

APRIL 2021 | PROUDLY SERVING SENIOR EDITION | CITIZENS SINCE 1979

Gibson Times

14 Grove Street, PO Box 655, North Conway, NH www.GibsonCenter.org_info@gibsoncenter.org 603-356-3231



Office Hours: Mon - Fri: 8AM - 3:30PM, Sat - Sun: Closed Thrift Shop Hours: Mon - Sat: 10AM - 2PM, Sun: Closed







Easter Lunch Menu



- Baked Black Oak Ham
- Raisin Sauce
- Gratin Potatoes
- Vegetable Medley
- Lemon Bars



March 31st & April 1st, 2021



sponsored by





GREETINGS FROM GIBSON CENTER

We are increasingly looking toward reopening, whenever that is and however carefully phased in. So, we thought we would give you a bright and cheerful look at what that means here at Gibson. We have never lacked for enthusiasm for every holiday, every chance to dress up and put on the Ritz. While we might have missed our 2021 chance at Mardi Gras and St. Patrick's Day, we are getting our selves ready for July 4th, and all the best beyond. We hope to have a Volunteers Barbecue early summer to celebrate our outstanding & loyal volunteers who have seen us through these times.

Can we say for certain an opening by July 4th – no, we can't. That will depend on the vaccination rates among our younger family members and friends, the successful race against variants, and factors being monitored by the CDC and the State of NH Public Health officials. Nonetheless, we are eagerly looking forward to our Crafts Fairs, summer picnics, day trips and more.

We hope you enjoy these fond memories and get ready to make more with us as we turn this page on the COVID-19 lock downs.

Marianne Jackson, MD Executive Director

FOND
MEMORIES
FROM THE
PAST



COVID-19 UPDATE

March 30th saw the completion of our Gibson Center vaccination clinic thanks to the Carroll County Coalition for Public Health coordination. It was such a pleasure to work with their staff and all the volunteers that steered us through the process.



This vaccinated 117 Meals on Wheels recipients, drivers, drivers for RSVP, and many Gibson activity participants. And what relief it means for us all. We are thrilled that teachers, child care workers, and all those over 50 now have the chance to get vaccinated as well.

But! We know masks and precautions remain critically important until vaccinations are completed for the remaining adults. Caution. We cannot let variants arise that could undo this massive effort to return our economy and our lives back to normal. That is the danger. Please show respect and have patience as we finish the job. We will all feel the togetherness again soon!

COVID-19 VACCINES

People over 50, may now sign up for the vaccine, Visit vaccines.nh.gov Or call 211

Call the Gibson Center for transportation, 603-356-3231

VACCINE ANGELS

- Carroll County Coalition for Public Health
 Susan Valenti
 Victoria Paige
 Linda Burns
 - 2) North ConwayCommunity CenterCarrie Burkett

JOIN US FOR
GRAB N GO LUNCH
GIBSON CENTER,
MON-FRI. 11:30-12:15

THE GIBSON CENTER 2021 CRAFT FAIRS

We have fine jewelry, photography, art, pottery, stained glass, doll clothes, clothing, quilts, pillows, woodcrafts, Adirondack chairs, wood signs and furniture. Benefits the Gibson Center for Senior Services, Meals on Wheels Program.



2021 Craft Fair Dates:

Memorial Day Fair: Sat & Sun May 29 & 30

Independence Weekend Fair: Sat & Sun July 3 & 4 **Labor Day Weekend Fair:** Sat & Sun September 4 & 5

Columbus Day Weekend Fair: Sat & Sun October 9 & 10

All are held at the Gibson Center, from 10AM-5PM

For 2021 application please go the link below on our website to download it.

https://www.gibsoncenter.org/craft-fair-rules-application/

CARE GIVER SUPPORT GROUP

While the Care
Giver Support Group
is not meeting in
person

There are experienced volunteers who will speak with you, and listen.

Call Jill for a referralto one of our PeerSupport Care Givers.

