



MAY 2021
EDITION

PROUDLY SERVING SENIOR
CITIZENS SINCE 1979

Gibson Times

14 Grove Street, PO Box 655, North Conway, NH
www.GibsonCenter.org info@gibsoncenter.org 603-356-3231



Office Hours: Mon - Fri: 8AM - 3:30PM, Sat - Sun: Closed
Thrift Shop Hours: Mon - Sat: 10AM - 2PM, Sun: Closed



Support the Gibson Center Chef, Mark Tapper, in his appearance on Valley Promo Food Fight

Chef Mark will represent the Gibson Center to compete for bragging rights and a cash prize (for the Gibson Center MOW fund).

The goal for this year's competition will be to create the best "TV Dinner" style meal, reminiscent of the 1960's TV Dinners. Mark will be presented with a mystery ingredient,

which he must incorporate into either his entrée, side, or dessert. He will have one day to create this masterpiece.

You can support the Gibson Center in it's quest to win the Food Fight, by making a donation on our website, created especially for this event.

Website Donation Link:

<https://www.gibsoncenter.org/product/help-chef-mark-tapper-food-fight/>

GREETINGS FROM GIBSON CENTER

May is one of my most favorite months, coming as it does after April which is one of my worst. There is more color, more light, more activity and few bugs – to begin with. So much feels possible. Many of our friends return from wherever they have been away to over the winter – even if that has just been inside their homes during the COVID-19 winter. We are beginning to come out, to come together, make joyful noises and feel alive again.

I am more than grateful to the remarkable staff that managed for over a year to complete all the essential responsibilities and unexpected new ones, hampered by having to work every other day on site and from home on the alternate days as a means of reducing risk. As most of you know, remote, email, Zoom and texting is paltry compared to the robust dialogue that happens with a good team working side by side. The bright side was each of us had time walking/working in each other's shoes. The second-floor administration has been scrubbing, peeling, chopping in the kitchen, and it's been all hands on deck when the huge donated boxes of food from the NH Food Bank get delivered in bulk to be broken down and stored.

This month we anticipate that we will return to full staffing every day, on site. Hallelujah! This will mean many things. We are planning a limited re-opening of the building to activities in the Activity Room that could include chair exercise, small social groups like the Veteran's coffee, and recreation again for small, masked, vaccinated groups. But, let me be clear, we are not eliminating our requirement for masks at the Gibson.

Phased re-opening can also mean the addition of picnic tables on our lawn and patio for diners at lunch who want to Grab but not Go too far. You can enjoy lunch with others on the grounds. While we cannot open the dining room yet, we can provide outdoor dining for those eager to sit and enjoy a meal with others. We also remain committed to our core service of Meals on Wheels. If any of you know someone who can benefit from home delivered meals by a warm, engaging volunteer, please call Becky in nutrition. We are eager to make sure everyone is served and every need met.

Other re-openings include celebration of our new bus that replaces the 2003 model that has given her all and now gets to retire. Come ride with us. Sharon is eager and ready to accept many more riders for medical appointments and for general activities around town. Jill is resuming day trips for masked, vaccinated groups on the new bus. Let us give you a lift! It is May – time to get back out, see the emerging color, celebrate the light and come together!

Marianne Jackson, MD

Executive Director

COVID-19 UPDATE

Reopening is what it is all about – but safely and with diligence. We are committed to protecting the health of everyone from staff to visitors, patrons and you, our public. COVID-19 remains a serious illness with long-term side effects and, for many afflicted with the infection, ongoing challenges that can include persistent fatigue, permanent loss of taste or smell, nerve and clotting disorders and other lingering symptoms. We are not taking chances. Not everyone is vaccinated, variants are spreading, hospitalizations in New Hampshire rose last month, so serious precautions are prudent.



We were thrilled, with the help of Carroll Co. Coalition for Public Health and North Conway Community Center to have held the two vaccination clinics that served 117 Meals on Wheels drivers and recipients, RSVP drivers, and other Gibson participants and staff. With eligibility for younger and younger groups, our staff is now 2+2 starting this month (both injections and 2 weeks of developed immunity).

That gives us hope and the freedom to work side by side, continue the outstanding success of the Thrift Store, open to small group, masked and vaccinated activities and outdoor meals and bus trips. See our calendar of events for the upcoming listings. We ask your respect and diligence while we finish the serious work of shutting this pandemic down.

