryfairjewelers.com)

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## PROGRAM VOLUNTEERS

### Open Enrollment:

Ele Boarder

### Computer Grant:

Jeff Beavers

David Smolen

Andrea Libby

Karen Vitek

Computer Port, computer cleaning

Tom Albert

### Computer Donations:

The generous people who have donated the computers.

## MASK ANGELS

Rotary Club

Small Town Quilters

Betty R

Karen G

Nancy M

Ellen F

Michelle O

Lynn G

Jay R

## SPECIAL THANKS TO LOCAL RADIO STATIONS FOR SUPPORTING US



## GIBSON HELLO

The Program Department sends out Activity Letters a few times a week. They include information about Gibson events (the menu), some form of art (photos, music, or a poem), a joke (we all need to laugh these days), some links to educational articles and entertainment videos, as well as scam alerts, and a game or puzzle.

If you would like to be added to the list, please send us your email, [jill@gibsoncenter.org](mailto:jill@gibsoncenter.org). In these times of increased isolation, thank you for reaching out to friends and neighbors.

## GIBSON CENTER DAY TRIPS

Please sign up for all programs: 603-356-3231.

**AT THIS POINT IT IS NOT SAFE FOR LARGE GROUP TRIPS.**

## UPCOMING OVERNIGHT PROGRAMS

Please sign up for all programs: 603-356-3231.

**Collette has a fantastic insurance policy, one can cancel up to 24 hours before the trip**



**Imperial Russia:** May, 5-13, 2022 9 days, 11 meals, \$4449ppdo. Moscow: The Kremlin and Armory Museum, Red Square, St Basil's Cathedral, High Speed train to St. Petersburg, Hermitage Museum, Catherine Palace, Church of Savior of Spilled Blood, epicurean tours.

<https://gateway.gocollette.com/link/1044763>



**Painted Canyons of the West:** September 19-27 2021, 9 days, 11 meals, \$3899ppdo Colorado National Monument, Moab, Arches National Park, Canyonlands National Park, Dead Horse Point State Park,, Capitol Reef National Park, Grand Staircase-Escalante National Monument, Bryce Canyon National Park, Zion National Park, Las Vegas. <https://gateway.gocollette.com/link/1032968>



**Alaska Discovery, Land & Cruise:** Fairbanks, Sternwheeler Discovery, Fannie Q's Saloon, Denali National Park, Tundra Wilderness Tour, Luxury Domed Rail, Anchorage, Hubbard Glacier, Glacier Bay, Skagway, Juneau, Ketchikan, Inside Passage aboard Princess. Summer 2022



### **Bus Tour - Amish, Queen Esther, Gettysburg:**

Sep 20-24, 2021. Queen Esther at Sight & Sound Theatre, Gettysburg; Amish tour, & Landis Valley. \$595. <http://www.grouptrips.com/gibsoncenter>

[www.grouptrips.com/gibsoncenter](http://www.grouptrips.com/gibsoncenter)



**Bus Tour - Cape Cod, Martha's Vineyard, Rhododendron Festival:** May 25-28, 2021 \$550 ppdo. <http://www.grouptrips.com/gibsoncenter>



## Business Support Newsletter Listings

**Abundant Blessings Homecare, Inc** (603-473-2510, fax 603-522-9211 provides living assistance services for the aging in the comfort of your home. Services include: personal care, meal preparation, 24 hour care and more. Call to schedule a free home assessment. Visit us at [www.abundantblessingshomecare.com](http://www.abundantblessingshomecare.com).

**Ask me about Medicare: Bert Weiss.** [bert@bertglassbenefits.com](mailto:bert@bertglassbenefits.com). Office: 603-694-3058, Cell: 603-986-5650.

**Beasley & Ferber, P.A.** (1-800-370-5010) David Ferber, estate planning including avoiding probate, protecting assets from nursing homes, avoiding state taxes, and elder law.

**Chalmers Insurance** (356-6926) Steve Cote, full line of personal and business insurance, including Long term care, life and annuities.