AARP is offering a
ZOOM Meeting on
April 14th,
Topic:
PREPARE TO CARE
Contact Jill for
a link

PLEASE REMEMBER THE
GIBSON CENTER IN
YOUR WILL

"FRAN DAY" CELEBRATION PHOTOS







MEMORIES FROM THE PAST CONTINUED...











WISHLIST

We are looking for

1) Thrift shop volunteers2) MOW Drivers

VETERAN'S
GROUP ZOOM
MEETING



2nd Monday at 2PM, ZOOM Meeting. Email Jill for a link to join your peers!

(Apr il 12th)

JOIN US FOR
GRAB N GO LUNCH
GIBSON CENTER,
MON-FRI. 11:30-12:15

TAX AIDE



- 1) Call 211, follow prompts. You will be asked your name, age, and zip code.
- 2) Bee, the trained tax volunteer will call you within 14 days. She will meet you at an arranged time, at the Gibson Center, for you to drop off your paperwork. She will submit your taxes electronically, and meet you to return your paperwork and copy of your taxes.
- 3) If you have a computer, 211 suggests using the United Way site myfreetaxes.com.

Tuft's Grant for Enhanced Communication



Equip, Train and Connect Seniors to the Internet. There are still computers and tutors available for those who wish, Call Gibson Center 603-356-3231



Special Thanks to local radio stations for supporting us







Our Business Supporters



603-356-2248

PLEASE REMEMBER THE **GIBSON CENTER IN YOUR WILL**

GIBSON HELLO

The Program Department sends out Activity Letters a few times a week. They include information about Gibson events (the menu), some form of art (photos, music, or a poem), a joke (we all need to laugh these days), some links to educational articles and entertainment videos, as well as scam alerts, and a game or puzzle.

If you would like to be added to the list, please send us your email, jill@gibsoncenter.org. In these times of increased isolation, thank you for reaching out to friends and neighbors.

GIBSON CENTER THRIFT SHOP NEWS





We are excited to announce that our Thrift Store now accepts credit and debit cards, and the feedback has been great!

We continue to get new donations regularly, and thanks to our fantastic group of volunteers, we are keeping up with our inventory. From household goods, women's and men's apparel and accessories, we have something for everyone.

Remember to like us on Facebook!













Silver Lake Landing Apartments



Located on the shore of Silver Lake in Madison, NH.

Vacancies occur occasionally, call Ken to inquire or to be put on the waiting list

Contact Ken: 603-356-3231, Ext 112

Donate to The Gibson Center for Senior Services



You can help our cause by donating at www.gibsoncenter.org/and click on Donate Now button

UPCOMING APRIL EVENTS

Check our web calendar at www.gibsoncenter.org/calendar or call us at, 603-356-3231.

Veteran's Zoom: 2nd Monday at 2PM, ZOOM Meeting. Email Jill for a link to join your peers! (Apr 12th)

Easter Lunches: March 31, and April 1, traditional Ham lunch. Sponsored this year by **White Mountain Oil & Propane**

Poll Rides: The Gibson Center will offer rides to the polls on Tuesday, April 13th, please call to sign up, and let us know when you had your second vaccine.

Volunteer Appreciation The Last week of April:

The Gibson Center would not have survived the Pandemic, without the generosity of a small group of volunteers. Every day, our MOW drivers had health checks before heading out to deliver lunch, a newspaper, and most importantly a friendly hello to over 100 home bound, or self isolating seniors. Their daily check-ins brightened peoples days, and saved a few lives.

A few months into the Pandemic, the thrift shop was able to open for business. Again, a handful of hearty volunteers helped sort donations, and allowed the Thrift Shop to be open for the public, a boon for all those who cleaned closets during their time at home, as well as the Gibson Center, which relies heavily on donations to offset the costs of MOW and the Bus services.

We will be honoring these brave, generous people, with a "Hall of Fame". Each day their photos will be on display for you to see when you come to pick up your Grab N Go Lunches, the last week in April.