COVID-19 VACCINES

People over 16, may now sign up for the vaccine, Visit vaccines.nh.gov

Or call 211

Call the Gibson Center for transportation, 603-356-3231

VACCINE ANGELS

1) Carroll County Coalition for Public Health

Susan Valenti

Victoria Paige

Linda Burns

2) North Conway Community Center

Carrie Burkett

JOIN US FOR
GRAB N GO LUNCH
GIBSON CENTER,
MON-FRI. 11:30-12:15

THE GIBSON CENTER 2021 CRAFT FAIRS

We have fine jewelry, photography, art, pottery, stained glass, doll clothes, clothing, quilts, pillows, woodcrafts, Adirondack chairs, wood signs and furniture. **Benefits the Gibson Center for Senior Services, Meals on Wheels Program.**



2021 Craft Fair Dates:

Memorial Day Fair: Sat & Sun May 29 & 30

Independence Weekend Fair: Sat & Sun July 3 & 4

Labor Day Weekend Fair: Sat & Sun September 4 & 5

Columbus Day Weekend Fair: Sat & Sun October 9 & 10

All are held at the Gibson Center, from 10AM-5PM

For 2021 application please go the link below on our website to download it.

<https://www.gibsoncenter.org/craft-fair-rules-application/>

CARE GIVER **SUPPORT GROUP**

While the Care Giver Support Group is not meeting in person

There are experienced volunteers who will speak with you, and listen.

Call Jill for a referral to one of our Peer Support Care Givers.

**JOIN US FOR
GRAB N GO LUNCH
GIBSON CENTER,
MON-FRI. 11:30-12:15**

**PLEASE REMEMBER THE
GIBSON CENTER IN
YOUR WILL**

SPECTRUM PARTNERING WITH EQUIP, TRAIN AND CONNECT



Spectrum is excited to partner with the Gibson Center for Senior Services, Inc. and support its “**Equip, Train, and Connect**” digital literacy program for older adults. The partnership will include a donation of 25 Tablets plus a \$2,500 monetary contribution for training costs.

Andrea Libby of Libby Computer, LLC will return and begin tutoring in June so Tablet recipients will learn Email, Zoom, and TeleHealth.

Spectrum spokesperson Susan Coscione noted, “We value the tremendous community services the Gibson Center is providing to older adults in Conway and beyond, and look forward to connecting with everyone soon to highlight this new partnership.”

Additionally, Camille Joseph, Group Vice President, State Government Affairs for Charter Communications said, “In our increasingly technology-driven world, the importance of digital education and access to digital resources cannot be overstated,” and added, “Spectrum is proud to partner with leading community organizations like the Gibson Center for Senior Services to help bridge the divide and provide communities in need with the tools to grow and prosper in the digital age.”

The Tablets and training will available beginning in June, 2021.

Please call us at 603-356-3231 to be put on a list for this excellent opportunity

WISHLIST

We are looking for

- 1) Thrift shop volunteers
- 2) MOW Drivers

VETERAN'S GROUP ZOOM MEETING



Monday May 10th at 2PM, ZOOM Meeting. Email Jill for a link to join your peers!

Please sign up for the link by Thursday, May 6th by emailing jill@gibsoncenter.org

GIBSON HELLO

The Program Department sends out Activity Letters a few times a week. They include information about Gibson events (the menu), some form of art (photos, music, or a poem), a joke (we all need to laugh these days), some links to educational articles and entertainment videos, as well as scam alerts, and a game or puzzle.

If you would like to be added to the list, please send us your email, jill@gibsoncenter.org. In these times of increased isolation, thank you for reaching out to friends and neighbors.

GIBSON CENTER THRIFT SHOP NEWS



We are excited to announce that our Thrift Store now accepts credit and debit cards, and the feedback has been great!

We continue to get new donations regularly, and thanks to our fantastic group of volunteers, we are keeping up with our inventory. From household goods, women's and men's apparel and accessories, we have something for everyone.

Remember to like us on Facebook!



Special Thanks
to local radio
stations for
supporting us



Our Business
Supporters



TIM DI PIETRO

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NO JOB TOO SMALL

603-356-2248

PLEASE REMEMBER THE
GIBSON CENTER IN
YOUR WILL

GIBSON CENTER DAY TRIPS

Please sign up for all programs: 603-356-3231.