**Coleman Alvin J. & Son** (447-5936) 9 NH Route 113, Conway. General Contractor

**First Allied Securities** (356-9371) 3277 White Mt. Hwy. Investments including Stocks, Bonds, Annuities, Retirement, College Planning

**Gamwell, Caputo & Co., PLLC** (447-3356 or fax 447-6563) Dave Caputo, certified public accountants providing tax, accounting, and financial statement services for businesses, individuals, trusts and estates.

**H.R. Hoyt Construction Inc.** (447-2612) Conway, NH. Poured Concrete

**Maureen Cason Hanlon, LICSW** (356-6400) 3277 White Mountain Highway, North Conway- Counseling services for adults and elders.

**Memorial Hospital** (356-5461) The community hospital of Mt. Washington Valley. Your partner in good health.

**North Country Fair Jewelers** (356-5819) Brian Smith, Main St, N Conway. Diamonds, gold and silver jewelry, coins, pearls, watches, clocks and antiques. Repairs, appraisals, buy, sell and trade.

**NorthEast Auto Body** (356-5808) David Smith, 530 Eastman Road, North Conway, N.H.

**Notchland Inn** (374-6131) Harts Location, NH Romantic dining and lodging.

**Peking Sunrise Restaurant & Lounge** (356-6976) Lounge (356-3888) Jct. Routes 302 & 16 N Conway.

**Settlers Green Outlet Village** (356-7031) over 60 stores. Every Tuesday is Senior discount day at participating stores.

**The Hearing Aid Shop** (603-356-0172) Jessica Williams, Board Certified Hearing Instrument Specialist, Hearing Aid Sales, Fitting, Repairs, All Makes/Models. Two convenient locations in North Conway and Wolfeboro. Handicap Accessible. [www.lifesoundsamazing.com](http://www.lifesoundsamazing.com)

**Varsity Beverage Conway** (447-5445) Distributor of Pepsi Cola, Schweppes, Dole Juices, Lipton Tea, Gatorade, Aquafina Water, Mountain Dew, Mug Root Beer, Frappuccino, and Hawaiian Punch.

**White Mountain Hotel** (356-7100) Gary Sullivan Wonderful place to go for lunch or dinner.

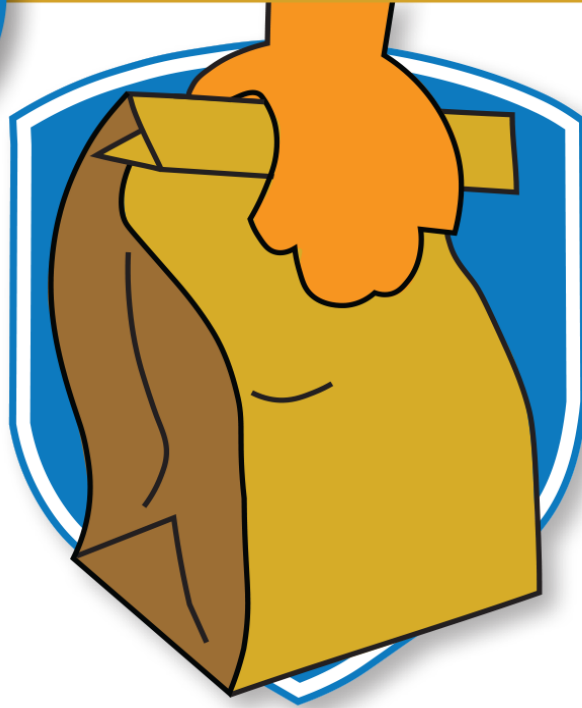
**White Mountain Oil and Propane** (356-6386) The Saunders Family, oil and propane, major appliances.

**Yankee Smokehouse Restaurant** (539-7427) Joseph Ferriera, Jct. Route 16 & 25 in West Ossipee. Real open pit barbecue.

**Please remember the Gibson Center in your Will**

Take  
Out

# GRAB & GO



## MEALS AVAILABLE FOR SENIORS

Made Daily in the Gibson Kitchen  
Monday - Friday 11:30 -12:15  
Through the Ramp Door in the Main Parking Lot  
14 Grove Street, North Conway Village



Donations Appreciated | Menu on [gibsoncenter.org](http://gibsoncenter.org)