OUR BUSINESS SUPPORTERS

The right bank makes a real difference

Click: northwaybank.com

Call: 800-442-6666



Member FDIC

PLEASE REMEMBER
THE GIBSON CENTER
IN YOUR WILL

Beasley & Ferber

Estate Planning and Elder Law Wills, Trusts and Probate Avoidance Estate Administration and Guardianships Saving Assets from Nursing Home Stays

CALL FOR A SCHEDULE OF FUTURE ESTATE PLANNING SEMINARS AT THE GIBSON CENTER

Please call for information about future presentations 1-800-370-5010

GENESIS HEALTHCARE MINERAL SPRINGS



Short Stay Skilled Rehabilitation Long Term Nursing Home Care Assisted Living / Respite Care

> 1251 White Mtn. Hwy North Conway, NH 03860 Call 603-356-7294

OUR BUSINESS SUPPORTERS







The Mount Washington Valley Adult Day Center is a 14,000 square foot facility that provides senior care services in a comfortable, home-like setting.

KUDOS - DONATIONS

The many people who have called us and offered help!

This is such a wonderful community!

Vaughn Community Services: Food Pantry & Jennifer

Shaws, Wanda Wirling

NH Food Bank

Catholic Charities of NH

Wal-Mart: Phil Spinney

Old Village Bakery

Al Zaino: Pantry Bags

Chris Fournier, Chips

The Lions Club

Bergeron Technical: Shawn, Linda & Kate

Michelle O'Donnell of Skinny Towel and Washcloth

Company (Reusable Floor cleaner covers)

White Mountain Oil & Propane

Local Radio Stations:

Easy 95.3 WBNC

93.5 WMWV

104.5 WVMJ - Magic.



OUR BUSINESS SUPPORTERS



2448 Main Street
North Conway, NH 03860
603.356.5819
info@northcountryfairjewelers.com

"WE BUY ALL GOLD & SILVER"

Platinum, Diamonds, Coins & Jewelry
Free Estimates
North Country Fair Jewelers

FREE ESTIMATES 2448 Main St., No. Conway 603-356-5819

PROGRAM VOLUNTEERS

The many people who have called us and offered help!
This is such a wonderful community!

Jennifer Robinson

RN from Conway Pines

TUFT'S COMPUTER GRANT:

- Jeff Beavers
- David Smolen
- Andrea Libby
- Karen Vitek
- Suzanne Anderson
- Jennifer (from CP)
- Computer Port, Computer cleaning
- Tom Albert

COMPUTER DONATIONS:

The generous people of the Valley

AARP TAX VOLUNTEER:

 Bee is stationed in our parking lot, call 211 for an appointment.

VACCINE ANGELS:

Carroll County Coalition for Public Health

- Susan Valenti
- · Victoria Paige
- Linda Burns

North Conway Community Center

Carrie Burkett

NEW VOLUNTEERS:

Francine Merrill, you can meet her in the Thrift Shop on Fridays.

GIBSON CENTER DAY TRIPS

Please sign up for all programs: 603-356-3231.

AT THIS POINT IT IS NOT SAFE FOR FULL BUS DAY TRIPS

- · Heath screen including temperature for all passengers
- But we will be starting very small trips for your activities of daily living such as the, bank, store, beauty parlor, Post Office, Commodities Food Pick-up, etc. Call Penny or Sharon to schedule.
- Also once a week rides, with 3 or 4 people. Please let Jill know if you would be interested, jill@gibsoncenter.org

UPCOMING OVERNIGHT PROGRAMS

Please sign up for all programs: 603-356-3231. Collette has a fantastic insurance policy, one can cancel up to 24 hours before the trip



Imperial Russia: May, 5-13, 2022 9 days, 11 meals, \$4449ppdo. Moscow: The Kremlin and Armory Museum, Red Square, St Basil's Cathedral, High Speed train to St. Petersburg, Hermitage Museum, Catherine Palace, Church of Savior of Spilled Blood, epicurean tours. https://gateway.gocollette.com/link/1044763



Painted Canyons of the West: September 19-27 2021, 9 days, 11 meals, \$3899ppdo Colorado National Monument, Moab, Arches National Park, Canyonlands National Park, Dead Horse Point State Park, Capitol Reef National Park, Grand Staircase-Escalante National Monument, Bryce Canyon National Park, Zion National Park, Las Vegas. https://gateway.gocollette.com/link/1032968 May