Some locations are opening up for trips. The Gibson Center is looking for feedback on the types of trips, and health precautions you want to see offered. **Please email jill@gibsoncenter.org with your feedback.**

Club Sandwich: John Davidson (from Hollywood Squares) will be offering shows in Sandwich starting Independence Weekend. He has invited us to a special matinee performance on Sunday, August 15th. His shows will be music, family friendly comedy, and inspirational stories. Transportation, tickets and fees, \$32

SeaDogs: \$25 gives us our own section of seats, with designated bathroom and vendors, and transportation to a game. Tickets will be sold only on "Green" or "Yellow" COVID days, so you know they are keeping your safety as their priority. Because of the COVID Policy, we may need to change the trip at the last minute, so you would need to be flexible.

Art Museums: Some museums are opening, with set times to visit. The Portland Museum of Art, The Currier Museum (in Manchester), and the White Mountain Museum (in Plymouth) are all opening in May. (price varies by entrance fee and transportation). Lunch at restaurants will depend on their safety standards.

Maybe you would be more comfortable with outdoor recreation trips this summer? We could take a day trip to Two Lights, Crescent Beach, or a bus trip to see the Lupine, and visit Polly's Pancakes. These trips will be \$20-\$25 depending on the admission fee at the State Parks.

Small Group Walks visit some of the Age-Friendly walking trails, one each week all summer long. By donation

Silver Lake Landing Apartments



Located on the shore
of Silver Lake in
Madison, NH.

Vacancies occur
occasionally, call Ken
to inquire or to be put
on the waiting list

Contact Ken:
603-356-3231,
Ext 112

Donate to
The Gibson Center for
Senior Services



DONATE NOW

You can help our cause by
donating at www.gibsoncenter.org/ and
click on Donate Now button

UPCOMING MAY EVENTS

Check our web calendar at www.gibsoncenter.org/calendar or call us at, 603-356-3231.

Cinco de Mayo: The Gibson Center will offer a special Mexican themed meal on Wednesday, May 5th. Sombros are optional!

Mother's Day Lunch: At the Gibson Center Grab N Go. Chef Mark will prepare something special for the ladies. We may have a treat for each lady. All are welcome to bring in a copy of a photo of their mother in advance, and we will have a Hall Mothers, for people to see on Friday, May 7th.

Veteran's Zoom: Will meet via ZOOM on Monday, May 10th, at 2PM. Please sign up for the link by Thursday, May 6th by emailing jill@gibsoncenter.org

Memorial Day Picnic Lunch on Friday, May 28th the Gibson Center will serve cold picnic food for the Grab N Go lunch. If the weather is nice, we will have tables set up in the parking lot. Please park in the Town Parking lot, next door.

The Gibson Center will be closed Monday, May 31st, for Memorial Day

Support the Gibson Chef, Mark Tapper, in his appearance on Valley Promo Food Fight. Chef Mark will represent the Gibson Center to compete for bragging rights and a cash prize (for the Gibson Center MOW fund). The goal for this year's competition will be to create the best "TV Dinner" style meal, reminiscent of the 1960's TV Dinners. Mark will be presented with a mystery ingredient, which he must incorporate into either his entrée, side, or dessert. He will have one day to create this masterpiece. You can support the Gibson Center in it's quest to win the Food Fight, by making a donation on our webpage, created especially for this event. **Donation Link:** <https://www.gibsoncenter.org/product/help-chef-mark-tapper-food-fight/>

Depending on the numbers, some small Gibson Center groups may start meeting soon. If you are a small group leader, contact Jill if members of your group are interested in resuming meetings at the Gibson Center at this time.

OUR BUSINESS SUPPORTERS

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Call: **800-442-6666**

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**PLEASE REMEMBER
THE GIBSON CENTER
IN YOUR WILL**

BEASLEY & FERBER

Estate Planning and Elder Law Wills, Trusts and Probate Avoidance
Estate Administration and Guardianships
Saving Assets from Nursing Home Stays

**CALL FOR A SCHEDULE OF FUTURE
ESTATE PLANNING SEMINARS AT THE GIBSON CENTER**

**Please call for information about future presentations
1-800-370-5010**

GENESIS HEALTHCARE MINERAL SPRINGS



**Short Stay Skilled Rehabilitation
Long Term Nursing Home Care
Assisted Living / Respite Care**

**1251 White Mtn. Hwy
North Conway, NH 03860
Call 603-356-7294**

OUR BUSINESS SUPPORTERS



L. A. DREW, INC.
GENERAL CONTRACTOR



**Mount Washington Valley
Adult Day Center**

**Call: 603-356-4980 or Visit Us Online
<http://www.mwvaduldaycenter.org/>**



The Mount Washington Valley Adult Day Center is a 14,000 square foot facility that provides senior care services in a comfortable, home-like setting.

KUDOS - DONATIONS

The many people who have called us and offered help!
This is such a wonderful community!

Vaughn Community Services:

Food Pantry & Jennifer

Shaws, Wanda Wirling

NH Food Bank

Catholic Charities of NH

Wal-Mart: Phil Spinney

Old Village Bakery

Kim & Neysa Packard:

The Farm Stand in Chocorua

Al Zaino: Pantry Bags

Chris Fournier, Chips

The Lions Club

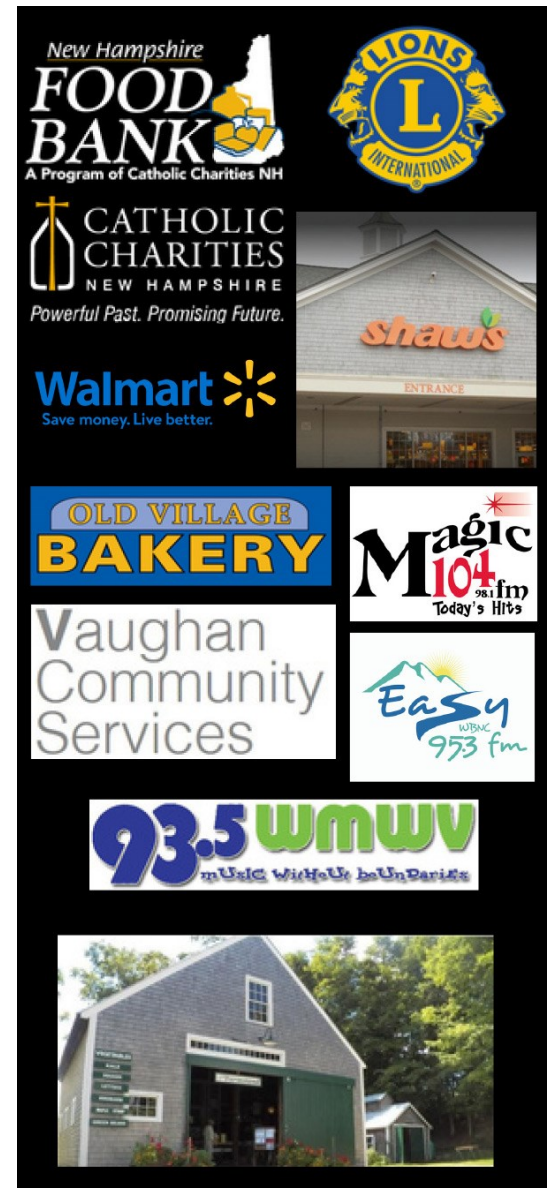
Stan Schafer PFG/ NorthCenter

Local Radio Stations:

Easy 95.3 WBNC

93.5 WMWV

104.5 WVMJ - Magic.



OUR BUSINESS SUPPORTERS



2448 Main Street

North Conway, NH 03860

603.356.5819

info@northcountryfairjewelers.com

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PROGRAM VOLUNTEERS

The many people who have called us and offered help!
This is such a wonderful community!

TUFT'S COMPUTER GRANT:

- Jeff Beavers
- David Smolen
- Jennifer Robinson
- Computer Port, computer cleaning
- Tom Albert

COMPUTER DONATIONS:

- The generous people of the Valley

AARP TAX VOLUNTEER:

- Bee served 101 people this tax season!

NEW VOLUNTEERS:

- Nancy Goldenhar

TUFT'S GRANT FOR ENHANCED COMMUNICATION



Equip, Train and Connect Seniors to the Internet. There are still computers and tutors available for those who wish, **Call Gibson Center 603-356-3231**



MOTHER'S DAY LUNCH

At the Gibson Center Grab N Go. Chef Mark will prepare something special for the ladies. We may have a treat for each lady. All are welcome to bring in a copy of a photo of their mother in advance, and we will have a Hall Mothers, for people to see on Friday, May 7th.

CINCO DE MAYO LUNCH

The Gibson Center will offer a special Mexican themed meal on Wednesday, May 5th.
Sombreros are optional!