Alaska Discovery, Land & Cruise: Fairbanks, Sternwheeler Discovery, Fannie Q's Saloon, Denali National Park, Tundra Wilderness Tour, Luxury Domed Rail, Anchorage, Hubbard Glacier, Glacier Bay, Skagway, Juneau, Ketchikan, Inside Passage aboard Princess. Summer 2022

still be room for wait list seat

Bus Tour - Amish, Queen Esther, Gettysburg: Sep 20-24, 2021. Queen Esther at Sight & Sound Theatre, Gettysburg; Amish tour, & Landis Valley. \$595. http://www.grouptrips.com/ gibsoncenter



Bus Tour - Cape Cod, Martha's Vineyard, Rhododendron Festival: Postponed http:// www.grouptrips.com/gibsoncenter



BUSINESS SUPPORT NEWSLETTER LISTINGS

Abundant Blessings Homecare, Inc (603-473-2510, fax 603-522-9211 provides living assistance services for the aging in the comfort of your home. Services include: personal care, meal preparation, 24 hour care and more. Call to schedule a free home assessment. Visit us at www.abundantblessingshomecare.com.

Ask me about Medicare: Bert Weiss. bert@bertglassbenefits.com. Office: 603-694-3058, Cell: 603-986-5650.

Beasley & Ferber, P.A. (1-800-370-5010) David Ferber, estate planning including avoiding probate, protecting assets from nursing homes, avoiding state taxes, and elder law.

Chalmers Insurance (356-6926) Steve Cote, full line of personal and business insurance, including Long term care, life and annuities.

Coleman Alvin J. & Son (447-5936) 9 NH Route 113, Conway. General Contractor

First Allied Securities (356-9371) 3277 White Mt. Hwy. Investments including Stocks, Bonds, Annuities, Retirement, College Planning

Gamwell, Caputo & Co., PLLC (447-3356 or fax 447-6563) Dave Caputo, certified public accountants providing tax, accounting, and financial statement services for businesses, individuals, trusts and estates.

H.R. Hoyt Construction Inc. (447-2612) Conway, NH. Poured Concrete

Maureen Cason Hanlon, LICSW (730-5722) 13 NH Route 16A, Intervale, NH: Counseling services for adults and elders.

Memorial Hospital (356-5461) The community hospital of Mt. Washington Valley. Your partner in good health.

North Country Fair Jewelers (356-5819) Brian Smith, Main St, N Conway. Diamonds, gold and silver jewelry, coins, pearls, watches, clocks and antiques. Repairs, appraisals, buy, sell & trade.

NorthEast Auto Body (356-5808) David Smith, 530 Eastman Road, North Conway, N.H.

Notchland Inn (374-6131) Harts Location, NH Romantic dining and lodging.

Peking Sunrise Restaurant & Lounge (356-6976) Lounge (356-3888) Jct. Routes 302 & 16 N Conway.

Settlers Green Outlet Village (356-7031) over 60 stores. Every Tuesday is Senior discount day at participating stores.

Varsity Beverage Conway (447-5445) Distributor of Pepsi Cola, Schweppes, Dole Juices, Lipton Tea, Gatorade, Aquafina Water, Mountain Dew, Mug Root Beer, Frappuccino, and Hawaiian Punch.

White Mountain Oil and Propane (356-6386) The Saunders Family, oil and propane, major appliances.

Yankee Smokehouse Restaurant (539-7427) Joseph Ferriera, Jct. Route 16 & 25 in West Ossipee. Real open pit barbecue.

PLEASE REMEMBER THE GIBSON CENTER IN YOUR WILL



MEALS AVAILABLE FOR SENIORS

Made Daily in the Gibson Kitchen Monday - Friday 11:30 -12:15 Through the Ramp Door in the Main Parking Lot 14 Grove Street, North Conway Village



Donations Appreciated | Menu on gibsoncenter.org