UPCOMING OVERNIGHT PROGRAMS

Please sign up for all programs: 603-356-3231. **Collette has a fantastic insurance policy, one can cancel up to 24 hours before the trip**



Source: <https://www.gocollette.com>

Imperial Russia: May, 5-13, 2022 9 days, 11 meals, \$4449ppdo. Moscow: The Kremlin and Armory Museum, Red Square, St Basil's Cathedral, High Speed train to St. Petersburg, Hermitage Museum, Catherine Palace, Church of Savior of Spilled Blood, epicurean tours. **<https://gateway.gocollette.com/link/1044763>**



Source: <https://www.gocollette.com>

Painted Canyons of the West: September 19-27 2021, 9 days, 11 meals, \$3899ppdo Colorado National Monument, Moab, Arches National Park, Canyonlands National Park, Dead Horse Point State Park,, Capitol Reef National Park, Grand Staircase-Escalante National Monument, Bryce Canyon National Park, Zion National Park, Las Vegas. **<https://gateway.gocollette.com/link/1032968>** May still be room for wait list seat



Source: <https://www.gocollette.com/>

Alaska Discovery, Land & Cruise: Fairbanks, Sternwheeler Discovery, Fannie Q's Saloon, Denali National Park, Tundra Wilderness Tour, Luxury Domed Rail, Anchorage, Hubbard Glacier, Glacier Bay, Skagway, Juneau, Ketchikan, Inside Passage aboard Princess. Summer 2022

Bus Tour - Amish, Queen Esther, Gettysburg: Sep 20-24, 2021. Queen Esther at Sight & Sound Theatre, Gettysburg; Amish tour, & Landis Valley. \$595. **<http://www.grouptrips.com/gibsoncenter>**



Bus Tour - Cape Cod, Martha's Vineyard, Rhododendron Festival: Postponed **<http://www.grouptrips.com/gibsoncenter>**



BUSINESS SUPPORT NEWSLETTER LISTINGS

Abundant Blessings Homecare, Inc (603-473-2510, fax 603-522-9211 provides living assistance services for the aging in the comfort of your home. Services include: personal care, meal preparation, 24 hour care and more. Call to schedule a free home assessment. Visit us at www.abundantblessingshomecare.com.

Ask me about Medicare: Bert Weiss. bert@bertglassbenefits.com. Office: 603-694-3058, Cell: 603-986-5650.

Beasley & Ferber, P.A. (1-800-370-5010) David Ferber, estate planning including avoiding probate, protecting assets from nursing homes, avoiding state taxes, and elder law.

Chalmers Insurance (356-6926) Steve Cote, full line of personal and business insurance, including Long term care, life and annuities.

Coleman Alvin J. & Son (447-5936) 9 NH Route 113, Conway. General Contractor

First Allied Securities (356-9371) 3277 White Mt. Hwy. Investments including Stocks, Bonds, Annuities, Retirement, College Planning

Gamwell, Caputo & Co., PLLC (447-3356 or fax 447-6563) Dave Caputo, certified public accountants providing tax, accounting, and financial statement services for businesses, individuals, trusts and estates.

H.R. Hoyt Construction Inc. (447-2612) Conway, NH. Poured Concrete

Maureen Cason Hanlon, LICSW (730-5722) 13 NH Route 16A, Intervale, NH: Counseling services for adults and elders.

Memorial Hospital (356-5461) The community hospital of Mt. Washington Valley. Your partner in good health.

North Country Fair Jewelers (356-5819) Brian Smith, Main St, N Conway. Diamonds, gold and silver jewelry, coins, pearls, watches, clocks and antiques. Repairs, appraisals, buy, sell & trade.

NorthEast Auto Body (356-5808) David Smith, 530 Eastman Road, North Conway, N.H.

Notchland Inn (374-6131) Harts Location, NH Romantic dining and lodging.

Peking Sunrise Restaurant & Lounge (356-6976) Lounge (356-3888) Jct. Routes 302 & 16 N Conway.

Settlers Green Outlet Village (356-7031) over 60 stores. Every Tuesday is Senior discount day at participating stores.

Varsity Beverage Conway (447-5445) Distributor of Pepsi Cola, Schweppes, Dole Juices, Lipton Tea, Gatorade, Aquafina Water, Mountain Dew, Mug Root Beer, Frappuccino, and Hawaiian Punch.

White Mountain Oil and Propane (356-6386) The Saunders Family, oil and propane, major appliances.

Yankee Smokehouse Restaurant (539-7427) Joseph Ferriera, Jct. Route 16 & 25 in West Ossipee. Real open pit barbecue.

PLEASE REMEMBER THE GIBSON CENTER IN YOUR WILL

Take
Out

GRAB & GO



MEALS AVAILABLE FOR SENIORS

Made Daily in the Gibson Kitchen
Monday - Friday 11:30 -12:15
Through the Ramp Door in the Main Parking Lot
14 Grove Street, North Conway Village



Donations Appreciated | Menu on gibsoncenter.org